

Appendix IV

Proforma for In-depth Interview Schedule on mental health assessment

MINI MENTAL STATUS EXAMINATION (MMSE)

A. ORIENTATION (Score 1 if correct)

Name this society/building? -----
Name the city you are in now? -----
What year is this? -----
What month is this? -----
What is the date today? -----
Name the state you are in now? -----
Name the country you are in now? -----
Which floor of the building are you on? -----
What day of the week is it? -----
Which season of the year is it? -----

B. REGISTRATION

Name 3 objects and have the patient repeat them. Score number repeated by the patient.

Name 3 objects several more times if needed for the patient to repeat correctly. (Record trials)

C. ATTENTION AND CALCULATION

Subtract 7 from 100 in serial fashion to 65. (Maximum score 5)

D. RECALL

Do you recall the 3 objects named before? -----

E. LANGUAGE TEST

Confrontation naming: Watch, Pen = 2

Repetition: "No ifs, Ands, or Buts" = 1

Comprehension: Pick up the paper in your right hand, fold it in half and set it on the floor = 3

Read and perform the command: "Close your eyes" = 1

Write any sentence (subject, object, verb) = 1

CONSTRUCTION

Copy the design below = 1

Total MMSE questionnaire score (Max = 30) -----

<u>Score</u>	<u>Categories</u>
> 26	<i>Normal</i>
21 – 26	<i>Mild</i>
11 – 20	<i>Moderate</i>
≤ 10	<i>Severe</i>

Source:-Folstein MF, Folstein SD & McHugh PR (1975). Mini-Mental State: A practical method for grading the cognitive state of patients for the clinician. *Journal of Psychiatric Research*, 12: 189 – 198.

COGNITIVE IMPAIRMENT TEST

Item	Weight	Max Error	Score
1. What year is it now?	1	----x 4 =	---
2. What month is it now?	1	----x 3 =	---

Memory Phrase

Repeat this after me: **Sudhaben Patel, 24, Sardarnagar Society, Nizampura, Baroda.**

3. What time is it? (within one hr)	1	-----x 3 =	---
4. Count backwards 20 to 1		2 -----x 2 =	----
5. Say the months in reverse order		2 -----x 2 =	----
6. Repeat the memory phrase		5 -----x 2 =	----

Total = ----

<u>Score</u>	<u>Categories</u>
<i>0 – 10</i>	<i>Normal</i>
<i>11 – 28</i>	<i>Abnormal</i>

Source: Katzman R, Brown T, Fuld PI of *Psychiatry* (1983), 140: 734 – 9. © 1983, The American Psychiatric Association, <http://ajp.psychiatryonline.org>