

ACKNOWLEDGEMENTS

A paucity of words makes it difficult to express my deep sense of gratitude towards the people without whom this thesis might not have been written, and to whom I am greatly indebted.

First and foremost, I express my gratitude and tribute to the almighty for all the wisdom and perseverance that He has bestowed upon me.

I take it as a privilege and duty to express my reverence and acknowledge the valuable advice of a highly personified expert in the field of Anatomy, my esteemed guide and mentor **Dr. Vasant H.Vaniya**, Professor and Head of the Department of Anatomy, Medical College Baroda for his sympathetic approach, constant inspiration, and deep interest in my research work, whose innate innovativeness led me to choose this study. His invaluable advice and sustained interest enlightened my difficult path and made this study a grand success. It is due to his constant guidance, constructive criticism, and scientific approach that I have been able to complete this work. At every turn, his critical and discerning eye picked out errors and kept the research work going within the narrow confines of quality on one side and feasibility on the other. He has given me great latitude of freedom in the planning and execution of work. Besides being a teacher, he has been a philosopher for me and whatever I have learned from him shall remain forever on my mind. I bow my head with a deep sense of gratitude and indebtedness. Thank you!

It is my pleasure and privilege to record a deep sense of gratitude to the Dr. Hemant Mathur, Faculty Dean of Medicine and Medical College Baroda for immense support in every step of this work, and constant encouragement during the entire phase of my study.

I express my sincere gratitude to the Dr. Ashish V.Gokhle, Dean, Medical College Baroda, for permitting me to use all the available facilities.

I would especially like to express my thankfulness and indebtedness to J. S. Ayurved Mahavidhyalaya College, GMERS Medical College Baroda, Dr. N. D. Desai Faculty of Medical Science and Research, their sincere faculties, and immensely supportive staff, for allowing me to work in their institute and utilizing the available resources.

I am sincerely thankful to all the faculties of the Department of Anatomy, Medical College Baroda, Dr.Ila Suttarwala, Dr.Shilpa Patel, Dr.Viren Karia, Dr.Heena Chaudhary, Dr.SangeetaRajani, Dr.Kintu Vyas, Dr.Chirag Khatri, Dr.Shital Patel, Dr.Jayesh Rathwa, Dr.Dipal Arya, Dr. Ukti Desai, Dr.Bhavna Damor for their immense cooperation, time & inspiring guidance in every step of this work, starting from planning out, working schedule, carrying out the study, analyzing the data and even writing this manuscript and valuable suggestions during the entire phase of my study.

My task would have been impossible if I did not have the support of Dr. Tanuja Javdekar, Dr.A.T.Leuva, Dr. Narendra Pathak, Dr.Amul Bhavne, Dr.Shreya Shah, Dr.Shobha Mishra and Dr,Vikas Doshi who have keenly helped me directly or indirectly with the present work. My humble thanks to Dr. Hashmukh Buch, Dr. S.S.Saiyad, Dr. J.S. Soni, Dr. Bhaderkar, and Dr. Mitesh Dave for their insightful comments and encouragement which made me widen my research from various perspectives.

There are some worthy names to acknowledge and thank which include university staff members Mrs.Pritiben, Miss.Sonalben, Mr.Mayurbhai, university computer department members and many others. My gratitude for always helping me. I thank all my respondents for actively participating during the intervention session despite their busy schedule. My heartfelt thanks to every well-wishers and wonderful friends.

Furthermore, herewith I take the opportunity to thank body donors and their relatives, who probably never know their pivotal role in this study, without which this work would not have been completed.

Lastly, I would be doing an injustice if I did not extend my thanks to Payal Mahavadiya for giving the final shape to the thesis.

Finally and above all, everything would be incomplete without acknowledging the encouragement and unconditional support which I have received from my parents and parents-in-law, Mr. Harshad Joshi, Mrs. Rashila Joshi, Mr.Yogesh Joshi & Mrs.Preeti Joshi, without whose support this work could not have been done and to whom I am eternally indebted. Thanks to my Husband, Dr.Hemang Joshi, brother Ravi Joshi, sisters Tejal Joshi, Heena Joshi & Bhumika Joshi who is always beside me in every deed, and being with me during my difficult times and have immensely helped me in completing this work.

-DR. MEGHANA JOSHI