

APPENDIX VIII

**Table : Longitudinal Data of Mean Height for Age of Adolescent Boys{PRIVATE }
(10 - 18 Years) at the Beginning and After 12 Months of the Study**

{PRIVATE }Age {PRIVATE } {(Years)}	N	Initial (cms)		After 12 months (cms)	
		Mean $\pm$ SE	Median	Mean $\pm$ SE	Median
10	33	132.36 $\pm$ 1.19	129.50	138.45 $\pm$ 1.19	136.20
11	31	136.55 $\pm$ 1.09	136.50	142.64 $\pm$ 1.12	143.00
12	34	144.38 $\pm$ 1.40	143.45	150.12 $\pm$ 1.49	148.70
13	60	148.24 $\pm$ 1.02	147.70	154.98 $\pm$ 1.12	154.85
14	54	152.64 $\pm$ 1.08	152.20	159.64 $\pm$ 1.12	160.55
15	28	157.65 $\pm$ 1.54	158.20	162.27 $\pm$ 1.49	161.95
16	37	164.97 $\pm$ 0.92	165.00	167.04 $\pm$ 0.87	168.00
17	30	162.76 $\pm$ 1.36	163.85	164.23 $\pm$ 1.18	165.95
18	23	163.17 $\pm$ 1.01	163.10	163.38 $\pm$ 1.01	164.00

**Table: Longitudinal Data of Mean Height for Age of Adolescent Girls
(10 - 18 years) at the Beginning and After 12 Months of the Study**

{PRIVATE }Age {PRIVATE } {(Years)}	N	Initial (cms)		After 12 months (cms)	
		Mean $\pm$ SE	Median	Mean $\pm$ SE	Median
10	34	128.69 $\pm$ 0.97	129.05	135.50 $\pm$ 0.97	135.15
11	32	137.51 $\pm$ 1.48	138.05	144.38 $\pm$ 1.29	144.55
12	32	141.43 $\pm$ 1.22	140.20	146.54 $\pm$ 1.06	146.70
13	58	148.35 $\pm$ 0.86	148.65	151.14 $\pm$ 0.67	150.85
14	77	149.12 $\pm$ 0.71	149.40	150.65 $\pm$ 0.66	150.60
15	38	152.75 $\pm$ 0.82	153.00	153.22 $\pm$ 0.86	153.55
16	35	152.17 $\pm$ 1.09	150.40	152.55 $\pm$ 1.14	150.90
17	34	153.32 $\pm$ 0.91	152.95	153.79 $\pm$ 0.91	153.30
18	22	153.68 $\pm$ 0.93	153.25	153.98 $\pm$ 0.97	153.25