LIST OF FIGURES

Figure No	Title	Page No	
1.1	Peak age for undernutrition in India	2	
2.1	Children under five years who are underweight in developing countries (number in millions)	14	
2.2	Prevalence of malnutrition in India and Gujarat: children under three years		
2.3	Global mean weight-for-age, length-for-age and weight-for-length	16	
2.4	Major causes of death among children under five, worldwide, 2000	17	
2.5	A conceptual framework by UNICEF	18	
2.6	Nutrition throughout the life cycle	21	
2.7	The extended model of Care	23	
2.8	Infant and Young Child Feeding practices in India (6-36 months)	28	
2.9	Maternal health and Caregiving	34	
3.1	Study design of Study I	67	
3.2	Study design of Study II	72	
3.3	Components of nutrition education communication	74	
	Children fed complementary foods in different age groups (%)	97	
4.1 4.2	Association of grandmother's support in child Care with Caregiving by mother	126	
4.3	Energy, iron and vitamin a intake of children with grandmother present and grandmother absent as mean (%RDA)	127	
4.4	Husband's support for child Care and house work	129	
4.5	Frequency of intake of vegetables among the children	139	
4.6	Frequency of intake of fruits among the children	140	
4.7	Intake of various food groups among the children as mean % RDA	140	
4.8	Intake of various food groups among boys and girls as mean % RDA	141	
4.9	Percent children who met various level of % RDA	143	
4.10	Grading of malnutrition based on weight-for-age IAP classification	145	
4.11	Mean WAZ, HAZ and WHZ Z scores of children with different levels of calorie intake	148	
4.12	Association of mother's Caregiving behaviours with child's micronutrient intake	149	
4.13	Association of mother's Caregiving behaviours with child's waz z score	150	
4.14	Association of number of home visits with messages recalled by the mothers in intervention villages	173	
4.15	Proportion of mothers reporting positive IYCF practices [®] in the two intervention groups	184	
4.16	Association of number of home visits with complementary feeding practices of the mothers (post NEC)	190	
4.17	Association of number of home visits with hygiene practices of the mothers (post NEC)	191	
4.18	Association of number of home visits with IYCF scores of the mothers in intervention villages	191	
4.19	Association of various socio-economic factors (resources of Care	196	

	•	
Figure No	Title	Page No
4.20	Association of various socio-economic factors (resources of	196
7.20	Caregiving) with score of hand washing after child defecation:	170
	intervention group	
4.21	Change in intake of food groups (mean % RDA): comparing	206
	intervention and control groups	- "
4.22	Change in intake of cereal, pulse and milk (mean % RDA)	207
4.23	Change in intake of vegetables and fruits (mean % RDA)	207
4.24	Change in intake of sugar and oil (mean % RDA)	208
4.25	Change in intake of various food groups (mean % RDA) in younger	209
	and older children	
4.26	Change in intake of various food groups (mean % RDA) in boys and	210
	girls	
4.27	Mean increment in the weight of the children: comparing	221
	intervention and control groups	
4.28	Mean increment in the height of the children: comparing intervention	222
4.00	and control groups	222
4.29	Children with normal Weight-for-age (≥ 80% of standard)	223
4.30	Boys and girls with normal Weight-for-age (≥ 80% of standard)	224
4.31	Children with normal Height-for-age (≥ 90% of standard)	224
4.32	Boys and girls with normal Height-for-age (≥ 90% of standard)	225
4.33 4.34	Children with normal Weight-for-height ($\geq 80\%$ of standard)	225
4.34 5.1	Boys and girls with normal Weight-for-height (≥ 80% of standard)	226 249
5.1	Nutritional status of the children by Z score values	250
J.4	Association of giving special foods with child's calorie intake and weight-for-age (WAZ) Z scores	23U
5.3	Relationship between mother's education and BMI with child's	250
J.J	Weight-for-age	250
5.4	Change in knowledge of mothers regarding causes of malnutrition	254
5.5	Direct observations regarding the positive IYCF behaviours of the	255
J.J	mothers in NEC-DIR	
5.6	Summary picture of the change in nutrient intake of the children	257