

Acknowledgement

The researcher tapped the following resources for some of the self-assessment exercises and if you feel more interested in taking courses or following up for detailed information on the same you may get in touch with :

- 1 'Sandarshan', Institute for Counselling and Personal Growth, 15 Raj Niwas Marg, New Delhi 110 054.
2. 'The Silent Message', (The Art of Talkamatics), 604 Olympic Apartments, Off Lala Devidayal Road, Mulund (W), Bombay 400 080.
3. 'Communications Area', Indian Institute of Management, Ahmedabad 380 015, for "Resources for Teachers of Business Communication.
- 4 The Reader's Digest Association Limited, London ; for "The Secrets of Body Language".