

FOR ADOLESCENTS
IN SCHOOL

Adolescent Health and

References

Social Skills

Management Skills

Self-Oriented Skills

A
LIFE SKILLS PROGRAM
FOR ADOLESCENTS
IN SCHOOL

Communication Skills

LIFE SKILLS
PROGRAM

REFERENCES

- Acland, A.F. (1999). *Perfect people skill: All you need to get right first time*. Noida: Rupa Co.
- Adolescence Education Newsletter (2001, December). *New insights into promoting young people's sexual and reproductive health*. 4 (2), 20-22. Ministry of Youth Affairs, New Zealand.
- Allen, R. E. (1990). *The oxford dictionary of current English*. New York: Oxford University Press.
- Ahuja, R. (1993). *Indian social system*. Jaipur: Rawat Publications.
- Andrew, G. & Patel, V. (2002). *Health needs of adolescent. A study of health needs of Adolescents in Higher Secondary Schools in Goa*. Sangath. (With support from The NIMHANS Small Grants Project for Research on Sexuality and Sexual Behaviour)
- Bell, R. (1987). *Changing bodies, changing lives. A book for teens on sex and relationships*. New York: Vintage Books.
- Berk, L.E. (2001). *Child development*. (3rd Ed.). New Delhi: Prentice Hall.
- Brown, B. & Larson, R. (2002). The kaleidoscope of adolescence. Experiences of the world's youth at the beginning of the 21st century. In B. Brown, R. Larson, & T. S. Saraswathi (Eds.). *The world's youth – Adolescence in eight regions of the globe*. (pp 334-362). London: Cambridge University Press.
- Brown, B., Larson, R., & Saraswathi, T. S. (2002) (Eds.). *The world's youth – Adolescence in eight regions of the globe*. (pp 34-362). London: Cambridge University Press.

- Call, K. T., Riedel, A. A., Hein, K., McLoyd, V., Peterson, A., & Kipke, M. (2002). Adolescent health and well-being in the twenty-first century: A global perspective. In R. Larson, B. B. Brown, & J. Mortimer (Eds) *Adolescents' preparation for the future: Perils and promise*. (pp. 69-98). Ann Arbor, MI: The Society for research on Adolescents.
- Centre for Development and Population Activities (CEDPA). (1996). *Choose a future: Issues and options for adolescent girls*. A source book for participatory learning activities. USA: Author.
- Centre for Health Education, Training and Nutrition Awareness (CHETNA) (2002). *Empowering adolescents: Learning about life*. Ahmedabad. Gujarat: Author.
- Chakrabarti, V. (2007). *Population education in formal and non – formal sectors in India*. Population Education Resource Centre. Retrieved May 30, 2007 from http://www.who.int/reproductive_health/publications/towards_adulthood/29.pdf
- Cole, M. & Cole, S. (1993). *The development of children*. New York: Scientific American Books. Freeman and Company.
- Cook, T. D. & Campbell, D. T. (1979). *Quasi-experimentation: Design and analysis issues for field settings*. Boston, MA. Houghton-Mifflin.
- Gardiner, H. W., Mutter, J. D., & Kosmitzki, C. (1998). *Lives across cultures: Cross-cultural human development*. Boston: Allyn & Bacon.
- Institute of Health Management (IHM) (2007). *Increasing age at marriage in rural Maharashtra. Can life skills interventions effectively raise the age at*

marriage? Retrieved May 30, 2007 from

http://www.ihmp.org/adolescent_health.html

Kakar, S. (1979). *Identity and adulthood*. New Delhi. Oxford University Press.

Kapadia, S. (1999). Self, women and empowerment: A conceptual inquiry In T. S.

Saraswathi (Ed.). *Culture, socialization and human development – Theory,*

Research and Application in India. (pp 255-277). New Delhi: Sage

Publications.

Kaur, B., Menon, S., & Konantambigi, R. (2001). Child and Adolescent

Development Research. In J. Pandey (Ed.) *Psychology in India revisited: Vol.*

2. Personality and health psychology. New Delhi: Sage.

Larson, R. W , Wilson, S., & Mortimer, J. T. (2002). Conclusions: Adolescents'

preparation for the future. In R. Larson, B. B. Brown, & J. Mortimer (Eds.),

Adolescents' preparation for the future: Perils and promise (pp.159-166).

Ann Arson, MI: The Society for Research on Adolescents.

Larson, R., Wilson, S., Brown, B. B, Furstenberg, F. F., & Verma, S. (2002).

Changes in Adolescents' interpersonal experiences: Are they being prepared

for adult relationships in the 21st century? *Journal of Research on*

Adolescence, 12 (1), 31-68.

Lerner, R. M. (2005, September). *Promoting PYD: Theoretical and empirical*

bases. White paper prepared for workshop on the Science of Adolescent

health and Development, National Research Council, Washington DC. NRC /

Institute of Medicine. Retrieved March 5, 2007 from

<http://ase.tufts.edu/iaryd/documents/pubPromotingPositive.pdf>

- Lerner, R. M , Lerner, J. V , Almerigi, J., Theokas, C., Phelps, E., Naudeau, S., Gestsdottir, S., Ma, L., Jellicic, H., Alberts, A., Smith, L., Simpson, I , Christiansen, E., Warren, D., & Eye, A.V. (2006). Towards a new vision and vocabulary about adolescence: Theoretical, empirical, and applied bases of a "Positive Youth Development" Perspective. In L. Balter & C. S. Tamis-LeMonda (Eds.). *Child Psychology: A handbook of Contemporary Issues* New York: Psychology Press/Taylor and Francis. Retrieved March 5, 2007 from <http://ase.tufts.edu/iaryd/documents/pubTowardNewVision.pdf>
- Lerner, R.M. & Spanier, G.B. (1980). *Adolescent development- A life span perspective*. NY: McGraw Hill Book Company.
- Lions Clubs International and Quest International (1997). *Asian Edition: Teacher's Resource Guide*. Baltimore Quest International.
- Miles, M. D. & Huberman, A. M. (1994). *Qualitative data analysis: An expanded source book*. (2nd Ed.). New Delhi: Sage.
- Nair, M.K.C. & Pejaver, R.K. (2001). *Adolescent care 2000 and beyond*. Bangalore: Standard Press.
- Pai, P. N. (2006, January). *Life skills education for school effectiveness and improvement* Round table presentation at International congress for school effectiveness and improvement. Fort Lauderdale Florida, USA. January 3-6, 2006. Retrieved May 30, 2007 from <http://www.leadership.fau.edu/icsei2006/Papers/Pai.doc>

- Ravindran, T. K. S. (1996-97). *Life skills education programme for moral adolescent girls and boys: A Report*. Rural Women's Social Education Centre. Tamil Nadu: Author.
- Rural Women's Social Education Centre (RUWSEC) (1999). *Life-skills education programme: Core curriculum*. Population Council - RUWSEC. Tamil Nadu: Author.
- Society for Study of Education and Development (SANDHAAN) (2002). *Counselling needs of adolescents: Emerging patterns through action research*. Jaipur: Author.
- Santrock, I.W. (1998). *Child development* (8th Ed.). Boston: McGraw-Hill.
- Saraswathi, T.S. (1999) Adult-child continuity in India: Is adolescence a myth or an emerging reality? In T. S. Saraswathi (Ed) *Culture, socialization and human development – Theory, research and application in India*. New Delhi: Sage Publications.
- Saraswathi, T.S., & Larson, R. (2002). Adolescence in global perspective: An agenda for social policy. In B. Brown, R. Larson, & T. S. Saraswathi (Eds.). *The world's youth – adolescence in eight regions of the globe*. (pp 34-362). London: Cambridge University Press.
- Schlegel, A. (2003). Modernization and changes in adolescent social life. In T. S. Saraswathi (Ed.). *Cross-cultural perspectives in human development*. New Delhi: Sage.

- Senderovitz, J., Solter, C., & Hainsworth, G. (2002). *Reproductive health services for adolescents*. Comprehensive reproductive health and family planning training curriculum: Module 16. Watertown: Pathfinder International.
- Seth, M. (2000, November). *Enabling adolescents to build life skills. Capacity building of facilitators*. Paper presented at the International Conference of Adolescent Reproductive Health in Mumbai. UNFPA: New Delhi.
- Sharma, N. (1996). *The identity of an adolescent girl*. New Delhi. Discovery Publishing House.
- Shreedhar, J. & Colaco, A. (1996). *Broadening the front: NGO responses to HIV and AIDS in India*. India: Action Aid, British Council and UNDP.
- Strauss, A. & Corbin, J. (1990). *Basics of qualitative research: grounded theory procedures and techniques*. Newbury Park: Sage.
- UNESCO and Indian National Commission with UNESCO (2001). *Life skills in non-formal education: A review*. New Delhi: Author.
- United Nations Population Fund (UNFPA) (2000a, September). *Adolescents in India: A profile*. United Nation's Population Fund. Retrieved July 7, 2007, from <http://www.un.org.in/adolescentsfinalbook-800kb.pdf>
- United Nations Population Fund (UNFPA) (2000b, September). *Building life skills for better health: The Rajasthan (India) experience*. Technical report. New Delhi: Author.
- United Nations Population Fund (UNFPA) (2005). *Gender equality – Overcoming gender disparities*. Retrieved May 2, 2005 from <http://www.unfpa.org/adolescents/gender.htm>

- United Nations Population Fund - Women's Health Training Research Advocacy Center (UNFPA - WOHTRAC) (2003). *Development of a tool to assess life skills of urban school going and rural out of school adolescent peer educators*. WOHTRAC-WSRC. Women's Studies Research Center, The Maharaja Sayajirao University of Baroda: Author.
- United Nations Children's Fund (UNICEF) (2001). *Life skills – Definition of terms*. Retrieved June 2, 2001 from http://www.unicef.org/lifeskills/index_7308.html
- United Nations Children's Fund (UNICEF) (2002). *Adolescence - A time that matters*. NY: Author. Retrieved September 25, 2006 from http://www.unicef.org/publications/files/pub_adolescence_en.pdf
- United Nations Children's Fund (UNICEF) (2005). *Life skills-based education in South Asia*. A regional overview prepared for: The South Asia Life Skills-based Education Forum, 2005. UNICEF, Nepal: Author. Retrieved June 30, 2007 from http://www.unicef.org/rosa/Life_skills-based_education_in_south_asia.pdf
- United Nations Children's Fund (UNICEF) (2006). *Life skills - Monitoring, evaluation and assessment*. Retrieved September 22, 2006 from http://www.unicef.org/lifeskills/index_10489.html
- Verma, S. & Saraswathi, T.S. (2002). Adolescence in India: Street urchins or Silicon Valley millionaires? In B. Brown, R. Larson, & T.S. Saraswathi (Eds.). *The world's youth - adolescence in eight regions of the globe*. (pp 105–140). London: Cambridge University Press.
- Verma, S. (2000, March). *The Indian social reality of passage to adulthood*. ISSBD Newsletter. 37(2) .

- World Health Organization & United Nations Children's Fund (WHO & UNICEF) (1994). *The development and dissemination of life skills education: An overview*. Geneva and New York: Author.
- World Health Organization (WHO) (1996a). *Life skills education for children and adolescents in schools*. Programme on Mental Health. Geneva: Author.
- World Health Organization (WHO) (1996b). *Life skills education: Planning for research*. Division of Mental Health and Prevention of Substance Abuse. MNH/PSF/96.2. Rev.1. Geneva: Author.
- World Health Organization (WHO) (1997). *Life skills education in schools*. Division of Mental Health. WHO/MNH/PSF/93.7A.Rev. 2. Geneva: Author.
- World Health Organization, United Nations Population Fund, & United Nations Children's Fund (WHO, UNFPA, & UNICEF) (1997). *Action for adolescent health. Towards a common agenda*. Retrieved June 30 2007 from http://whqlibdoc.who.int/hq/1997/WHO_FRH_ADH_97.9.pdf
- World Health Organization (WHO) (1998). *Programming for adolescent health and development*. Report of a WHO/UNFPA/UNICEF Study group on Programming for Adolescent Health. WHO Technical Report Series 886. Geneva: Author.
- World Health Organization (WHO) (1999). *Partners in life skills education*. Conclusions from United Nations Inter-agency meeting. Retrieved May 2, 2006 from http://www.who.int/mental_health/media/en/30.pdf

World Health Organization (WHO) (2006). *Policies on adolescent health and development – a guide for policy makers*. Retrieved September 22, 2006, from http://whqlibdoc.who.int/wpro/2002/POLICIES2002_a76198.pdf

World Health Organization & United Nations Children's Fund (WHO & UNICEF) (2006). *Skill for Health. Skill based health education including life skills: An important competent of a child- friendly/Health-promoting school*. Retrieved June 2, 2007, from http://www.who.int/school_youth_health/media/en/sch_skills4health_03.pdf
<http://www.unicef.org/lifeskills/files/SkillsForHealth230503.pdf>