

### **Future Direction in Research**

Further research in this area needs to be done with

- Women employed in more physically strenuous jobs like traffic police, constables, women working as helpers at homes about their work-family balance.
- Beliefs and practices of men/husband towards employed women's role of a caregiver or primary caretaker
- Children's perceptions of their employed mothers and the effects on children

Future researches need to address both the direction and effect of work and family because both are inseparable and interact in a consistent fashion. The important aspect for studying the interaction in detail is to make use of qualitative approach. Qualitative approach provides explanations and the details of the phenomena. Mixed methods research definitely adds to the credibility and authenticity of the study but qualitative studies are more needed to know the nuances of women's work-family balance.