

CONTENTS

1.	Objectives 1 and 2	1
2.	Contents	111
3.	List of Charts	v
4.	List of tables	v
5.	Students' impressions about the experiment - Few written responses	v

HUMANISTIC ORIENTATION INPUT PROGRAMME

No.		Page
1.	Introduction	4
2.	Development of humanistic orientation training package for teachers	4
3.	Carkhuff's model of interpersonal skills - The skills of teaching	5
3.1	Carkhuff's 1969 model of counselling and human relations	5
3.1.1	Goals of helping process	7
3.1.2	Process of helping	8
3.1.3	Dimensions/attitudes of the helper	9
4.	The training inputs	16
4.1	Orientation lectures	26
4.2	First day - Communication	26
4.3	Second day - Facilitative responses	27
4.4	Understanding responses	36
5.	Method of training	38
5.1	The attitudes of the helper/ counsellor	40
6.	Explanation of the learning model	40

6.1	Attending	40
6.2	Responding skills	44
6.2.1	Communication Index	64
6.2.2	Respect	69
6.2.3	Genuineness	76
6.2.4	Warmth	77
6.2.5	Concreteness	85
6.3	Personalizing	114
6.3.1	Self disclosure	114
6.3.2	Confrontation	119
6.3.3	Immediacy	123
6.4	Initiating	138
7.	Training in transactional analysis	150
7.1	Ego-states	150
7.2	Theory of strokes	160
7.3	Psychological positions in communication	165
8.	Exercises to develop self understanding, esteem and achievement motivation	166
9.	The experiment	169
9.1	Behaviour of teachers and pupils	172
9.2	Observations during the experiment	173
10.	Conclusion	176