

APPENDIX - II

NEURO – AFFLICTION SCALE

Instructions: Read each statement carefully. Choose you own response from very seldom true of me (1) Very seldom true of me, (2) Seldom true of me, (3) Often true of me, (4) Very often true of me and (5) Always true of me. They are your own individual responses. There is no right or wrong answers. Relax and give the first response that comes to your mind. **ALL THE BEST.**

Sr. No.	Items	Very seldom true of me	Seldom true of me	Often true of me	Very often true of me	Always true of me
1	I feel that I am good for nothing.	1	2	3	4	5
2	I feel that nobody can do well, as I can do in academics. / I feel that nobody can beat me in academics in my school.	1	2	3	4	5
3	I feel like running away from everything.	1	2	3	4	5
4	I am not comfortable to see my own people around.	1	2	3	4	5
5	I dislike the way people talk about themselves.	1	2	3	4	5
6	I don't feel like talking to others.	1	2	3	4	5
7	I am not fond of myself.	1	2	3	4	5
8	Success is "What I am".	1	2	3	4	5
9	I feel worthless.	1	2	3	4	5
10	I feel like putting people down.	1	2	3	4	5
11	I can't get along with others.	1	2	3	4	5

Sr. No.	Items	Very seldom true of me	Seldom true of me	Often true of me	Very often true of me	Always true of me
12	I cannot talk about my feelings to others.	1	2	3	4	5
13	I feel I can't achieve the tasks I set.	1	2	3	4	5
14	I have the ability to take up challenges which other's can't.	1	2	3	4	5
15	I feel dejected most of the times.	1	2	3	4	5
16	I am not very eager to listen to others.	1	2	3	4	5
17	I can't stand that others are happy.	1	2	3	4	5
18	I do not care what happens to other people.	1	2	3	4	5
19	I feel that nobody loves me.	1	2	3	4	5
20	I can never do a mistake.	1	2	3	4	5
21	I suppress my feelings mostly.	1	2	3	4	5
22	I can't stand people who are ahead of me.	1	2	3	4	5
23	I don't like to share my personal belongings with others.	1	2	3	4	5
24	I am unable to respect others.	1	2	3	4	5
25	My friends think that I look ugly.	1	2	3	4	5
26	I can never fail in anything.	1	2	3	4	5
27	I often indulge in self injury.	1	2	3	4	5
28	I don't feel like smiling at my friends.	1	2	3	4	5

Sr. No.	Items	Very seldom true of me	Seldom true of me	Often true of me	Very often true of me	Always true of me
29	I can't show affection towards most of my friends.	1	2	3	4	5
30	Even while doing a group work, I prefer to work alone.	1	2	3	4	5
31	I fear that I don't get good grades in class.	1	2	3	4	5
32	I will always be the first ranker in my class.	1	2	3	4	5
33	I feel like hitting others.	1	2	3	4	5
34	I feel bad about somebody's achievements.	1	2	3	4	5
35	When my friends are in trouble, I keep a safe distance from them.	1	2	3	4	5
36	I get upset when others touch my belongings without my permission.	1	2	3	4	5
37	I feel I am a failure.	1	2	3	4	5
38	I think I am always right in what I do and think.	1	2	3	4	5
39	I am depressed.	1	2	3	4	5
40	I become anxious when I come across people who have more comfort in life.	1	2	3	4	5
41	I dislike when people cry for little or big things.	1	2	3	4	5
42	I don't share about my weaknesses with my own people.	1	2	3	4	5
43	I will never be able to make my parents feel proud of me.	1	2	3	4	5
44	My teachers have less knowledge than me.	1	2	3	4	5

Sr. No.	Items	Very seldom true of me	Seldom true of me	Often true of me	Very often true of me	Always true of me
45	I feel like world is coming to an end.	1	2	3	4	5
46	I don't feel like helping my friends.	1	2	3	4	5
47	I enjoy seeing people fight.	1	2	3	4	5
48	Visiting friends at different occasions is difficult for me.	1	2	3	4	5
49	I think my friends don't like me.	1	2	3	4	5
50	I dislike when people advice and suggest me.	1	2	3	4	5
51	I feel uneasy when people think high of themselves.	1	2	3	4	5
52	I pass negative comments at others.	1	2	3	4	5
53	I hate to go out and help in slum areas.	1	2	3	4	5
54	In most of the situations, I can't relate to others.	1	2	3	4	5
55	I feel like crying most of the times.	1	2	3	4	5
56	I can't stand people's responses in the group discussion.	1	2	3	4	5
57	I feel helpless many a times.	1	2	3	4	5
58	I disregard others feelings.	1	2	3	4	5
59	When others are being teased, I burst out with laughter.	1	2	3	4	5
60	I don't have too many close friends.	1	2	3	4	5