

APPENDIX III

Tool No. 3

Guidelines for Oral History and Perceptions on Life Situations of Elders

- Life course account of major events e.g. births, marriages, deaths, major trauma, major life satisfactions.
- Feelings about life course events (positive and negative).
- Present sources of help.
- Change in status after daughter's/son's migration.
- Perception about the life of older persons in a foreign country.
- Perception of old age.