

Appendix IV**Research papers related to the present investigation - presented and published**

1. Mital N, Gopaldas T. Habits, beliefs and consumption practices of a culturally acceptable mother food in Western India. Presented in the poster session of IV Asian Congress of Nutrition, Bangkok, Thailand. Nov 1-4, 1983.
2. Mital N, Gopaldas T. Habit survey of a culturally acceptable mother food in Gujarat, India. *Ecology of Food and Nutrition* **1985**; 16(3) : 242 - 252.
3. Mital N, Gopaldas T. Effect of fenugreek (*Trigonella foenum graecum*) seed based diets on the birth outcome in albino rats. *Nutrition Reports International* **1986**; 33(2) : 363-370.
4. Mital N, Gopaldas T. Effect of fenugreek (*Trigonella foenum graecum*) seed based diets on the lactational performance in albino rats. *Nutrition Reports International* **1986**; 33(2); 477-484
5. Mital N, Gopaldas T. Development of a culturally acceptable maternal food supplement for pregnant and lactating women beneficiaries of Gujarat and Maharashtra ICDS. Focus on minimal sharing. Presented at the National Conference of Research on ICDS, New Delhi, Feb 25-27, 1986. Organized by National Institute of Public Cooperation and Child Development (NIPCCD), New Delhi.