

CHAPTER 7

FUTURE SCOPE OF THE STUDY

- Develop and standardise quick assessment tool to screen subjects with possible osteoporosis and vitamin D deficiency, considering all the risk factors carefully.
- Role of vitamin D has been addressed in relation to BMD of elderly. Relation and effect of vitamin D supplementation on other chronic illnesses (dementia, diabetes, problems with PTH) that coexist with poor bone health among elderly can be focussed on next.
- NHE based approaches can be introduced to bring awareness for elderly bone health care.
- Diet based approaches can be introduced to prevent osteoporosis.