

LIST OF FIGURES

Number	Title	Page no.
Figure 2.1	The conceptual framework for the current study	20
Figure 3.1	Arrangement of the sequential explanatory mixed methods research design.....	55
Figure 3.2	Research process and its components.....	56
Figure 3.3	Step wise thematic analysis	81
Figure 4.1	Women’s level of work-family balance (N=201).....	90
Figure 4.1a	Distribution of women based on the level of work to family enhancement (N=201)	90
Figure 4.1b.	Distribution of women based on the level of family to work enhancement (N=201).....	91
Figure 4.1c	Distribution of women based on the level of work to family intrusion (N=201)	91
Figure 4.1d.	Distribution of women based on the level of work to family intrusion (N=201)	91
Figure 4.2	Distribution of women based on their level of agency- self- efficacy (N=122)	94
Figure 4.3	How in-law’s expectations interfere with women’s work?.....	112
Figure 4.4	Women’s coping styles and strategies and their work-family balance	124
Figure 4.5	Problem focused coping strategies used by women	125
Figure 4.6	Women’s responses to time management and prioritisation.....	177
Figure 4.7	Women’s emotion focused coping strategies.....	133
Figure 5.1	Trajectories of women’s work-family balance.....	139