

CONTENTS

Sr. No.	Topic	Page No.
	Acknowledgement	
	Contents	
	List of Tables	
	List of Figures	
1	Introduction	1 – 13
	Justification of the study	
	Objectives of the study	
	Hypothesis of the study	
	Delimitation of the study	
2	Review of Literature	14 – 85
	<ul style="list-style-type: none">• Organic farming• Role of women in agricultural activities• Anthropometric measurement• Physiological cost of work<ul style="list-style-type: none">○ Heart rate○ Energy rate○ Postural stress○ Muscular stress• Ergonomic assessment and modification of tools / equipments.• Body Discomfort experienced by women farmers.	
3	Methodology	86 – 127
	<ul style="list-style-type: none">• Research Design• Variables• Operational Definition• Description of tools• Sampling Design• Method of Data Collection• Data Analysis	

4	Results and Discussion	128 – 305
	<ul style="list-style-type: none">• Background Information• Body Discomfort experienced by women farmers• Type of technologies / implements used by women• Experimental Data<ul style="list-style-type: none">○ Heart Rate○ Energy Expenditure○ TCCW○ Postural Stress○ Muscular Stress○ Body Discomfort○ Attitude of women farmers towards acceptance of modified technology○ Ergonomic assessment of technologies• Testing of hypotheses	
5	Summary & Conclusion	306 – 322
	<ul style="list-style-type: none">• Summary• Conclusion• Implications• Recommendations	
	Bibliography	
	Appendices	