

APPENDIX VI
OPINIONNAIRE
(Module 1)

NAME: _____ **CLASS:** _____
DATE: _____

You have been learning and practicing various skills and techniques to improve your goal setting skill with the help of the module given to you. You might like to offer your valuable suggestions regarding this module and their components. It would be of help to know your opinions and suggestions in finalizing this module.

A number of statements regarding this module and its various components are given. Your opinion regarding these statements may differ in various degrees. You have to consider each of these statements separately and mark the extent each has helped you in improving your goal setting skill. The columns on the right hand side show five categories namely Strongly agree, Agree, Uncertain, Disagree and Strongly Disagree. You have to show the extent of your opinions regarding each statement by putting a tick (✓) mark against it in the relevant column. Please tick only in one of the column as per the extent of your liking.

If you have any special suggestions other than those given in the statements, please write them down in the space provided at the end of the questionnaire under the heading ‘ suggestions’.

No.	Statements	Strongly agree	Agree	Uncertain	Disagree	Strongly disagree
1.	The module on developing goal setting skill provided us with interesting new information and techniques for setting effective goals.					
2.	The module was easy to read and easy to understand.					
3.	The activities and exercises given in the module were appropriate.					
4.	The module has helped me identify my short term and long term goal.					

5.	The module has helped me identify my personal goals covering almost all important areas in my life.					
6.	The module has helped me understand my strengths and weaknesses which I am well placed to take advantage of while achieving my goals.					
7.	The module has helped me understand the points to be kept in mind for setting an effective goal.					
8.	The goal mapping technique helped me practice goal setting skill in the most powerful and effective way used in the present times.					
9.	The module has helped me to become clear about my reasons for learning.					
10.	The module has introduced me to a number of tools to ensure that I get the greatest benefit of the limited amount of time available to me.					
11.	The module has helped me to practice time management techniques for successful studying.					

Q.1. Which section of this module did you find the most interesting?

Q.2. Which section of this module did you find the most useful in improving your goal setting skill?

SUGGESTIONS:
