

APPENDIX - V

PRETEST AND POSTTEST QUESTIONNAIRE

RESPONDENT INFORMATION

DATE:

Name:

Relationship with the Index child:

This questionnaire is especially for parents of children with mental retardation and is divided into four parts. Kindly give the appropriate answers with best of your knowledge. Response will be kept confidential and will be used for the research purpose only.

PART I

Kindly put tick mark (☑) which you think the appropriate response.

	Statements	Responses		
		Yes	No	Can't say
I.	Cause of the mental retardation			
a	Mental retardation cannot be caused by black magic			
b	Mental retardation cannot be caused due to eclipse at the time of pregnancy			
c	Mental retardation can be caused by the maternal use of alcohol, drugs and smoking.			
d	Nutrition of the mother is an important cause of mental retardation.			
e	Baby who is born normal can become mentally retarded after birth till the age of eighteen years			
II	Concept of mental retardation			
a	Mental retardation is not an infections disease			
b	Traditional healers cannot solve the problem of mental retardation			
c	One should not think that person with mental retardation has a small brain, whereas normal person has a broad brain.			
d	There are tests which can detect the abnormality of growth and development during pregnancy			
e	Medicines can't cure mental retardation.			
f	It's not true, if a woman teaches persons with mental retardation during her pregnancy, she will give birth to a child with mental retardation.			
g	It is possible to change the negative attitude of the community towards the child with mental retardation.			
h	Normal baby can be born to the couple where mother or father is mentally retarded			
i	Integrated school approaches do not develop inferiority complex in the child			

	Statements	Responses		
		Yes	No	Can't say
III	Child management			
a	About 80% with mental retardation have communication problem			
b	Individuals with mental retardation are not always disobedient.			
c	It is important to keep the mind of the person with mental retardation busy, he should be engaged in productive activity.			
d	It's not a waste of time to teach activities like dressing, self grooming etc., to the child with mental retardation.			
e	Intensity of behaviour problem are found more in individuals with mental retardation in comparison to intellectually normal persons.			
f	Parents can develop all essential skills into their children.			

PART II

Kindly encircle the suitable answer given below.

- (i) The features of mental retardation include
- (a) Slow reaction (b) Difficulty in understanding
- (c) Unclear expressions (d) All of the above
- (ii) Getting a mentally retarded person married will
- (a) Further complicate his problems
- (b) Cure his mental retardation.
- (c) Make him independent.
- (d) Make him socially acceptable
- (iii) While teaching the mentally retarded person, one should
- (a) Teach the task only once
- (b) Teach the whole concept at a time.
- (c) Teach in simple steps
- (d) Teach the most difficult steps first

- (iv) Mental retardation can not be caused by,
 - (a) A poor nutrition during frequency
 - (b) Difficult delivery.
 - (c) Brain fever
 - (d) Black magic.

- (v) Prevention of mental retardation can be helped by all except
 - (a) Proper care during delivery of the baby.
 - (b) Avoiding accidents during pregnancy.
 - (c) If not immunized properly
 - (d) Maintaining a distance with other child with mental retardation.

- (vi) Factors which are not responsible for cause mental retardation are
 - (a) Hereditary
 - (b) Complication during the delivery time
 - (c) Complication after the birth of the baby
 - (d) Going in the solar eclipse during pregnancy

- (vii) A normal child of 6-8 months will be able to
 - (a) Tell his name
 - (b) Walk
 - (c) Sit
 - (d) Indicate toilet needs

- (viii) For the children with mental retardation the parents should not take help from
 - (a) Special schools
 - (b) Psychologist
 - (c) Faith healers
 - (d) District rehabilitation centres

- (ix) Children can learn better
 - (a) If they are given opportunity of hostels
 - (b) If they are with their other retarded peers
 - (c) If they should be involved with normal children
 - (d) They are cared at home only.

- (x) Medicines can't cure
 - (a) Mental retardation
 - (b) Mental illness
 - (c) Epileptic fits
 - (d) All of the above

PART III

Answer the following questions with appropriate justification through reasons.

- Q. 1 What is the role of parents in educating their child with Mental retardation.
- Q. 2 How do grand parents living in a family provide help?
- Q. 3 What is the role of siblings in helping their mentally retarded brother / sister?
- Q. 4 Do you think, if a child is taught in a language other than his own mother tongue, it has any effect on his development / communication?
- Q. 5 Do you think behavioural problems are found same in all children whether they are normal or mentally retarded?
- Q. 6 Do you think, parents can easily manage the child if one should keep him happy by fulfilling all his needs?
- Q. 7 Do you think parents can train themselves in the use of behaviour modification techniques?
- Q. 8 Do you think if you spend most of your time with the index child, it will affect other family members?
- Q. 9 Can all individuals with mental retardation be trained to look after their basic needs by themselves?

- Q. 10 Can he be trained in telling time?
- Q. 11 Should parents encourage individuals with mental retardation to make friends with non-disabled persons?
- Q. 12 How social organization would help these families?
- Q. 13 Do individual with mental retardation achieve sexual maturity at the same age as normal individual?
- Q. 14 Can an individual with mental retardation be trained to look after normal family responsibilities associated with marriage?
- Q. 15 What will be the impact on the children with mental retardation, if parents don't take them but take their siblings to the outings or friend's place?
- Q. 16 Is it possible to change the attitude of community towards children with mental retardation?
- Q. 17 Is it true that an individual with mental retardation become more independent, if he lives in a hostel rather than live at home?
- Q. 18 Do the state govt. provide concessions / scholarships to a school going child with mental retardation?
- Q. 19 Are you aware of the benefits and concessions offered by the government of India?
- Q. 20 Do you think individual with mental retardation earn a living through work?
- Q. 21 Are you aware of any parents association for the welfare of the individuals with mental retardation?

PART IV

Put a tick mark (☐) in the column in which you answer.

	Statements	Always	Sometimes	Never
1.	I feel uncomfortable that others may make fun of my child.			
2.	I have the feeling that some misfortune has been fallen on me.			
3.	It is difficult to maintain mental balance.			
4.	I am disturbed regarding the future of the child.			
5.	I cannot discuss my child's problem due to shame.			
6.	We take child in social gatherings.			
7.	I get disturbed that my child can't make good progress.			
8.	I feel that I'm neglecting my other children because of this child.			
9.	I am tensed because my relatives / family members point out my child's draw backs.			
10.	I feel that I lose my temper easily over my child.			