

APPENDICES



PROFORMA

APPENDIX – 1 :

Dr. Swapan Dholakia

Guide : Dr. Prof. N. C. Mehta.

Head, Department of Medicine.

Proforma of hypertensive subjects

PATIENT'S PARTICULARS

NAME

INDOOR REG NO.:

AGE

OUTDOOR REG NO.:

SEX

D.O.A.:

EDUCATION

D.O.D.

OCCUPATION

MARITAL STATUS

RELIGION

FAMILY INCOME

ADDRESS

COMPLAINTS

HEADACHE

WEAKENSS

CHEST PAIN

VOMITTING

BREATHLESSNESS

POLYURIA

GIDDINESS

POLYPHAGIA

EPISTAXIX

POLYDYPsia

FATIGUE

VISUAL DISTURBANCES

OLIGURIA

BOWEL DISTURBANCES

OEDEMA

COMA

HISTORY OF HYPERTENSION

DURATION OF HYPERTENSION

AGE AT WHICH DETECTED

PRESNTING COMPLAINTS

TREATMENT PROFILE

PAST HISTORY

ANGINA

MYOCARDIAL INFARCTION

C.V. STROKE

TUBERCULOSIS

DIABETES

PVD

PERIPHERAL NEUROPATHY

HIV

HBs Ag

BT

FAMILY HISTORY

DIABETES

HYPERTENSION

CAD

OBESITY

OBSTRETIC/MENSTRUAL HISTORY

NO OF CONCEPTIONS

ABORTION AND CAUSE

MENARCHE

MENSTRUAL CYCLES

CONTRACEPTION

PERSONAL HISTORY

DIET: CALORIES

DISTRIBUTION OF CALORIES

SLEEP

APPETITE

BLADDER

BOWEL

SEXUAL DYSFUNCTION

DRUG HISTORY

GENERAL EXAMINATION

CONSCIOUSNESS

TEMP

PULSE

BLOOD PRESSURE

RESP

SIGNS OF ATHEROSCLEROSIS

ICTERUS

PEDAL EDEMA

LYMPHADENOPATHY

BACK AND SPINE

HEIGHT

WEIGHT

PERIPHERAL PULSES:

CAROTID

BRACHIAL

RADIAL

ULNAR

FEMORAL

POPLITEAL

POST. TIBIAL

DORSALIS PEDIS

SYSTEMIC EXAMINATION
CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS

CRANIAL NERVES

MOTOR	NUTRITION	
	TONE	
	POWER	
	COORDINATION	
	INVOLUNTARY MOVEMENTS	
SENSORY	SUPERFICIAL SENSATIONS	
	DEEP SENSATIONS	
	CORTICAL SENSATIONS	
REFLEXES	SUPERFICIAL	CORNEAL
		CONJUNCTIVAL
		GAG
		ABDOMINAL
		BULBOCAVERNOSUS
		CREMASTERIC
	DEEP	PLANTARS
		BICEPS
		TRICEPS
		SUPINATOR
		KNEE
		ANKLE

ROMBERG'S SIGN

TROPHIC CHANGES

CEREBELLAR SIGNS

•

MENINGEAL SIGNS

GAIT

CARDIOVASCULAR SYSTEM

INSPECTION APEX

OTHERS

PALPATION APEX

OTHERS

PERCUSSION

AUSCULTATION S1

S2

MURMERS

RUBS

RESPIRATORY SYSTEM

UPPER RESPIRATORY TRACT

LOWER RESPIRATORY TRACT

INSPECTION

PALPATION

PERCUSSION

AUSCULTATION

BREATH SOUNDS

VOCAL RESONANCE

CREPTS

RONCHI

PER ABDOMEN EXAMINATION

ORAL CAVITY

ABDOMEN

INSPECTION

PALPATION : SPLEEN

LIVER

PERCUSSION

AUSCULTATION

INVESTIGATIONS :

HAEMOGLOBIN

URINE ALB

TOTAL COUNT

SUGAR:

DIFFERENTIAL COUNT

MICROSCOPIC

ESR

S.CREAT

BLOOD UREA

FBS

PP2BS

DILATED FUNDUS

LIPID PROFILE

TOTAL CHOLESTEROL:

HDL

LDL

TRIGLYCERIDE

VLDL

ECG:

X.RAY CHEST (P/AVIEW)

BRACHIAL ARTERY DIMENSIONS:

RESTING:

POST SHEAR-STRESS:

POST GTN:

FMD%

GTN%

PROFORMA FOR CONTROLS

“ENDOTHELIAL FUNCTION IN HYPERTENSION”

By : Dr. Swapan Dholakia

Guide : Dr. Prof. N.C. Mehta

Head, Department of Medicine.

NAMES :

AGE:

SEX:

FAMILY HISTORY:

PULSE:

BLOOD PRESSURE:

S/E : CVS

RS

P/A

CNS

INVESTIGATIONS

ECG:

CHEST X-RAY (P/A)

LIPID PROFILE

BRACHIAL ARTERY ULTRASOUND:

Resting Brachial Artery Diameter:

Post Shear Stress Diameter

Post GTN Diameter

FMD%:

GTN%: