



Appendix 2:

SPSS Out-Put



APPENDIX - II

Table -1 : Cross Tabulation [Post Retirement Departmental Issues as a Source of Stress Vs. Demographic Profile]									
		PCC11							
		LOW		MODERATE		HIGH		Total	
		N	%	N	%	N	%	N	%
Age	Below 25	63	79.7	0	.0	16	20.3	79	100.0
	25 -30	111	65.7	0	.0	58	34.3	169	100.0
	31 -35	34	57.6	0	.0	25	42.4	59	100.0
	36 - 40	12	28.6	0	.0	30	71.4	42	100.0
	41 -45	5	13.9	0	.0	31	86.1	36	100.0
	46 - 50	8	24.2	0	.0	25	75.8	33	100.0
	51 -58	8	57.1	0	.0	6	42.9	14	100.0
	58 & abaoove Retd.	2	50.0	0	.0	2	50.0	4	100.0
Gender	Male	235	56.0	0	.0	185	44.0	420	100.0
	Female	8	50.0	0	.0	8	50.0	16	100.0
Qualification	up to HSC	16	32.0	0	.0	34	68.0	50	100.0
	Graduate	180	64.1	0	.0	101	35.9	281	100.0
	Post graduate	44	44.0	0	.0	56	56.0	100	100.0
	Others	3	60.0	0	.0	2	40.0	5	100.0
Religion	Hindu	223	55.5	0	.0	179	44.5	402	100.0
	Muslim	15	55.6	0	.0	12	44.4	27	100.0
	Sikh	3	100.0	0	.0	0	.0	3	100.0
	Christian	2	50.0	0	.0	2	50.0	4	100.0
Category	General	81	46.0	0	.0	95	54.0	176	100.0
	SEBC	69	52.7	0	.0	62	47.3	131	100.0
	SC	70	80.5	0	.0	17	19.5	87	100.0
	ST	23	54.8	0	.0	19	45.2	42	100.0
Place of Residence	Urban	153	73.6	0	.0	55	26.4	208	100.0
	Town	46	55.4	0	.0	37	44.6	83	100.0
	Rurral-Village	44	30.3	0	.0	101	69.7	145	100.0
Marital Status	Married	176	52.7	0	.0	158	47.3	334	100.0
	Unmarried	64	70.3	0	.0	27	29.7	91	100.0
	Divorced	2	28.6	0	.0	5	71.4	7	100.0
	Others	1	25.0	0	.0	3	75.0	4	100.0
Number of Dependant	Nil	133	73.5	0	.0	48	26.5	181	100.0
	One	39	35.8	0	.0	70	64.2	109	100.0
	Two	35	43.8	0	.0	45	56.3	80	100.0

	Three	14	46.7	0	.0	16	53.3	30	100.0
	Four	17	63.0	0	.0	10	37.0	27	100.0
	Five & above	5	55.6	0	.0	4	44.4	9	100.0
Location of Police Station	Urban	178	67.7	0	.0	85	32.3	263	100.0
	Town	41	60.3	0	.0	27	39.7	68	100.0
	Village	16	17.0	0	.0	78	83.0	94	100.0
	Out post	8	72.7	0	.0	3	27.3	11	100.0
Unit of Current Posting	Police Station	218	55.2	0	.0	177	44.8	395	100.0
	Police Chowk	25	61.0	0	.0	16	39.0	41	100.0
Rank in the Police Force	DG, ADG, IG, SPL, IG, DIG	1	100.0	0	.0	0	.0	1	100.0
	DSP/DCP, DYSP/ACP	18	62.1	0	.0	11	37.9	29	100.0
	PI	19	67.9	0	.0	9	32.1	28	100.0
	PSI, JAMADAR, HEAD CONSTABLE, CONSTABLE	205	54.2	0	.0	173	45.8	378	100.0
Experience	UP TO 5	131	65.2	0	.0	70	34.8	201	100.0
	6 -10	71	52.2	0	.0	65	47.8	136	100.0
	11 - 15	22	33.3	0	.0	44	66.7	66	100.0
	16 - 20	9	69.2	0	.0	4	30.8	13	100.0
	21 - 25	5	71.4	0	.0	2	28.6	7	100.0
	26 -30	3	33.3	0	.0	6	66.7	9	100.0
	Abavoe 30	2	50.0	0	.0	2	50.0	4	100.0
Income in Rupees	Below 1,00,000	141	62.9	0	.0	83	37.1	224	100.0
	1,00,001 - 2,25,000	50	68.5	0	.0	23	31.5	73	100.0
	2,25,001 - 3,00,000	26	38.2	0	.0	42	61.8	68	100.0
	3,00,000 - 5,00,000	19	32.2	0	.0	40	67.8	59	100.0
	Above 5,00,000	7	58.3	0	.0	5	41.7	12	100.0
Number of Family Members in Police Department	Nil	181	56.0	0	.0	142	44.0	323	100.0
	One	42	63.6	0	.0	24	36.4	66	100.0
	Two	13	46.4	0	.0	15	53.6	28	100.0
	Three	5	38.5	0	.0	8	61.5	13	100.0
	Four	2	50.0	0	.0	2	50.0	4	100.0
	Five & above	0	.0	0	.0	2	100.0	2	100.0
	Total	243	55.7	0	.0	193	44.3	436	100.0

Table - 2 : Cross Tabulation [Awareness About Coping of Stress Vs. Demographic Profile]							
		Do you know about Coping Strategy?					
		yes		no		Total	
		N	%	N	%	N	%
Age	Below 25	320	99.7	1	.3	321	100.0
	25 -30	457	99.1	4	.9	461	100.0
	31 -35	176	95.7	8	4.3	184	100.0
	36 - 40	82	71.9	32	28.1	114	100.0
	41 -45	36	51.4	34	48.6	70	100.0
	46 - 50	56	72.7	21	27.3	77	100.0
	51 -58	50	89.3	6	10.7	56	100.0
	58 & abaoe Retd.	3	37.5	5	62.5	8	100.0
Gender	Male	1146	91.4	108	8.6	1254	100.0
	Femal	34	91.9	3	8.1	37	100.0
Qualification	up to HSC	321	94.7	18	5.3	339	100.0
	Graduate	654	90.6	68	9.4	722	100.0
	post graduate	195	89.0	24	11.0	219	100.0
	Others	10	90.9	1	9.1	11	100.0
Religion	Hindu	1077	91.0	106	9.0	1183	100.0
	Muslim	85	95.5	4	4.5	89	100.0
	Sikh	7	100.0	0	.0	7	100.0
	Christian	11	91.7	1	8.3	12	100.0
Category	General	460	88.0	63	12.0	523	100.0
	SEBC	394	91.8	35	8.2	429	100.0
	SC	224	95.7	10	4.3	234	100.0
	ST	102	97.1	3	2.9	105	100.0
Place of Residence	Urban	740	96.7	25	3.3	765	100.0
	Town	230	94.7	13	5.3	243	100.0
	Rurral-Village	210	74.2	73	25.8	283	100.0
Marital Status	Married	843	89.0	104	11.0	947	100.0
	Unmarried	288	99.7	1	.3	289	100.0
	Divorced	38	95.0	2	5.0	40	100.0
	Others	11	73.3	4	26.7	15	100.0
Number of Dependant	Nil	574	99.1	5	.9	579	100.0
	One	177	78.7	48	21.3	225	100.0
	Two	185	86.0	30	14.0	215	100.0
	Three	125	92.6	10	7.4	135	100.0
	Four	90	90.0	10	10.0	100	100.0
	five & above	29	78.4	8	21.6	37	100.0
Location of Police Station	Urban	834	97.1	25	2.9	859	100.0
	Town	212	96.4	8	3.6	220	100.0
	Village	99	55.9	78	44.1	177	100.0

	out post	35	100.0	0	.0	35	100.0
Unit of Current Posting	police Station	1031	91.3	98	8.7	1129	100.0
	Police Chowk	149	92.0	13	8.0	162	100.0
Rank in the Police Force	DG, ADG, IG, SPL, IG, DIG	3	100.0	0	.0	3	100.0
	DSP/DCP, DYSP/ACP	66	93.0	5	7.0	71	100.0
	PI	121	96.0	5	4.0	126	100.0
	PSI, JAMADAR, HEAD CONSTABLE, CONSTABLE	990	90.7	101	9.3	1091	100.0
Experience	UP TO 5	631	98.4	10	1.6	641	100.0
	6 -10	320	88.9	40	11.1	360	100.0
	11 - 15	127	80.4	31	19.6	158	100.0
	16 - 20	56	88.9	7	11.1	63	100.0
	21 - 25	21	70.0	9	30.0	30	100.0
	26 -30	24	80.0	6	20.0	30	100.0
	abavoe 30	1	11.1	8	88.9	9	100.0
Income in Rupees	below 1,00,000	723	99.6	3	.4	726	100.0
	1,00,001 - 2,25,000	213	88.0	29	12.0	242	100.0
	2,25,001 - 3,00,000	149	78.8	40	21.2	189	100.0
	3,00,000 - 5,00,000	62	62.0	38	38.0	100	100.0
	above 5,00,000	33	97.1	1	2.9	34	100.0
Number of Family Members in Police Department	Nil	884	90.2	96	9.8	980	100.0
	One	182	94.8	10	5.2	192	100.0
	Two	71	97.3	2	2.7	73	100.0
	Three	29	96.7	1	3.3	30	100.0
	Four	9	90.0	1	10.0	10	100.0
	five & above	5	83.3	1	16.7	6	100.0
	Total	1180	91.4	111	8.6	1291	100.0

Table - 3: Cross Tabulation [Coping Strategies Helped in Reducing Stress Vs. Demographic Profile]							
		Do you think this have helped you to reduce stress?					
		yes		no		Total	
		N	%	N	%	N	%
Age	Below 25	264	82.5	56	17.5	320	100.0
	25 -30	321	70.2	136	29.8	457	100.0
	31 -35	127	72.2	49	27.8	176	100.0
	36 – 40	71	86.6	11	13.4	82	100.0
	41 -45	28	77.8	8	22.2	36	100.0
	46 – 50	48	85.7	8	14.3	56	100.0
	51 -58	49	98.0	1	2.0	50	100.0
	58 & abaove Retd.	1	33.3	2	66.7	3	100.0
Gender	Male	880	76.8	266	23.2	1146	100.0
	Femal	29	85.3	5	14.7	34	100.0
Qualification	up to HSC	264	82.2	57	17.8	321	100.0
	Graduate	501	76.6	153	23.4	654	100.0
	post graduate	138	70.8	57	29.2	195	100.0
	Others	6	60.0	4	40.0	10	100.0
Religion	Hindu	833	77.3	244	22.7	1077	100.0
	Muslim	64	75.3	21	24.7	85	100.0
	Sikh	5	71.4	2	28.6	7	100.0
	Christian	7	63.6	4	36.4	11	100.0
Category	General	379	82.4	81	17.6	460	100.0
	SEBC	287	72.8	107	27.2	394	100.0
	SC	165	73.7	59	26.3	224	100.0
	ST	78	76.5	24	23.5	102	100.0
Place of Residence	Urban	584	78.9	156	21.1	740	100.0
	Town	167	72.6	63	27.4	230	100.0
	Rurral-Village	158	75.2	52	24.8	210	100.0
Marital Status	Married	655	77.7	188	22.3	843	100.0
	Unmarried	210	72.9	78	27.1	288	100.0
	Divorced	37	97.4	1	2.6	38	100.0
	Others	7	63.6	4	36.4	11	100.0
Number of Dependant	Nil	453	78.9	121	21.1	574	100.0
	One	142	80.2	35	19.8	177	100.0
	Two	140	75.7	45	24.3	185	100.0
	Three	94	75.2	31	24.8	125	100.0
	Four	60	66.7	30	33.3	90	100.0
	five & above	20	69.0	9	31.0	29	100.0
Location of Police Station	Urban	634	76.0	200	24.0	834	100.0
	Town	161	75.9	51	24.1	212	100.0
	Village	84	84.8	15	15.2	99	100.0

	out post	30	85.7	5	14.3	35	100.0
Unit of Current Posting	police Station	776	75.3	255	24.7	1031	100.0
	Police Chowk	133	89.3	16	10.7	149	100.0
Rank in the Police Force	DG, ADG, IG, SPL, IG, DIG	2	66.7	1	33.3	3	100.0
	DSP/DCP, DYSP/ACP	56	84.8	10	15.2	66	100.0
	PI	89	73.6	32	26.4	121	100.0
	PSI, JAMADAR, HEAD CONSTABLE, CONSTABLE	762	77.0	228	23.0	990	100.0
Experience	UP TO 5	460	72.9	171	27.1	631	100.0
	6 -10	259	80.9	61	19.1	320	100.0
	11 - 15	101	79.5	26	20.5	127	100.0
	16 - 20	48	85.7	8	14.3	56	100.0
	21 - 25	21	100.0	0	.0	21	100.0
	26 -30	19	79.2	5	20.8	24	100.0
	abavoe 30	1	100.0	0	.0	1	100.0
Income in Rupees	below 1,00,000	560	77.5	163	22.5	723	100.0
	1,00,001 - 2,25,000	152	71.4	61	28.6	213	100.0
	2,25,001 - 3,00,000	119	79.9	30	20.1	149	100.0
	3,00,000 - 5,00,000	47	75.8	15	24.2	62	100.0
	above 5,00,000	31	93.9	2	6.1	33	100.0
Number of Family Members in Police Department	Nil	688	77.8	196	22.2	884	100.0
	One	141	77.5	41	22.5	182	100.0
	Two	48	67.6	23	32.4	71	100.0
	Three	22	75.9	7	24.1	29	100.0
	Four	8	88.9	1	11.1	9	100.0
	five & above	2	40.0	3	60.0	5	100.0
	Total	909	77.0	271	23.0	1180	100.0