

Appendix C

Publications as a Part of PhD Work

1. **Subjective Wellbeing and Mindfulness as Concomitants of Physical Health among Older Adults in India**
Stechnolock Public Health and Research- Open access, pp 1-15
<https://www.stechnolock.com/article/Subjective-Wellbeing-and-Mindfulness.pdf>

2. **Mindfulness, Generativity and Subjective Wellbeing among Older Adults (2021)**
An Indexed, Refereed and Peer-reviewed Journal of Higher Education, *Towards Excellence, UGC Human Resource Development Centre*, 13(4), pp 29-44