

PREFACE

"Emotion is a complex process that has neurophysiological, motor-expressive and phenomenological aspects"

Carroll Izard (1972).

As early as in 1928, Claparede described emotion as "the most confused Chapter in Psychology". 20 years later Hebb wrote, "Emotion's discussion is as confused as any topic in Psychology" and Robert P. in 1980 wrote, "The Study of Emotion is Quite Unsatisfactory".

Such a state of affairs hang many questions - such as :

- How are emotions conceptualized?**
- Are emotions subjective feelings or behaviour or both?**
- What kinds of events provide emotions?**
- What functions do emotions have?**
- Are emotions learned or innate?**
- What is the relation between emotion and personality?**
- What is the relation between emotion and cognitions?**
- What is the relation between emotion and motivation?**

Robert (1980) made attempts to address these issues, but empirical data in such setting are of prime importance.

The present researcher worked in psychiatric settings for quite a few years and realized the need to probe emotions specially 'The Anger'. Hence the study.

The present study includes socio-economic status of respondents, respondents concept of aggression, causative factors of aggression, level of aggression and coping mechanism and various aspects of frustration.

It also includes other variables like self-concept, quality of life (love and affection, friendship, faith, freedom and independence, power, peace of mind), purpose in life (life goals and aims, purpose and meaning in life, joy and satisfaction in life, mission fulfillment in life, clarity of relationships, control of internal/ external life factors), life style (individualistic, exploitive, pampered-spoiled, resistive, domineering, confirming, escapist, evasive), life satisfaction, sex-type, aggression and frustration.

Social work interventions with reference to Aggression and Frustration can bring desired results if it is holistic in nature. Above mentioned variables can be included to address aggression and frustration issues. All fields of social work have scope for interventions. Empirical data on

the problem can help in planning and implementing the action plan.
Hope the conclusions and suggestions will be useful to NGOs and
government organization working for women's curative and
development problem.