

## **LIMITATIONS OF THE STUDY**

- ❖ Restricted time frame.
- ❖ Consent from participants was bit difficult due to COVID 19 outbreak.
- ❖ The study was not funded by any national or international funding agencies or organizations.
- ❖ Limited biochemical parameters of participants were analyzed due to lack of funding.
- ❖ The study was an individual project, thus other health issues along with diabetes among old age population could not be addressed.
- ❖ Due to post COVID 19 time, GI study was getting difficulties so control recipes were not included in the study.