

## APPENDIX K

## Routine followed in Thakkar Bappa Ashram School

<u>Time</u>	<u>Activities</u>
4.30 AM	Daily duty
5.45 AM	Morning Prayer
6.15 AM	General cleaning
7.00 AM	Tiffen
7.30 AM to 9.30 AM	Study/Coaching
10.00 AM	Lunch
10.30 AM to 4.00 PM	School activities
4.00 PM to 6.00 PM	Games, gardening and tiffen.
6.00 PM	Evening prayer
6.30 PM to 9.00 PM	Study
9.00 PM	Dinner