

ANNEXURE 14
DEPARTMENT OF FOODS AND NUTRITION, THE M.S.UNIVERSITY OF BARODA

Interview Schedule for the Anganwadi workers: IYCF Practices
(Post NHEC Intervention)

Name of Anganwadi:
Name of the Anganwadi worker:

Date:

1 BREAST FEEDING

- 1.1) How long after birth should the child be put to breast? ° __ hrs
- 1.2) Till what age should the child be exclusively breast feed
(not even water)? __ mths
- 1.3) When should one begin to give water to the child? __ mths

2 COMPLEMENTARY FEEDING

- 2.1) From what age (besides top milk) foods should be introduced to the child? __ mths
- 2.2) What are the benefits of giving complementary foods to the child at 6 months?
- | | |
|---------------------------|---|
| 1 child remains healthy | 1 |
| 2 child becomes playful | 2 |
| 3 child sleeps well | 3 |
| 4 child does not fall ill | 4 |
| 5 don't know | 5 |
| 6 other (specify) | 6 |
- 2.3) If food is given after 6 months, then what are the harmful effects of delayed feeding to the child?
- 2.4) How many times and in what quantity should you feed a child 6-9 months old?
- 2.4.1) _____ times
- 2.4.2) _____ cups (per serving)
- 2.5) How many times and in what quantity should you feed a child 10-12 months old?
- 2.5.1) _____ times
- 2.5.2) _____ cups (per serving)
- 2.6) How many times and in what quantity should you feed a child 1-2 year old?
- 2.6.1) _____ times
- 2.6.2) _____ cups (per serving)
- 2.7) Which foods are good for the child?

2.8) Why? (probe: benefits of feeding fruits and vegetables)

2.9) What do you think is the best way to feed the child?

- | | |
|--|---|
| 1 force him/her to eat | 1 |
| 2 sit with the child and feed till he finishes | 2 |
| 3 encourage the child to finish up the meal | 3 |
| 4 feed the child on demand-when he/she asks for food | 4 |
| 5 give food and leave him/her alone to finish the meal | 5 |
| 6 don't know | 6 |

2.10) What are the benefits of active feeding?

2.11) When child is ill and is receiving complementary foods, then should the mother feed her child

- | | |
|----------------------------|---|
| 1 same as before | 1 |
| 2 less than before | 2 |
| 3 stop feeding | 3 |
| 4 the amount child demands | 4 |
- Give reasons for any of the above

2.12) What do you think is the cause of malnutrition (thinness or weakness in child)?

- | | |
|--|---|
| 1 evil eye | 1 |
| 2 food deficiency / inappropriate food | 2 |
| 3 illness and infection | 3 |
| 4 unhygienic conditions | 4 |
| 5 don't know | 5 |
| 6 other (specify) | 6 |

2.13) What should you do to prevent illnesses in children in terms of hygiene?