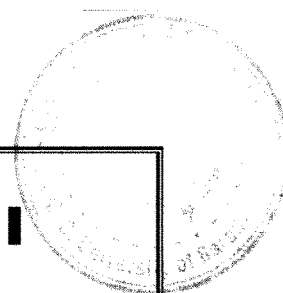


# CONTENTS : VOLUME – I



TITLE	CONTENTS	PAGE NO.
❖	TITLE PAGE	I
❖	CERTIFICATE OF APPROVAL	II
❖	ACKNOWLEDGEMENT	III
❖	LIST OF TABLES	XI
❖	LIST OF CHARTS	XII
<b>CHAPTER – I</b>		<b>1 – 56</b>
<b>INTRODUCTION</b>		
<b>1.0</b>	<b>Introduction</b>	<b>2</b>
<b>1.1</b>	<b>Education from the Historical Perspective</b>	<b>4</b>
<b>1.2</b>	<b>Need for Maintaining Quality in Instruction</b>	<b>7</b>
<b>1.3</b>	<b>Need for Training</b>	<b>10</b>
	<b>1.3.1 Importance of English :</b>	<b>14</b>
	<i>English as a global language</i>	
	<b>1.3.2 English in India : English Education</b>	<b>15</b>
	<i>during the British colonial period</i>	
	<b>1.3.3 The role of English during the struggle</b>	<b>17</b>
	<i>for Independence</i>	
	<b>1.3.4 English in post-independent India</b>	<b>18</b>
<b>1.4</b>	<b>Teacher Education, A Historical Perspective</b>	<b>20</b>
	<b>1.4.1 The Beginning of the Modern System</b>	<b>21</b>
	<b>1.4.2 The Present Scenario in Teacher Training</b>	<b>27</b>
<b>1.5</b>	<b>Need for Training Teachers of English</b>	<b>30</b>
<b>1.6</b>	<b>The Grammar Translation Method</b>	<b>31</b>
	<b>1.6.1 The Direct Method</b>	<b>32</b>

1.6.2	<i>The Structural Approach and the Audio-Lingual Approach</i>	33
1.6.3	<i>The Communicative Language Teaching</i>	35
1.6.4	<i>Humanistic Approaches</i>	36
1.7	<b>Planning Daily Lessons and Unit plans</b>	37
1.7.1	<i>Types of planning</i>	38
1.8	<b>Need for Innovative ways of Teaching</b>	41
1.8.1	<i>The Craft Model</i>	44
1.8.2	<i>The Applied Science Model</i>	45
1.8.3	<i>The Reflective Model</i>	46
1.9	<b>Reflective Teaching – its history</b>	48
1.9.1	<i>Advantages of the reflective model</i>	49
1.10	<b>Rationale for the Study</b>	50
1.11	<b>Statement of the Problem</b>	54
1.12	<b>Objectives of the Study</b>	54
1.13	<b>Definition of the terms in operational terms</b>	55
1.14	<b>De-limitation of the Study</b>	55
1.15	<b>Chapterization Scheme</b>	56
 <b>CHAPTER – II</b>		 <b>57 – 74</b>
<b>REVIEW OF THE RELATED LITERATURE</b>		
2.0	<b>Introduction</b>	58
2.1	<b>Studies Related to Theoretical Bases to Reflective Teaching</b>	59
2.1.1	<i>Studies conducted Abroad</i>	66
2.1.2	<i>Indian Studies</i>	71
2.2	<b>Implications of the Review of Related Literature on the Present Study</b>	73

## **CHAPTER—III**

**75 – 97**

### **METHODOLOGY OF THE STUDY**

<b>3.0</b>	<b>Introduction</b>	<b>76</b>
<b>3.1</b>	<b>Objective 1</b>	<b>76</b>
	<i>Course content and task analysis</i>	<b>81</b>
<b>3.2</b>	<b>Objectives II</b>	<b>91</b>
3.2.1	<i>Sample of the Study</i>	<b>91</b>
3.2.2	<i>Tools Used</i>	<b>92</b>
3.2.3	<i>Objective II (b)</i>	<b>92</b>
3.2.4	<i>Sample</i>	<b>93</b>
3.2.5	<i>Tools Used</i>	<b>93</b>
3.2.6	<i>Objective II (c)</i>	<b>93</b>
3.2.7	<i>Sample</i>	<b>94</b>
3.2.8	<i>Tools Used</i>	<b>94</b>
3.2.9	<i>Objective II (d)</i>	<b>94</b>
3.2.10	<i>Sample</i>	<b>95</b>
3.2.11	<i>Tools Used</i>	<b>95</b>
3.2.12	<i>Objective II (e)</i>	<b>95</b>
3.2.13	<i>Sample</i>	<b>95</b>
3.2.14	<i>Tools Used</i>	<b>95</b>
<b>3.3</b>	<b>Hypotheses</b>	<b>96</b>
<b>3.4</b>	<b>Statistical Techniques Used</b>	<b>96</b>
	<b>in the Analysis of Data</b>	

## CHAPTER-IV

98 – 143

### DATA ANALYSIS AND INTERPRETATION

<b>4.0</b>	<b>Introduction</b>	<b>99</b>
<b>4.1</b>	<b>Section-I : Analysis and Interpretation of Data Related to Teacher Trainees' Personality Traits</b>	<b>100</b>
4.1.1	<i>Introduction</i>	100
4.1.2	<i>Details Regarding the Teacher Trainees' Personal Attributes</i>	103
4.1.3	<i>Observations</i>	104
<b>4.2</b>	<b>Section-II : Analysis and Interpretation of Data Related to Teacher Trainees' Professional Competence</b>	<b>112</b>
4.2.1	<i>Introduction</i>	112
4.2.2	<i>Observations</i>	114
<b>4.3</b>	<b>Section-III : Analysis and Interpretation of Data Related to the Students' Achievement in English</b>	<b>119</b>
4.3.1	<i>Introduction</i>	119
4.3.2	<i>Information concerning the distribution of scores of Standard VIII students' Pre Test and Post Test</i>	119
4.3.3	<i>Observations</i>	123
4.3.4	<i>Information concerning the Distribution of Scores of Standard IX Students. Pre Test and Post Test</i>	127
<b>4.4</b>	<b>Section-IV : Analysis &amp; Interpretation of Data Related to the Teacher-Trainees' Liking for the Strategy</b>	<b>134</b>
4.4.1	<i>Introduction</i>	134

4.4.2 <i>Information Concerning Teacher-Trainees' Liking for the Strategy</i>	135
4.5 Section–V : Analysis & Interpretation of Data Related to the Opinion of the Cooperating Teachers regarding the Feasibility of the Strategy	137
4.5.1 <i>Introduction</i>	137
4.5.2 <i>Information Concerning the Opinion of the Cooperating Teachers regarding the Feasibility of the Strategy</i>	137
4.5.3 <i>Discussion</i>	139
<b>CHAPTER–V</b>	<b>144 – 167</b>
<b>SUMMARY, FINDINGS AND CONCLUSIONS</b>	
5.0 Introduction	145
5.1 The Present Scenario	145
5.2 Need for Innovative Ways of Teaching	146
5.3 The Reflective Model	148
5.3.1 <i>Reflective Teaching – its history</i>	150
5.4 Review of Related Literature	152
5.5 Rationale for the Study	154
5.6 Statement of the problem	158
5.7 Objectives of the Study	158
5.8 Definition of the terms in Operational terms	158
5.9 Hypotheses	159
5.10 De-limitation of the Study	159
5.11 Design of the Study	159
5.12 Development of the Software	160
5.13 Tools Used	161

<b>5.14 Statistical Techniques used in the Analysis of Data</b>	<b>161</b>
<b>5.15 Major Findings of the Study</b>	<b>162</b>
<b>5.16 Overall Observation and Conclusion</b>	<b>163</b>
<b>5.17 Conclusion</b>	<b>164</b>
<b>5.18 Suggestions for Further Research</b>	<b>166</b>

## **BIBLIOGRAPHY** **168 – 173**

## **APPENDICES** **174 – 186**

### **APPENDIX – I** **174**

**A Test For Personal Attributes  
(Personality Traits And Attitudes)**

### **APPENDIX – II** **177**

**A Rating Scale for Rating the Professional Competencies  
of Secondary School Teachers of English**

### **APPENDIX – III (a)** **180**

**Pre-Test & Post-Test (An Achievement Test)**

### **APPENDIX – III (b)** **182**

**Pre-Test & Post-Test (An Achievement Test)**

### **APPENDIX – IV** **184**

**An Opinionnaire  
(An Opinionnaire for getting  
the Opinions of the Teacher Trainees)**