

APPENDIX IV

Food Frequency Questionnaire

Code:

Date

Name :

Address :

Food Item	Frequency of Consumption						
	Daily	2 - 3 times a week	once in a week	Once in a fortnight	Once in a month	Occasionally	Rarely
1. Pulses Dal Others							
2. Legumes							
3. Sprouts							
4. GLVs (specify)							
5. Other Vegetables (specify)							
6. Roots & Tubers							
7. Fruits (specify)							
8. Milk & Milk products (specify)							
9. Animal foods (specify)							
Eggs							
Others							

DIETARY SURVEY

08
4.3

Age

Sex

school :

[illegible]