

## APPENDIX - B

### SRI

#### Instructions :

Below is given a list of 32 personality traits (characteristics) in alphabetical order. Please read the list carefully and then indicate on a 7 point rating scale (as given below) the degree to which each trait describes YOU.

A sample scale would be :

|                               |          |          |          |          |          |                                 |
|-------------------------------|----------|----------|----------|----------|----------|---------------------------------|
| <u>1</u>                      | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> | <u>6</u> | <u>7</u>                        |
| Never or almost<br>never true |          |          |          |          |          | Always or almost<br>always true |

Please note that the 7 point scale to be used, ranges from 1 ('Never or almost never true') to 7 ('Always or almost always true') and is labelled at each point (i.e., 1, 2, 3, 4, 5, 6, 7.) in increasing order. In rating each trait, please choose the number which would be **most nearly true for you** i. e., which would most accurately describe where you fall on the scale as far as the particular trait is concerned. Once you have decide the number (i. e., degree) put that number in the space provided for 'Rating' for that trait.

#### Example .

Suppose you are rating the degree to which the trait 'SYMPATHETIC' describes you. If you think that the description is 'Always or almost always true' then you would put the number 7 but if you think that the description is 'Never or almost never true' then you would put the number 1. If you think that the description is neither true nor untrue for you, then you would put 4. But try to use this rating (i. e. 4) as little as possible and choose any one of the other numbers ( i. e , 1, 2, 3, 5, 6, 7 ) that most accurately indicates the degree to which the trait 'SYMPATHETIC' describes you. Follow the same procedure for rating each of the traits.

It is VERT IMPORTANT for the purpose of the present study that your ratings should describe your characteristics 'AS YOU ARE' and 'NOT' as you 'should be' or 'ought to be'.

Be sure to rate all the traits. Thank you:

APPENDIX - B (Cont.)

| Sr. No. | Traits                    | Rating                            |
|---------|---------------------------|-----------------------------------|
| 1       | Adaptable                 | અનુકૂળ થાય તેવા                   |
| 2       | Adventurous               | સાહસિક                            |
| 3       | Affectionate              | પ્રેમાળ                           |
| 4       | Ambitious                 | મહત્વકાંક્ષી                      |
| 5       | Athletic                  | ખડતલ                              |
| 6       | Attractive                | આકર્ષક                            |
| 7       | Chaste                    | નિર્મળ                            |
| 8       | Commanding                | પ્રભાવશાળી                        |
| 9       | Competitive               | સ્પર્ધાચુકલ                       |
| 10      | Courageous                | હિંમતવાન                          |
| 11      | Daring                    | નિર્ભય                            |
| 12      | Delicate                  | કેમળ                              |
| 13      | Devoted to others         | ભાવિક                             |
| 14      | Docile                    | વિનમ્ર                            |
| 15      | Dominating                | વર્ચસ્વપૂર્ણ                      |
| 16      | Dynamic                   | ગતિશીલ                            |
| 17      | Feminine                  | સ્ત્રીત્વ                         |
| 18      | Forgiving                 | ક્ષમાશીલ                          |
| 19      | Graceful                  | મોહક                              |
| 20      | Has leadership ability    | નેતૃત્વ શક્તિવાળા                 |
| 21      | Heroic                    | પરાક્રમી                          |
| 22      | Independent               | સ્વતંત્ર                          |
| 23      | Kind                      | દયાળુ                             |
| 24      | Loves children            | વાતસલ્યપૂર્ણ                      |
| 25      | Masculine                 | પૌરુષ                             |
| 26      | Powerful                  | શક્તિશાળી                         |
| 27      | Sensitive to others needs | બીજાની જરૂરીયાતો પ્રત્યે લાગણીશીલ |
| 28      | Shy                       | શરમાળ                             |
| 29      | Soft-spoken               | મૃદુભાષી                          |
| 30      | Tender                    | કેમળ                              |
| 31      | Willing to take Risk      | જોખમ ઉઠાવવા તૈયાર                 |
| 32      | Willing to take Stand     | આત્મનિર્ભર                        |