CHAPTER 8

FUTURE SCOPE OF STUDY

- ✓ NHE based approaches can serve in sensitizing the families, coaches and teachers for making healthy food decision.
- ✓ Further investigation should be done on practices followed by players in selection of healthy processed packaged products.
- ✓ Study can be conducted to see the utility of the smartphone application which has been developed among the consumers.
- ✓ Guidelines can be developed on nutritional status of the athletes.