

**ANNEXURE 11**  
**DEPARTMENT OF FOODS AND NUTRITION, THE M.S.UNIVERSITY OF BARODA**

**Observation Check List for Supervisor and Researcher to Assess the NHEC sessions  
Conducted by the AWWs During and After the Intervention Period**

- 1 Total no. of women who participated in the session:
- 2 Topics discussed during NHEC session:

**Criteria for assessing the quality of the enhanced NHEC meetings conducted by the AWWs**

**1 Technical Competence**

Introduced the theme of the meeting

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

Explained the messages well (was familiar with the content)

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

Answered questions of mothers correctly

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

**2 Communication skills**

2.1 Had a loud enough and clear voice

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

2.2 Used familiar terms in the local language

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

2.3 Spoke with confidence and clarity

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

2.4 Encouraged the mothers to ask questions and express their views

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

2.5 Maintained eye contact with the audience

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

**3 Handling of visuals**

3.1 Held each flash card properly so that all the mothers could see it

- |       |   |
|-------|---|
| 1 yes | 1 |
| 2 no  | 2 |

|     |   |   |
|-----|---|---|
| 3.2 | Explained messages without reading the text written on the flash card |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
| 3.3 | Used the flash cards in the right sequence                            |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
| 3.4 | Read the slogans written on each flash card clearly                   |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
| 4   | <b>Participation of mothers: The mothers –</b>                        |   |
|     | Were attentive and interested   |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
|     | Asked questions   |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
|     | Did not talk among themselves; maintained discipline                  |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
|     | Did not leave; but sat through the whole session                      |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
| 5   | Did AWW keep record of the meeting conducted?                         |   |
|     | 1 yes   | 1 |
|     | 2 no  | 2 |
| 6   | Duration of NHEC session (time taken in minutes):                     |   |