

LIST OF TABLES

Number	Title	Page no.
Table 1.1	Women's Labor Force Participation Across Countries.....	4
Table 2.1	Diverse Disciplines Researching Work-Family Balance (1980- 2019)..	11
Table 2.2	Nature Of Support Essential For Women.....	22
Table 3.1	Profile of Participants.....	59
Table 3.2	Diverse Occupations of Women (N=201).....	60
Table 3.3	Logics of Classification of Scores.....	67
Table 3.4	Characteristics and Distribution of Sample for Phase 2.....	71
Table 3.5	Matrix Exhibiting The Dimensions Workplace Related Difficulties (Dimension)	82
Table 3.6	Illustration Of Themes And Subthemes Evolved.....	82
Table 3.7	Example Of Coding	83
Table 3.8	Matrix for Managing Data Related to Aspects of Family That Intrude Workplace	85
Table 4.1	ANOVA for Understanding Differences Between Sub-Groups (Sectors, Family Type and Number of Years of Work Experience) For Total WFB Scores.....	92
Table 4.2	Pearson Correlation between Women's Agency- Self-efficacy and Work- Family Balance.....	93
Table 4.3	Positive Spillover of Work and Family and Its Effects on Work, Family and Women.....	96
Table 4.4	Negative Spillover of Work and Family and Its Effects.....	107
Table 4.5	Women's Responsibility Towards Children and The Difficulties at Work.....	110