

## CERTIFICATE

This is to certify that the research work contained in this thesis entitled **“Generativity, Resilience and Mindfulness: Psychological Correlates of Physical Health and Subjective Wellbeing Among Young Elderly”** submitted by **Ms. Madhuri Anil Vaidya** to The Maharaja Sayajirao University of Baroda, for the degree of Doctor of Philosophy was done under my supervision and constitutes original work. The results embodied in the same have not been submitted elsewhere for the award of any degree or diploma. It is further stated that the doctoral research was carried out fulfilling the requisite attendance criteria as per O.Ph.D.3(1) of The Maharaja Sayajirao University of Baroda, Vadodara.



**Prof. Urmi Nanda Biswas**

### Guide

Department of Psychology,  
Faculty of Education and Psychology,  
The Maharaja Sayajirao University of Baroda,  
Vadodara-390 002

**DR. URMI NANDA BISWAS**  
**PROFESSOR**  
DEPARTMENT OF EDUCATION  
FACULTY OF EDUCATION AND PSYCHOLOGY  
THE MAHARAJA SAYAJIRAO UNIVERSITY OF BARODA  
VADODARA - GUJARAT - INDIA