

APPENDIX XII

Table : Longitudinal Data of Mean Body Mass Index for Age of Adolescent Boys (10 - 18 years) at the Beginning and After 12 Months of the Study**

{PRIVATE }Age {PRIVATE }(Years)	N	Initial		After 12 months	
		Mean $\pm$ SE	Median	Mean $\pm$ SE	Median
10	33	14.67 $\pm$ 0.28	14.31	14.64 $\pm$ 0.26	14.61
11	31	14.12 $\pm$ 0.18	13.92	14.87 $\pm$ 0.23	14.64
12	34	14.59 $\pm$ 0.31	14.47	15.27 $\pm$ 0.33	14.97
13	60	15.07 $\pm$ 0.25	14.79	15.47 $\pm$ 0.28	15.06
14	54	15.60 $\pm$ 0.26	15.06	16.10 $\pm$ 0.30	15.84
15	28	15.48 $\pm$ 0.30	14.84	15.54 $\pm$ 0.24	15.44
16	37	16.57 $\pm$ 0.32	16.43	16.97 $\pm$ 0.31	16.64
17	30	16.39 $\pm$ 0.29	16.33	16.43 $\pm$ 0.29	16.24
18	23	17.14 $\pm$ 0.48	16.75	17.37 $\pm$ 0.54	16.75
10 - 18	330	15.44 $\pm$ 0.11	15.10	15.8 $\pm$ 0.11	15.60

** BMI = weight (kg)/(Height (meters))²