

**Appendix H: Framework for Scoring Life Skills Assessment Tool**

**WORKSHEET 1**

*Activity 1.1*

1) Is able to identify 3 strengths or good qualities

(Max. score 3)

|                           | Qualities |   |   |   |
|---------------------------|-----------|---|---|---|
|                           | 0         | 1 | 2 | 3 |
| Points for identification | 0         | 1 | 2 | 3 |

2) All the identified qualities are independent/different and have no overlaps

(Max. score 3)

| Points for no overlaps | No overlap | Overlap in 2 qualities | Overlap in all 3 qualities | Written only 1 |
|------------------------|------------|------------------------|----------------------------|----------------|
|                        | 3          | 2                      | 1                          | 0              |

3) Is able to identify 3 weaknesses or bad qualities

(Max. score 3)

|                           | Qualities |   |   |   |
|---------------------------|-----------|---|---|---|
|                           | 0         | 1 | 2 | 3 |
| Points for identification | 0         | 1 | 2 | 3 |

4) All the identified qualities are independent/different and have no overlaps

(Max. score 3)

| Points for no overlaps | No overlap | Overlap in 2 qualities | Overlap in all 3 qualities | Written only 1 |
|------------------------|------------|------------------------|----------------------------|----------------|
|                        | 3          | 2                      | 1                          | 0              |

5) Is able to identify source of anxiety or nervousness

(Max. score 2)

| Points for identification | Source of anxiety or nervousness |   |   |
|---------------------------|----------------------------------|---|---|
|                           | 0                                | 1 | 2 |
|                           |                                  |   |   |

6) All the identified source of anxiety or nervousness is independent / different and has no overlaps

(Max. score 2)

| Points for no overlaps | No overlap | Written only 1 | Overlap in 2 fears |
|------------------------|------------|----------------|--------------------|
|                        | 2          | 1              | 0                  |
|                        |            |                |                    |

7) Qualitative analysis for role model identification

Max. score 2 – if qualities stated are in congruence

Max. score 1 – if role model is identified

Min. score 0 – if not stated

8) Being successful (Max. score 1. Min. score 0.)

Analysis based on responses of pre-testing and inter-rater. Consistent with goal stated in next activity.

9) Analysis based on pre-testing and inter-rater.  
(Max. score 8 and Min. score 0)

| Order of preference          | Score |
|------------------------------|-------|
| 1. Responsible and committed | 2     |
| 2. Respecting others         | 1     |
| 3. To help others in need    | 2     |
| 4. To be truthful and honest | 2     |
| 5. To be patient             | 2     |

|                |   |
|----------------|---|
| 6.To be polite | 1 |
| 7.Hardworking  | 1 |
| 8.To be brave  | 1 |

*Activity 1.2*

1) Is able to identify words that other people use to characterize self

(Max. score 2)

| <i>Categories</i> | <i>Presence</i> | <i>Absence</i> |
|-------------------|-----------------|----------------|
| My father         |                 |                |
| My mother         |                 |                |
| My brother        |                 |                |
| My sister         |                 |                |
| My teacher        |                 |                |
| My best friend    |                 |                |

2 marks if clearly stated

1 mark if vaguely stated

0 mark if not stated or NA

*Activity 1.3*

(Max. score 10 . Min. score 0.)

*Is able to identify ten different types emotions and feelings*

- Max. score (5) – score 0.5 each for identified feeling or emotion
- Score 5 if no overlaps found
- Score 0.5 each if classified them as positive and negative correctly

*Activity 1.4*

1) Is able to identify short term goal.

(Max. score 1 . Min. score 0.)

|  | <i>Yes</i> | <i>No</i> |
|--|------------|-----------|
| 1) Is able to solve the situation            | 1          | 0         |
| 2) Able to express feelings                  | 1          | 0         |
| 3) Learning from experience is in congruence | 1          | 0         |

## **WORKSHEET 2**

### *Activity 2.1*

(Max. Score 3)

|   | <i>Yes</i> | <i>No</i> |
|---|------------|-----------|
| 1) Able to react empathically                         | 1          | 0         |
| 2) Can empathize and is sensitive to other's feelings | 1          | 0         |
| 3) Is ready to help                                   | 1          | 0         |

### *Activity 2.2. Draw and dialogue*

(Max. score 2)

|  | <i>Yes</i> | <i>No</i> |
|--|------------|-----------|
| Is able to express feelings in words as dialogue | 1          | 0         |
| Drawing is in congruence with feelings           | 1          | 0         |

## **WORKSHEET 3**

### *Activity 3.1*

(Max. score 30)

| Statements | <i>Never (N)</i> | <i>Sometimes (S)</i> | <i>Often (O)</i> |
|------------|------------------|----------------------|------------------|
| St. 1      | 1                | 2                    | 3                |
| St. 2      | 3                | 2                    | 1                |
| St. 3      | 1                | 2                    | 3                |
| St. 4      | 3                | 2                    | 1                |
| St. 5      | 1                | 2                    | 3                |

|        |   |   |   |
|--------|---|---|---|
| St. 6  | 1 | 2 | 3 |
| St. 7  | 3 | 2 | 1 |
| St. 8  | 3 | 2 | 1 |
| St. 9  | 1 | 2 | 3 |
| St. 10 | 3 | 2 | 1 |

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### *Activity 3.2*

(Max. score 3)

If yes, then score 1 else 0.

Score 2 - if qualities and reasons stated are in congruence and clearly stated

Score 1 – if qualities and reasons stated are in congruence but vaguely stated

Score 0 – if not mentioned

Leadership Qualities mentioned (pre testing and inter-rater results)

- Disciplinarian
- Guide
- Trustworthy and faithful
- Self-confident
- Respecting others
- Cooperative and friendly
- Interactive
- Dedicated and determined
- Knowledgeable
- Progressive
- Helping others

## WORKSHEET 4

*Activity 4* - Problem solving and Conflict management

Situations 1-2-3 (Max. score 5)

1) Is able to clarify and solve the problems and conflicts

-with others and

-with self

2) Qualitative analysis

a. Able to solve situation for self

b. Able to give a solution for others as well

## WORKSHEET 5

*Activity 5* – Answer the statements

| S.No | Correct answer |
|------|----------------|
| 1.   | c              |
| 2.   | a              |
| 3.   | c              |
| 4.   | c              |
| 5.   | c              |
| 6    | c              |
| 7.   | c              |
| 8.   | c              |
| 9.   | c              |
| 10.  | c              |
| 11.  | a              |
| 12.  | a              |
| 13.  | c              |
| 14.  | a              |
| 15.  | c              |
| 16.  | c              |
| 17.  | c              |
| 18.  | c              |
| 19.  | c              |
| 20.  | c              |

*Scoring scale for Activity 5*

Score 0-5      Poor

Score 5-10    Fair

Score 10-15   Good

Score 15-20   Excellent

**Life Skills Assessment Tool Total Scoring Scale**

|                               |                  |
|-------------------------------|------------------|
| <b>TOTAL SCORE OUT OF 115</b> |                  |
| <b>0- 35</b>                  | <b>Poor</b>      |
| <b>36-72</b>                  | <b>Good</b>      |
| <b>73-115</b>                 | <b>Excellent</b> |