

List of tables and figures

Table 1	List of shops surveyed for the Batrisu vasanu products in seven districts of Gujarat state
Table 2	Demographic characteristics of the study population
Table 3	Details of the attitude towards traditional, herbal practices during gestation
Table 4	Knowledge and practices of women using herbal drugs during gestation
Table 5	Bivariate analysis for factors predicting the usage of herbal medicines
Table 6	Multivariate logistic regression analysis for predicting the factors associated with traditional practices usage
Table 7	List of plants with their botanical details and purpose as recorded with RFC ^a values
Table 8	List of traditional practices documented during the survey
Table 9	Demographic characteristics of the study population for clinical study
Table 10	Details of the herbal medicines use during antenatal period and attitude
Table 11	Clinical history for the participants during their first visit to the clinic
Table 12	Clinical details of the parturient during delivery
Table 13	Postpartum clinical examination for the participants
Table 14	Growth characters of the children
Table 15	List of Batrisu vasanu samples with information of added ingredient plants.
Table 16	Details of the plants reported in Batrisu vasanu samples along with their RFC ^b values in alphabetical order
Table 17	Body weight, food intake and food efficiency ratio of rats
Table 18	Effect of treatments on Hematological parameters of rats
Table 19	Effect of treatment on Serological parameters of rats

Figure 1	Pie-chart showing part used of different plant species reported
Figure 2	Pie-chart showing types of herbal formulation used for plants
Figure 3	Pie-chart for forms of herbs used for plants reported
Figure 4	Preparation of Methi-laddu and Batrisu vasanu as reported
Figure 5	Violin plot showing median and range of (a) weight velocity of children and (b) growth velocity of children
Figure 6	Bar graph showing number of ingredient plants in each Batrisu vasanu (BV) samples
Figure 7	Cluster dendrogram using Jaccard coefficient depicting the similarity of each Batrisu vasanu (BV) samples
Figure 8	Stacked bar diagram showing total phenols (mg GAE/ g), total flavonoids (mg RE/ g) and total flavonol (mg RE/ g) for all batrisu vasanu (BV) samples
Figure 9	Stacked bar diagram depicting DPPH radical scavenging activity IC ₅₀ value (µg/ml), total antioxidant capacity (mg AAE/ g), and FRAP value (µm Fe (ii) / g) for all batrisu vasanu (BV) samples
Figure 10	Parameters of body weight, food efficiency and fecal content in rats
Figure 11	Consumption pattern of food and water in rats after dosing with batrisu vasanu