

BIBLIOGRAPHY

Ajani UA, Gaziano JM, Lotufo PA, Liu S, Hennekens CH, Buring JE and Manson JE (2000).

Alcohol consumption and risk of coronary heart disease by diabetes

Albu J and Pi-Sunyer F (1999).

Obesity and diabetes. In : Brag G, Boncherd C, James W, eds Handbook of Obesity. New York, NY Marcel Detker

American Diabetes Association (1993)

Role of cardiovascular risk factors in prevention and treatment of macrovascular disease in patients. Diabetes Care 16 (Suppl 2)72-8

American Diabetes Association (2002)

Report of the expert committee on the diagnosis and classification of diabetes mellitus Diabetes Care 25(Suppl-1) s5-s20

AHA (2003)

Statistics Heart Disease and Stroke Statistics -- 2003 Update The American Heart Association works with government agencies to derive our annual statistics for..

www.americanheart.org/presenter.jhtml?identifier=1200026

Anderson JW, Smith BM and Gustafson NJ (1994)

Health benefits and practical aspects of high-fiber diets American Journal of Clinical Nutrition 59. 1242S-1247S

Assman G, Cullen P and Schulte H (1998)

The Munster Heart Study (PROCAM) – results of follow-up for 8 years. Eur Heart J 19 A2-A11

Assman G, Schulte H and Eckardstein A (1996).

Hypertriglyceridemia and elevated levels of lipoprotein(a) are risk factors of major coronary events in middle aged men. Am J Cardiol 77.1179-1184

Astrup P and Kjeldsen K (1973)

Carbon Monoxide, smoking and atherosclerosis. Medical Clinics of North America 58 323-350

Atkinson MA and MacLaren N (1994).

The pathogenesis of insulin-dependent diabetes mellitus N Engl J Med 331:1428-1436.

- Austin MA and Selby JV (1995)
LDL subclass phenotypes and the risk factors of the insulin resistance syndrome
Int J Obes Relat Metab Disord May;19 Suppl
- Bahadori B, Elke N, Martin S, Fritz F, Bernd E, Werner K, Hermann and Thomas Christian W (1996)
Prevalence of CAD in obese versus lean men with angina pectoris and positive Exercise Stress Test The American Jr of Cardiology 77(11) 1000-1001
- Bahl VK, Vaswani M, Thatai D and Wasir HS (1994)
Plasma levels of apolipoproteins A1 and B in Indian patients with angiographically defined CAD. Int J Cardiology 46(2) 143-149
- Balkau B, Shipley M, Jarrett RJ, Pyorala K, Pyorala M, Forhan A and Eschwege E (1998)
High blood glucose concentration is a risk factor for mortality in middle-aged nondiabetic men 20-year follow-up in the Whitehall Study, the Paris Prospective Study, and the Helsinki Policemen Study Diabetes Care, Vol 21, Issue 3 360-367.
- Beard JC, Ward WK, Halter JB, Wallum BJ and Porte Jr D (1987)
Relationship of islet function to insulin action in human obesity J Clin Endocrinol Metab 65 59-64
- Bellomo G, Maggi E, Pole M, Agosta FG, Bollati P and Rinarđi G (1995)
Autoantibodies against oxidatively modified low density lipoproteins in NIDDM. Diabetes 44: 60-66
- Bermudez OI and Tucker KL (2001)
Total and Central Obesity among Elderly Hispanics and the Association with Type 2 Diabetes Obesity Research 9 443-451
- Bhatnagar D., Anand I, Durrington PN et al. (1995)
Coronary risk factor in people from the Indian subcontinent in West London and their siblings in India Lancet 345 : 405 - 409
- Blair SN, Loober KH and Gibbons CW (1983)
Changes in coronary heart disease risk factors associated with increased treadmill time in 753 men. Am J Epidemiol 118.352
- Blot W J, Li J Y, Taylor P R, Guo W, Dawsey S, Wang G Q, et al (1993)
Nutrition intervention trials in Linxian, China: supplementation with specific vitamin/mineral combinations, cancer incidence, and disease-specific mortality in the general population J Natl Cancer Inst 85. 1483-1492.

Blumenkrantz M (1999)
Obesity and health – an overview Obesity, the worlds oldest metabolic disorder www.quantumhpc.com/obesity.htm

Bobak M, Jarvis MJ, Skodova Z and Marmot M (2000)
Smoke intake among smokers is higher in lower socioeconomic groups
Tobacco Control 9 310-312

Boden G (1997)
Role of fatty acids in the pathogenesis of insulin resistance and NIDDM
Diabetes 1997; 45:3-10

Botton SC, Woodward M and Tunstall PH (1992)
The Scottish heart health study Dietary intake by food frequency questionnaire and odds ratio for coronary heart disease risk II The antioxidant vitamins and fibre *Eur J Nutr.* 46 85-93.

Bray GA (1992)
Pathophysiology of Obesity *Am J of Clin Nutr* 55 (Suppl) 488-494

Bray MS (2000)
Genomics, genes and environmental interaction the role of exercise *J Applied Physiology* 88 788 - 792

Brenner BM, Garcia DL and Anderson S (1998)
Glomeruli and blood pressure less of one, more the other? *Am J Hypertens* 1. 335-47

Brown P and Bentley-Condit VK (1998).
Culture, evolution and obesity In Bray GA, Bouchard C, James WPT, eds
Handbook of Obesity. New York, Marcel Dekker, 143-155.

Brunner D, Slutzky GM, Weisbort J, Schwartz S and Lingel R (1988)
Lipo and apolipoproteins in MONICA-Israel *Acta Med* 728:159-164

Brunzell JD, Schwartz RS, Eckel RH and Goldberg AP (1981).
Insulin and adipose tissue lipoprotein lipase in humans. *Int J Obes* 5 685–694

Buring JE, Evans DA, Fiore M, Rosner B and Hennekens CH (1987).
Occupation and risk of death from coronary heart disease. *JAMA.* 258:791-792.

Burke P, Farb A, Malcom GT, Liang YH, Smialek J and Virmani R (1997)
Coronary Risk Factors and Plaque Morphology in Men with Coronary Disease Who Died Suddenly. *N. Engl J Med* 336(18). 1276 - 1282.

Caballero B (2001).
Symposium: Obesity in Developing Countries : Biological and Ecological Factors. *Journal of Nutrition* 131:866S-870S.

- Caggiula AW and Mustard V (1997)
Effect of dietary fat and fatty acids on coronary artery disease risk and total lipoprotein cholesterol concentrations epidemiologic studies 65(suppl) 15975- 6105
- Cahill GF Jr (1988)
Beta cell deficiency, insulin resistance or both ? N. Engl J Med 318 1268 - 1270
- Cantin B, Després JP, Lamarche B and Dagenais GR (1999)
Non-Hdl cholesterol, a strong risk factor for ischemic heart disease in men The Quebec Cardiovascular Study
- Carey VJ, Walters EE, Colditz GA, et al (1997)
Body fat distribution and risk of non-insulin-dependent diabetes mellitus in women The Nurses' Health Study Am J Epidemiol 145:614
- Carrol KK, Giovannetti M, Huff MW, Mouse O, Roberts DCK and Wolfe BM (1978)
Hypocholesterolemic effect of substituting soybean protein for animal protein in the diet of healthy young women Am J Clin Nutr 31:1312-1321
- Castelli WP (1986)
The triglyceride issue a view from Framingham Am Heart J 112:432-437
- Castelli WP and Anderson K (1986).
A population at risk prevalence of high cholesterol levels in hypertensive patients in the Framingham study Am J Med 80(suppl 2A): 23-32
- Ceriello A, Falletti E, Bortolotti N, et al (1996).
Increased circulating intercellular adhesion molecule-1 levels in type II diabetic patients: the possible role of metabolic control and oxidative stress Metabolism 45:498-501
- Chadhuri S, Das S and Das NG (1966).
A statistical study on coronary heart disease. Indian Heart Journal 16:391-402
- Chandalia HB (1998)
Evaluation and approach to management of obesity. In Novo nordisk diabetes update proceedings Novo Nordisk Pharma India Ltd. 80-84
- Chockalingam A (2000)
Let's not make the same mistakes Lancet 2000; Suppl 1 356 s9.
- Chopra V and Wasir HS (1998)
Implications of lipoprotein abnormalities in Indian patients JAPI 1998 46(9):814-819

Ciruzzi M, Pramparo P, Esteban O, Rozlosnik J, Tartaglione J, Abecasis B, Cesar J, De Rosa J, Paterno C and Schargrotsky H (1998)
Case-control study of passive smoking at home and risk of acute myocardial infarction J Am Coll Cardiol 31:797-803

Colditz G A, Willett W C, Stamfer MS et al (1990)
Weight as a risk factor for clinical diabetes in women Am J Epidemiol 132 501 - 513

Colditz GA, Willett WC, Rotnitzky A and Manson JE (1995)
Weight gain as a risk factor for clinical diabetes mellitus in women. Ann Intern Med 122: 481-486

Cui Y, Blumenthal RS, Flaws Ja, Whiteman MK, Langenberg P, Bachorik PS, and Bush TL (2001)
Non-high-density lipoprotein cholesterol level as a predictor of cardiovascular disease mortality. Arch Intern Med 161: 1413-1419.

Davies J W, Shelion L, Elgenberg D A, Hignite CE and Wantanbe IS (1985)
Effect of tobacco and non-tobacco cigarette smoking on the endothelium and platelets Clin Pharmacol Ther 37 529 - 533

Decode study group (1999)
The Decode study group - Comparison of WHO & American Diabetes Association Criteria. Lancet 354 617 - 621.

DeFronzo RA, Bonadonna RC and Ferrannini E (1992)
The pathogenesis of NIDDM. A balanced overview. Diabetes Care 15(3):318-353

Despres JP, Moorjani S, Lupien PJ, Tremblay A, Nadeau A, Bouchard C (1990)
Regional distribution of body fat, plasma lipoprotein and cardiovascular disease. Arteriosclerosis 10(4) 497-511

Despres JP, Pouliot MC, Moorjani S, Nadeau A, Tremblay A, Lupin PJ, Theriault G and Bouchard C (1991)
Loss of abdominal fat and metabolic response to exercise training obese women. Am J Physiol 261 E 159-167.

Despres J P, Lemieux Isabelle and Prudhomme D (2001)
Treatment of obesity - need to focus on high risk abdominally obese patients BMJ 322 . 319 - 323.

Doi H, Kugiyama K, Oka H, Sugiyama S, Ogata N, Koide SI, Nakamura SI, Yasue H (2000).
Remnant lipoproteins induce proatherothrombogenic molecules in endothelial cells through a redox-sensitive mechanism Circulation 102(6): 670-676.

Doll R, Peto R, Wheatley K, Gray R, Sutherland I (1994).
Mortality in relation to smoking 40 years' observations on male British doctors BMJ 1994;309 901-911.

Donahue RP, Abbot RD, Reed DM & Yano K (1987)
Post challenge glucose concentration and coronary heart disease in men of Japanese ancestry Honolulu Heart Programme Diabetes 36 : 689 - 692

Donnan P T, Thomson M, Fowkes F G R, Prescott R J and Housley E (1993)
Diet as a risk factor for peripheral arterial disease in the general population The Edinburgh Artery Study Am J Clin Nutr 57 917-921

Drenowski A and Popkin BM (1997).
The nutrition transition trends in the global diet. Nutrition Reviews 55 (2) 31-43

Elbein SC (1997)
The genetics of Human Non-insulin- Dependent (Type 2) Diabetes Mellitus The Jr. of Nutrition 127(9). 18915 - 18965

Enas EA and Mehta J (1995)
Malignant coronary artery disease in young Asian Indians Thoughts on pathogenesis, prevention and therapy. Clinical Cardiology 18:131-135

Enstrom JE, Kanim LE and Klein MA (1992).
Vitamin C intake and mortality among a sample of the United States population. Epidemiology 3 194-202

Esterbauer H, Gebicki H, Puhl H and Jurgens G (1992)
The role of lipid peroxidation and antioxidants in oxidative modification of LDL Free Radic Biol Med 13:341-390

Euramic study of ILSI monograph on Oxidants (1995)
Antioxidants and disease prevention ILSI Europe.

Executive summary of the Third Report of the National Cholesterol Education Programme (NCEP) (2001)
Expert Panel on Detection, Evaluation and Treatment of High Blood Cholesterol in Adult (Adult Treatment Panel III). JAMA 285 . 2486 - 2497.

Fernando DJS, Siribaddana SH, Silva De Dr , Perera SD (1994).
The prevalence of obesity and other coronary risk factors in a suburban Srilankan community Asia Pacific Jr. of Clin. Nutr. Vol 3 (No.4) . 155 - 159

Ferrannini E, Natali A, Bell P, Cavallo - Perin P, Lalic N and Mingrone G (1997)
Insulin resistance and hypersecretion in obesity. J Clin Invest. 100 1166 - 1173.

Field AE, Coabley EH, Must A, Spadano JL, Laird H, Dietz WH, Rimm E, Colditz GA (2001)

Impact of overweight on the risk of developing common chronic diseases during a 10 year period Arch Intern Med 2001 161(13) 1581 - 1586.

Fontbonne A, Eschwege E, Cambein F, Richard JL Ducimetiere P, Thibault N, et al (1989).

Hypertriglyceridemia as a risk factor for coronary heart disease mortality in subjects with impaired glucose tolerance or diabetes. Diabetologia 32 300-304

Fortmann SP, Flora JA, Winkelby MA, Schooler C, Taylor CB & Farquhar JW (1995).

Community intervention trials Regulations on the Stafford Five City Project experiment Am. J Epidemiol 142 576 - 586

Franz MJ, Bantle JP, Beebe CA, Brunzell JD, Chiasson JL, Garg A, Holzmeister LA, Davis EM, Mooradian AD, Purnell JQ and Wheeler M (2002)

Evidence-based nutrition principles and recommendations for the treatment and prevention of diabetes and related complications Diabetes Care 25(1) 148-198

Freedman DS, Bowman BA, Otvos JD, Srinivasan SR & Berenson GS (2002)

Differences in the relation of obesity to serum triglyceride and VLDL subclass concentrations between black and white children . The Bogalusa heart study American Journal Clin. Nutri. 75(5) . 827 - 833

Freedman DS, Shear CL, Srinivasan SR, Webber LS and Berenson GS (1985)

Tracking of serum lipids and lipoprotein in children over an 8 year period The Bogalusa heart study Prev. Med 14 203-216

Friedewald WT, Levy RI and Fredrickson DS (1972).

Estimation of the concentration of low-density lipoprotein cholesterol in plasma, without use of the preparative ultracentrifuge. Clinical Chemistry 18:499-502.

Friedman LA and Kimball AW (1986)

Coronary heart disease mortality and alcohol consumption in Framingham Am J Epidemiol 124: 481 - 489.

Frost PH and Havel RJ (1998).

Rationale for use of non high-density lipoprotein cholesterol as a tool for lipoprotein cholesterol screening and assessment of risk and therapy. American Journal of Cardiology 81(4A): 26B-31B.

Fung TT, Timm EB, Spiegelman D, Rifai N, Tofler GH, Willett WC and HU FB (2001).

Association between dietary patterns and plasma biomarkers of obesity and cardiovascular disease risk. *Am J Clin Nutr* 73: 61 - 67

Fuster V, Badimon L, Badima JJ and Chesebro JH (1992)

The pathogenesis of coronary heart disease and acute coronary syndromes. *N Engl J Med* 326: 242-250.

Gale CR, Ashurst HE, Powell HJ and Martyn CN (2001)

Antioxidant vitamin status and carotid atherosclerosis in the elderly. *Am J Clin Nutr* 74: 402-408

Garber A J (2001)

Vascular disease and lipid in diabetes. *Med clinics North America* 82:931-948

Garber AM, Browner WS and Hulley SB (1996)

Clinical Guideline, Part 2: Cholesterol Screening in Asymptomatic Adults, Revisited. *Ann Intern Med*, 124(5): 518 - 531

Garfagnini A, Devoto G, Tosselli P, Boggiano P and Venturini M (1995)

Relationship between HDL-C and Apo A1 and the severity of CAD. *Eur heart J* 16(4):465-470

Garg A and Grundy SM (1990)

Management of dyslipidemia in NIDDM. *Diabetes Care* 13: 153-169.

Garreson RJ, Feinleid M, Castellì WP, MC Namara PM (1983)

Cigarette smoking as a confounder of the relationship between relative weight and long term mortality in the Framingham study. *JAMA* 249:2199-2203

Garrison RJ, Kannel WB (1993)

A new approach for estimating healthy body weights. *Int J Obes* 17: 417-423

Gerich JE (2000) Insulin resistance is not necessarily an essential component of type 2 diabetes. *J Clin Endo Metab.* 85: 2113 - 2115.

Gerstein H C (1997)

Glucose a continuous risk factor for cardiovascular disease. *Diabet Med* 1997,14:s25-s31

Gerstein HC (2001)

Fasting Versus Postload Glucose Levels: Why the controversy? *Diabetes Care* 24:1855-1857

Ghafoorunnisa (1986)

Diet and Atherosclerosis. *Nutrition Reviews* 7(3), National Institute of Nutrition, Hyderabad

- Glasser SP (2000)
Hypertension syndrome and cardiovascular events: high blood pressure is only one risk factor Postgrad Med 110(5):29-36
- Goldberg IJ (2001)
Diabetic dyslipidemia Causes and consequences J Clin Endo Metab 86 965-971
- Gopalan C (1997)
Obesity in the Indian Urban Middle Class. NFI Bulletin 19 (1): 1-15
- Gordon T, Kannel WB and Castelli WP et al (1981)
Lipoproteins, cardiovascular disease and death: The Framingham study Arch Intern Med 141: 1128-1131
- Gotto AM, LA Rosa J C and Humming D (1990).
A summary of the evidence relative dietary fat, serum cholesterol and coronary heart disease Circulation 81(5). 1721 - 1729
- Gowri MS, Van Der Westhuzen DR, Bridges SR and Anderson JW (1999)
Decreased protection by HDL from poorly controlled type 2 diabetic subjects against LDL oxidation may be due to the abnormal composition of HDL. Arterioscler Thromb Vas Biol 19 2226 - 2233
- Gray DS (1989).
Obesity Basic Aspects and Clinical Applications. Medical Clinics of North America 73(1): 1-14
- Grey RS, Robbins DC and Wang W et al. (1997).
Relation of LDL size of insulin resistance syndrome and coronary heart diseases in American Indians The strong heart study Atherio Throm Vas Biol 17 . 2713 - 2720
- Grundy SM (1987)
Comparison of monounsaturated fatty acids and carbohydrates for lowering plasma cholesterol New England Journal of Medicine; 314 745-748
- Gupta R (1997).
Meta analysis of hypertension epidemiology in India Indian Heart Journal 49.43-48
- Gupta R, Gupta VP (1996).
Meta-analysis of coronary heart disease prevalence in India. Indian Heart Journal 48.241-245
- Guyton and Hall (1996)
Dominant role of the kidneys in long-term regulation of arterial pressure and in hypertension: The integrated system for pressure control. Chapter 19 in Text book of medical physiology 221-237

Haffner SM, Stern MP, Hazuda HP, Mitchell BD and Patterns JK (1990)
Cardiovascular risk factors in confirmed prediabetic individuals. Does the
clock for coronary heart disease start ticking before the onset of clin. Diabetes
? JAMA 263(21) 2893 - 2898.

Haller H (1997)
Postprandial glucose and vascular disease. Diabet Med 14(3).S50-S56.

Hallfrisch J, Tobin JD, Muller DC and Andres R (1998).
Fiber intake, age, and other coronary risk factors In men of the Baltimore
Longitudinal Study (1959-1975) J Gerontol 43:M64-68

Han TS, van Leer EM, Seidell JC, Lean ME (1995)
Waist circumference action levels in the identification of cardiovascular risk
factors prevalence study in a random sample BMJ 311 1401-1405

Hart CL, Smith GD, Hole DJ and Hawthorne VM (1999)
Alcohol consumption and mortality from all causes, coronary heart disease,
and stroke results from a prospective cohort study of Scottish men with 21
years of follow up British Medical Journal 318 1725-1729

Havel RJ and Rapaport E (1995)
Management of primary hyperlipidemia N Eng J of Med 332: 1491-1498

Hebert PR, Buring JE, O'Connor GT, Rosner B and Hennekens CH (1992)
Occupation and risk of nonfatal myocardial infarction. Arch Intern Med
152 2253-2257

Hennekens CH, Buring JE, Manson JE, Stampfer M, Rosner B, and Cook NR
(1996)
Lack of effect of long-term supplementation with beta carotene on the
incidence of malignant neoplasms and cardiovascular disease N Engl J Med
334. 1145-1149

Hertog MGL, Hollman PCH and Katan MB (1992)
Content of potentially anticarcinogenic flavonoids of 28 vegetables and 9 fruits
commonly consumed in the Netherlands J Agric Food Chem Vol 40, No 12,
p 2379- 2383.

Higgins M, Kannel W, Garrison R., Pinsky J and Stropes J (1988)
Hazards of obesity the Framingham experience. Acta Med Scand Suppl 23 .
23 - 26.

Hlatky MA, Lam LC, Lee KL, Clapp-Channing NE, Williams RB, Pryor DB,
Califf RM and Mark DB (1995)
Job Strain and the Prevalence and Outcome of Coronary Artery Disease.
Circulation 92:327-333.

- Holman RR (1998)
Assessing the potential for alpha-glucosidase inhibitors in prediabetic states
Diabetes Res Clin Pract 40(Suppl):S21–S25
- Howard BV (1987)
Lipoprotein metabolism in diabetes mellitus *J Lipid Res* 28 613-28
- Hubert HB, Ferkus M, Mc Namara PM and Castelli WP (1983)
Obesity as an independent risk factor for cardiovascular disease, a 26-year follow up of participants in Framingham Heart study. *Circulation* 67 968-977
- Hughes VA, Fiatarone MA, Fielding RA, Ferara CM, Elahi D and Evans WJ (1995)
Long term effects of a high-carbohydrate diet and exercise on insulin action in older subjects with impaired glucose tolerance *American Journal of Clinical Nutrition* 62 426-433
- Ijzerman C W A, Hollman P C H, Feskens E J M, Mesquita H B B and Kromhout D (2001)
Catechin intake might explain the inverse relation between tea consumption and ischemic heart disease. the Zutphen Elderly Study *American Journal of Clinical Nutrition*, Vol 74, No. 2, 227-232.
- International Clinical Epidemiology Network (INCLEN) (1996)
Body mass index and cardiovascular disease risk factors in seven Asian and five Latin American centres Data from International Clinical Epidemiology Network (INCLEN). *Obes Res* 4:221-228
- Iwao S, Iwao N., Muller DC, Elahi D, Shimokata H and Andres R (2001)
Does waist circumference add to the predictive power of the body mass index for coronary risk *Obesity Research* 9(11) : 685 - 695.
- James RW and Pometta (1990)
Immunofractionation of HDL subclass 2 and 3 Similarities and differences in the fraction obtained from male and female population. *Atherosclerosis*
- Jayakumar RV (2003)
Hypertension and diabetes mellitus *JIMA* 101 (4):254-256
- Jeppesen J, Hein HO, Saudicani P and Gyntelberg E (1998).
Triglyceride concentration and ischemic heart disease – An eight year follow-up in the Copenhagen Male Study *Circulation* 97.1029-1036.
- Jiang He, Vupputuri S, Allen K, Prerost MR, Hughes J and Whelton PK (1999) Passive smoking and the risk of coronary heart disease - A meta-analysis of epidemiologic studies. *The New Engl. Jr of Med.* 340 920 - 926.

Joglekar SJ & Nanivadkar AS (1996)
Prevalence of Lipid and glycaemic abnormalities in hypertensive patients A retrospective survey Indian Heart J 48 371 - 374.

JNC 7 Report (2003)
Chobanian AV, Bakris GL, Black HR, Cushman WC, Green LA, Izzo JL, Jones DW, Materson BJ, Oparil S, Wright JT, Roccella EJ, and the National High Blood Pressure Education Program Coordinating Committee The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. JAMA 289(19) 2560-2572, 2573-2574

Joint National Committee (JNC) (1993)
Detection, Evaluation and Treatment of High blood pressure Arch Int Med 153 154 -183

Jousilahti P, Tuomilehto J, Vartiainen E, Pekkanen J and Puska P (1996)
Body weight, cardiovascular risk factors and coronary mortality 15-year follow up of middle aged men and women in Eastern Finland Circulation 93 (7) 1372 - 1379

Judd JT, Clevidence BA, Muesing RA, et al. (1994)
Dietary trans fatty acids effects on plasma lipids and lipoproteins of healthy men and women American Journal of Clinical Nutrition 59 861-868

Jung R (1997)
Obesity as a disease. Br Med. Bull. 53 : 307 - 321.

Kahn (2001).
The importance of β -cell failure into the development and progression of type 2 diabetes Journal of Clinical Endocrinology and metabolism 86(9) 447-4058

Kahn SE, Prigeon RL, McCulloch DK, Boyko EJ, Bergman RN, Schwartz MW, Neifing JL, Ward WK, Beard JC, Palmer J, Porte D Jr (1993)
The contribution of insulin dependent and insulin independent glucose uptake to intravenous glucose tolerance in healthy human subjects Diabetes 43 587-592

Kahn SE, Prigeon RL, McCulloch DK, et al. (1993).
Quantification of the relationship between insulin sensitivity and B-cell function in human subjects Evidence for a hyperbolic function. Diabetes 42 1663-1672

Kahn HP, Medalie JH, Nenfeld HN, Riss E, Balogh M, Groen JJ (1969).
Serum cholesterol its distribution and association with dietary and other variables in a survey of 10,000 men Israel J Med Sci 5.1117-27.

- W B. Kannel (2000)
Elevated systolic blood pressure as a cardiovascular risk factor. *Am J Cardiol* 85 251-255
- Kannel WB (1985)
Lipids, diabetes, and coronary heart disease: insights from the Framingham Study *American Heart Journal* 110 1100-1107
- Kannel WB, Gordeon T and Castelli WP (1979)
Obesity, lipids and glucose intolerance. The Framingham Study *Am J Clin Nutr* Vol 32, 1342 - 1349
- Kannel WB (1971)
Cholesterol: a potent contributor to atherogenesis? *Med Counterpoint* 3 31-42
- Kannel WB, Neaton JD, Wentworth D, Thomas HE, Stamler J, Hulley SB and Kjelsberg MO (1986).
Overall and coronary heart disease mortality rates in relation to major risk factors in 325,348 men screened for the MRFIT *Am Heart J.* 112 825-836.
- Kannel W B and Schatzkin A (1983)
Risk factor analysis. *Progress in Cardiovascular Diseases* Vol. XXVI (4) . 309 - 332
- Kannel WB and Thomas HE (1982)
Sudden coronary death. The Framingham study *Ann N Y Acad Sci* 382 3-21
- Kannel WB, Castelli WP and Gordon T. (1979).
Cholesterol in the production of atherosclerotic disease New perspective based on the Framingham study. *Ann Intern Med* 90.85-91.
- Kannel WB, McGee D and Gordon T (1976)
A general cardiovascular risk profile: the Framingham study *Am J Cardiol* 38:46-51
- Katzmarzyk T Peter, Perusse L, Malina MR and Bouchard C (1999)
Seven-year stability of indicators of obesity and adipose tissue distribution in the Canadian population *Am J of Clin Nutr* 69:1123-1129
- Kauhanen K, Kaplan GA, Goldberg DE, Salonen R, Salonen JT (1999)
Alcohol Drinking and Progression of Atherosclerosis *Arteriosclerosis, Thrombosis, and Vascular Biology* 19.3001
- Kennedy ET, Bowman SA, Spaence JT, Freedman M and King J (2001)
Popular diets : Correlation to health, nutrition, and obesity *J Am Diet Asssoc* 101 411-420

Kennedy J C, Mbanyab JC, Wilksc R, Balkaud B, Terrence Forresterc , Andersonc SG, Mennend L, Forhand A, Ristea L and McFarlane-Andersonc N (2001)

Hypertension in four African-origin populations current 'Rule of Halves', quality of blood pressure control and attributable risk of cardiovascular disease *Journal of Hypertension* 19 41-46

Kenny, SJ, Aubert, RE and Geiss, LS (1995)

Prevalence and incidence of non-insulin dependent diabetes In *Diabetes in America*, 2nd ed. (National Diabetes Data Group, ed.), pp. 47-68. National Institutes of Health/NIDDK, Bethesda, MD

Keys A (1965)

Serum cholesterol response to changes in diet *Metabolism* 14 776-787

King H and Rewers M (1993)

WHO Ad Hoc Diabetes reporting group Global estimates of prevalence of diabetes mellitus and impaired glucose tolerance in adults *Diabetes Care* 16:157-177

Kinlay S, Dobson AJ, HellerRF, Dickeson JE and Ryan S (1991)

Lipid and aoplipoprotein levels in an Australian community *Med J Aust* 154(3).170-175

Kivimaki M, Leino-Arjas P, Luukkonen R, Riihimaki H, Vahtera J and Kirjonen J (2002)

Work stress and risk of cardiovascular mortality prospective cohort study of industrial employees. *BMJ*. 325 (7369) 857

Knekt P, Reunanen A, Jarvinen R et al (1994)

Antioxidant vitamin intake and coronary mortality in a longitudinal population study *Am J Epidemiol* 139 . 1180-1189.

Knok FJ, Bruin AM, Vermeeren R, Hofman A, Laar AV, Bruin M, Hermus RJ and Valkenburg HA (1987)

Serum selenium, vitamin antioxidants, and cardiovascular mortality. a 9- year follow-up study in the Netherlands *Am J Clin Nutr* 45: 462-468

Kodali V, Krishna P, Tripuravibhatla, Raghu Ramic, Kodavati M R, Eswaran P and Krishnaswamy K (1997)

Abdominal adiposity and metabolic alterations in hypertension - a case control Study *APJCN* Vol. 6 (3) : 180 - 185.

Kozarevic D, Vojvodic N, Gordon T, Kaeiber CT, McGee D and Zukel WJ (1983).

Drinking habits and death. The Yugoslavia cardiovascular disease study *Int J Epidemiol* 12 145-50

Krauss RM, Eckel RH, Howard B, Appel LJ, Daniels SR, Erdman JW, Etherton PK, Goldberg IJ, Kotchen TA, Lichtenstein AH, Mitch WE, Mullis R, Robinson K, Rosset JW, Jeor S, Suttie J, Tribble DL and Bazzarre TL (2000) AHA Dietary Guidelines Revision 2000, A statement for healthcare professionals from the nutrition committee of the American heart association. *Circulation* 102 2296-2311

Krishnaswami V, Radhakrishnan T, John BM and Mathew A (1970) Pattern of ischaemic heart disease A clinical study *Journal of Indian Medical Association* 55:153-157

Kritchevsky D (1978) How aging affects cholesterol metabolism *Post Grad Med* 63 (3) 133 - 138

Lahdenpera S, Syvanne M, Kahri J, et al (1996) Regulation of low density lipoprotein particle size distribution in NIDDM and coronary disease : importance of serum triglycerides *Diabetologia* 39 453 - 461

Lapidus L, Andersson H, Bengtsson C and Bosaeus I (1986) Dietary habits in relation to incidence of cardiovascular disease and death in women: a 12-year follow-up of participants in the population study of women in Gothenburg, Sweden *Am J Clin Nutr* 44 444-448

Latheef AS, Subramanyam G, Reddy KN and Vijaya J (1998) Adiposity in relation to blood pressure and lipids in elderly *The cardiothoracic Journal* 3(11):39 - 44

Latinen J, Power C and Jarvelin MJ (2001) Family Social Class, maternal body mass index, childhood body mass index, and age at menarche as predictors of adult obesity *Am J Clin Nutre* 74 287 - 294

Lavie CJ, Swuires RW and Gau GT (1987) Prevention of cardiovascular disease Of what value are risk factor modification, exercise, fish consumption and aspirin therapy ? *Cardiovascular disease* Vol. 81.

Law MR, Morris JK and Wald NJ (1997) Environmental tobacco smoke exposure and ischaemic heart disease an evaluation of the evidence *BMJ* 1997;315 973-980

Leaf DA (1990) Women and coronary artery disease *Pos Grad Med* 87(7):55-59.

Lebovitz HE (1999)

Type 2 diabetics . An overview Clinical Chemistry. 45 1339-1345

Lechleitner M, Miesenbock G and Patsch JR (1990)

HDL cholesterol, triglycerides and coronary heart disease Curr Opin Lipidol
1 330-333

Lemieux S, Prud'homme D, Nadeau A, Tremblay A, Bouchard C and Despres
JP (1996)

Seven year changes in body fat and visceral adipose tissue in women
Association with indexes of plasma glucose-insulin homeostasis Diabetes
Care 19:983-991

Lenz T, Peschke E, Scheuermann EH, Bölscher S, Kachel HG and Geiger H
(1999)

Hypertension is associated with hyperlipidemia, coronary heart disease, and
chronic graft failure in kidney transplant recipients. 51(5)290-295.

Leon AS and Connett J (1990).

Physical activity and 10.5 year mortality in the Multiple Risk Factor
Intervention Trial Int J Epidemiol 20:690

Lew E and Finkel GL (1979)

Variations in mortality by weight among 750,000 men and women. J. chronic
Dis. 32 563 - 576

Li-Ching Lyu, Posner BM, Ming-Jer Shieh, Lichtenstein AJ, Cupples AL,
Dwyer JT, Wilson PWF and Schaefer EJ (1994)

Cross-cultural comparisons between Taipei Chinese and Framingham
Americans: dietary intakes, blood lipids and apolipoproteins Asia Pacific
Journal of Clinical Nutrition Volume 3, Number 3 119-125

Lichtenstein AH, Austman LM, Jalbert SM et al. (1999)

Effects of different forms of dietary hydrogenated fats on serum lipoprotein
cholesterol levels New England Journal of Medicine 340 1933-1940.

Liu S, Manson JE, Stampfer MJ, Hu FB, Giovannucci E, Colditz GA,
Hennekens CH and Willett WC (2000).

A prospective study of whole-grain intake and risk of type 2 diabetes mellitus
in U.S. women. American Journal of Public Health 90 1409-1415.

Lonn EM and Yusuf S (1997).

Is there a role for antioxidant vitamins in the prevention of cardiovascular
diseases? An update on epidemiological and clinical trials data Can J Cardiol
13: 957-965

Louheranta AM, Turpeinen AK, Vidgren HM, Schwab US and Uusitupa MI
(1999).

A high trans fatty acid diet and insulin sensitivity in young healthy women
Metabolism 48 870-875.

Lu W, Resnick HE, Jablonski KA, Jones KL, Jain AK, Howard WJ, Robbins DC and Howard BV (2003)
HDL cholesterol as a predictor of cardiovascular disease in Type 2 diabetes (The Strong Heart Study). *Diabetes Care* 26 16-23

Luoma PV, Nahya S, Sakkila K and Hassi J (1995)
Antioxidants, diet and mortality from ischemic heart disease in rural communities in northern Finland. *J Intern Med* 237(1) 49-54

Mac Donald I (1967).
The effect of various dietary carbohydrates on the serum lipids during a five day regime *Clinical Science* 29 193-197

Malhotra H and Patel R (2003)
Hypertension *The Total Health* 68 38-51

Mani and Kannan (2003)
Studies on the clinico-metabolic changes in diabetes mellitus MSc thesis submitted to the Department of Foods and nutrition, Vadodara

Mani and Kumar (2003)
Studies on the clinico-metabolic changes in cardiovascular diseases MSc thesis submitted to the Department of Foods and nutrition, Vadodara

Mani and Gujarati (2002)
Mapping the prevalence of chronic degenerative diseases among free living adult population of urban Vallabh Vidyanagar MSc thesis submitted to the Department of Foods and nutrition, Vadodara

Mani and Khan (2002)
Prevalence of obesity and its causative factors among adults MSc thesis submitted to the Department of Foods and nutrition, Vadodara.

Mani and Mahida (2002)
An exploratory study on the identification of new markers for the assessment of metabolic control in diabetes mellitus MSc thesis submitted to the Department of Foods and nutrition, Vadodara

Mani UV and Tiwari Nalini (2002).
Prevalence of obesity and its causative risk factors among young adult females MSc thesis submitted to the Department of Foods & Nutrition, Vadodara

Mani UV, Desai S and Iyer U. (2000).
Studies on the long-term effect of spirulina on serum lipid profile and glycated serum proteins in NIDDM patients *J Nutraceuticals, Functional and Medical Foods* 2(3) 25-32

- Mani UV and Mani I (1988)
Serum triglyceride, cholesterol, lipoprotein cholesterol and urinary hydroxyproline levels in insulin dependent and non-insulin dependent diabetes J Clin Biochem Nutr 4 241-8
- Mani UV and Mani I (1987)
Effect of wheat bran supplementation on serum lipids and lipoprotein in NIDDM diabetics Plant Food Human Nutrition 37 · 161-168
- Mani UV, Goswamy S, Mani I, Patel S and Gujral S (1986)
Effect of wheat bran supplementation on serum lipids in diabetic rats Arogya J Health Sci XI · 168-170
- Manninen V, Tenkanen L, Koskinen P, Huttunen JK, Manttari M and Heinonen OP (1992)
Joint effect of serum triglyceride and LDL cholesterol and HDL cholesterol concentrations on coronary heart risk in the Helsinki heart Study Circulation 85.37-45
- Manocha A and Srivastava L (2002)
Triglycerides as an independent risk factor in coronary heart disease Emerging trends in the post prandial state Journal of Medical Sciences 5(1):5-14
- Manton KG and Stallard E (1996)
Longevity in the United States Age and Sex-Specific Evidence on Life Span Limits From Mortality Patterns 1960-1990 J Gerontol Bio Sciences 51A:B362-375.
- Marmot MG, Kogvinas M and Elston MA (1987)
Social / economic status and disease Ann Rev Public Health 8 111- 35
- Marmot MG, Rose G, Shipley M and Hamilton PJS (1978).
Employment grade and coronary heart disease in British civil servants J Epidemiol Community Health. 1978;32:244-249
- McKeigue PM, Shah B and Marnot MG (1991)
Relation of central obesity and insulin resistance with diabetes prevalence and cardiovascular risk in South Asians Lancet 337 382-386
- Medeiros DM, Auld GW, Bock MA, Gabel K, Laurantzen G, Lee YS, McNulty J, Newman R, Nitz Ortiz M, Read M, Schutz H and Sheehan ET (1996)
Diet fat intake knowledge, beliefs and practices are minimally influenced by health status Nutr Res 16· 751-758.
- Mertens IL and Van Gaal LF (2000)
Overweight, Obesity, and Blood Pressure The Effects of Modest Weight Reduction Obesity Research 8 270-278

Meyer KA, Kushi LH, Jacobs DR, Slavin J, Sellers TA and Folsom AR (2003)
Carbohydrates, dietary fiber, and incident type 2 diabetes in older women
American Journal of Clinical Nutrition 71. 921-930

Miller NJ and Rice-Evans CA (1997)
Factors affecting the antioxidant activity determined by the ABTS + radical
cation assay Free Rad Res 26(3) 195-99.

Monteiro CA, Conde WL and Popkin BM (2001).
Independent effect of income and education on the risk of obesity in the
Brazilian adult population J. Nutru 131.8815 - 8865

Munichoodappa C (2002)
Epidemiology and burden of type 2 diabetes mellitus In Type 2 Diabetes. The
Indian scenario 2025 ? A scientific publication from micro labs Ltd,
Bangalore 13-23

National Health and Nutrition Examination Survey (1985)
Hypertension and the status of awareness, treatment, and control in the USA
Final report of the Sub committee on Definition and Prevalence of the Joint
Natioanl Committee Hypertension 7 457-468.

NIH Report (1997)
National Institute of Health, National Heart Lung and Blood Institute, National
High Blood Pressure education program. The sixth report of the Jpint National
Committee on Prevention, Detection, Evaluation, and Treatment of High
Blood Pressure Washington, DC National Institute of Health publication No
98-4080

NNMB Report (1996)
Nutritional Status of Rural Population Report of NNMB Surveys Hyderabad,
National Nutrition Monitoring Bureau, National Institute of Nutrition

Ockene IS and Miller NH (1997)
Cigarette smoking, cardiovascular disease, and stroke: a statement for
healthcare professionals from the American Heart Association: American
Heart Association Task Force on Risk Reduction. Circulation 96 3243-3247.

Oeser DE (1997)
Obesity Part I · Epidemiology, Etiology and Pathophysiology and non-
pharmacotherapeutic treatments. The Internet Jr. of Academic Physician
Associates

Olefsky J, Farquhar JW and Reaven G (1973)
Relationship between fasting plasma insulin level and resistance to insulin-
mediated glucose uptake in normal and diabetic subjects. Diabetes 22 507-
513

- Oliver M (1982)
Diet and Coronary heart disease In The Nutrition Desk Reference, Robert Garrison and Elizabeth Somer, 3rd ed., Keats Publishing Publishing, New Canaan, Connecticut
- Omenn G S, Goodman G E, Thornquist M D, Balmes J, Cullen M R and Glass A (1996)
Effects of a combination of beta carotene and vitamin A on lung cancer and cardiovascular disease. *N Engl J Med* 334: 1150-1155
- Paffenbarger RS, Hyde RT, Wing AC, Lee IM, Jung DL and Kampert JB (1993).
The association of changes in physical activity level and other lifestyle characteristics with mortality among men. *NEJM* 328(8) 538-545
- Parikh P, Mani U and Iyer U (2001)
Role of Spirulina in the control of glycemia and lipidemia in Type 2 diabetes mellitus *Journal of Medicinal Food* 4(4).193-199
- Park MS, Kundchodkar BJ and Liepa GU (1987)
Effect of dietary animal and plant proteins on the cholesterol metabolism in immature and mature rats *Am Institute of Nutrition*, Nov 1987
- Perley M and Kipnis DM (1966)
Plasma insulin responses to glucose and tolbutamide of normal weight and obese diabetic and nondiabetic subjects. *Diabetes* 15 867-874
- Perry AC, Miller PC, Allison M D, Jackson ML and Applegate EB (1998)
Clinical predictability of the waist-to-hip ratio in assessment of cardiovascular disease risk factor in overweight, premenopausal women *Am J Clin. Nutri* 68 : 1022 - 1027.
- Pi - Sunyer F (1993)
Medical hazards of obesity *Ann Intern Med* 119 . 655 - 660.
- Pocock SJ, Cook DJ, Shaper AG, Phillips AN and Walker M (1987)
Social class differences in ischemic heart disease in British men *Lancet* 2:197-201
- Polonsky KS, Sturis J and Bell GI (1996).
Non-insulin-dependent diabetes mellitus a genetically programmed failure of the beta cell to compensate for insulin resistance *N. Engl J Med* 334:777-783
- Polonsky KS, Given BD, Hirsch L, et al. (1988).
Quantitative study of insulin secretion and clearance in normal and obese subjects. *J Clin Invest* 81 435-441

Popkin BM (2002)

The shift in stages of the nutritional transition in the developing world differs from past experiences¹ Public Health Nutrition, 5:205-214

Popkin BM, Paeratakuls, GK and Fengying Z (1995)

Body weight patterns among the Chinese . result from 1969 and 1991, China Health and Nutrition Surveys Am Jr. of Pub Health, 85 690 - 694

Powell KE, Caspersen CJ, Koplan JP and Ford ES (1988)

Physical activity and chronic diseases Am J Clin Nutr 49 999-1006

Premalatha G, Shanti Rani CS, Deepa E, Rema M and Mohan V (2000)

Prevalence of diabetic complications in South Indians – The Chennai Urban Population Study. Novo Nordisk Diabetes Update pg 59-63

Puska P, Salonen JT, Nissinen et al. (1983)

Changes in risk factors for Coronary Heart Disease during ten years of community intervention program. Br Med. Jr. 287 1840 - 1844

Ramchandra A and Snehalatha C (1999)

Type 2 diabetes mellitus - The epidemic of the 21st century The Indian scenario Int. J Diab Dev Countries 19 158 - 164.

Rapola J M, Virtamo J, Ripatti S, Huttunen J K, Albanes D, Taylor PR, and Heinonen OP (1997)

Randomised trial of α -tocopherol (Vit E) and β -carotene supplements on incidence of major coronary events in men with previous myocardial infarction Lancet 349. 1715-1720.

Rapola J M, Virtamo J, Haukka J K, Heinonen O P, Albanes D and Taylor PR (1996).

Effect of vitamin E and beta carotene on the incidence of angina pectoris: a randomized, double-blind, controlled trial. JAMA 275 693-698

Ravussin E and Tataranni A (1997).

Dietary fat and human obesity J Am Diet Assoc 97 (Suppl) S42-S46

Rewers M and Hamman, RF (1995).

Risk factors for non-insulin-dependent diabetes. In Diabetes in America, 2nd ed. (National Diabetes Data Group, ed), pp 179-220 National Institutes of Health/NIDDK, Bethesda, MD

Rimm EB, Ascherio A, Giovannucci E, Spiegelman D, Stampfer MJ and Willett WC. (1996).

Vegetable, fruit, and cereal fiber intake and risk of coronary heart disease among men. JAMA 275:447-51.

Rimm EB, Klatsky A, Grobbee D and Stampfer MJ (1996)
Review of moderate alcohol consumption and reduced risk of coronary heart disease is the effect due to beer, wine, or spirits? *British Medical Journal* 312 731-736

Rippe JM, Crossley S, Ringer R (1998)
Obesity as a chronic disease modern medical and lifestyle management
J Am Diet Assoc (10 Suppl 2) S9-15

Ross R (1999)
Atherosclerosis--an inflammatory disease *N Engl J Med* 340 115-126

Rossetti L (2002)
Glucose toxicity : The implications of hyperglycemia in the pathophysiology of diabetes mellitus Division of Endocrinology. Dept. of Medicine, Diabetes Research Center Albert Einstein College of Medicine of Yeshiva University. Bronx NewYork, USA

Rye KA, Clay MA and Barter PJ (1999)
Remodelling of high density lipoproteins by plasma factors *Atherosclerosis* 145 227-238.

Rywik SL, Manolio TA, Pajak A, Piotrowski W, Davis CE, Broda GB and Kawalec E. (1999)
Association of lipids and lipoprotein levels with total mortality and mortality caused by cardiovascular and cancer diseases (Poland and United States Collaborative Study on Cardiovascular Epidemiology *Am J Cardiology* 84:540-548

Saltiel AR (2000)
The molecular and physiological basis of insulin resistance emerging implications for metabolic and cardiovascular disease. *J Clin Invest* 106:163-164

Samaras K, Kelly PJ, Chiano MN, Spector TD and Campbell LV (1999)
Genetic and environmental influences on total-body and central abdominal fat The effect of physical activity in female twins. *Ann Intern Med* 130:873-882

Schumacher MC, Hasstedt SJ, Hunt SC, Williams RR, Elbein SC (1992)
Major gene effect for insulin levels in familial NIDDM pedigrees. *Diabetes* 41:416-423

Shah SC and Sadaria K (2003)
Coronary artery disease: An overview *The Total Health* 68:12-22

Shahid A (2000)
Lipoproteins and coronary artery disease *Jr of Pak Med. Association* 50(2) Editorial.

Sharett AR, Ballantyne CM, Coady SA, Heiss G, Sorlie PD and Patsch W (2001)

Coronary heart disease prediction from lipoprotein cholesterol levels, triglycerides, lipoprotein(a), apolipoproteins A-1 and B, and HDL density subfractions The Atherosclerosis Risk in Communities (ARIC) Study
Circulation 104 1108-1113

Shapiro S, Weinblatt E, Frank CW and Sagar RV (1969)

Incidence of coronary heart in a population insured for medical care (HIP) Myocardial infarction, angina pectoris and possible myocardial infarction Am J Public Health 59 1 - 9

Shekelle RB and Stamler J (1989)

Dietary cholesterol and ischemic heart disease Lancet 1: 1177-1179

Shestak DB, Devereux RB, Kannel WB, et al (1993)

Increased risk of coronary heart disease death in men with low total and low-density lipoprotein cholesterol in the Austrian lipid research clinics prevalence follow-up study Circulation 88 846-853

Shetty PS (1997)

Obesity and Physical Activity NFI Bulletin 18(2) 1-5

Sobal J and Stunkard AJ (1989)

Socio-economic status and obesity A review of the literature The literature. Psychological bulletin 105 260-275.

Stamler J, Vaccaro O, Neaton JD and Wentworth D (1993)

Diabetes, other risk factors, and 12yr cardiovascular mortality in men screened in multiple risk factor intervention trial. Diabetes Care 16 434-44

Stamler J, Wentworth DN and Neaton JD (1989).

Blood pressure (systolic and diastolic) and risk of fatal coronary heart disease. Hypertension, 13 (Suppl 5) 12-112.

Stampfer M J, Hennekens C H, Manson J E, Colditz G A, Rosner B and Willett W C (1993)

Vitamin E consumption and the risk of coronary disease in women N Engl J Med 328: 1444-1449

Steinberg D, Parthasarathy S, Carew TE, Khoo JC and Witztum JL (1989)

Beyond cholesterol Modification of LDL that increase atherogenicity New Engl. J Med. 320 915 - 924.

Steinberg D (1992).

Antioxidants in the prevention of human atherosclerosis Summary of the proceedings of a National Heart, Lung, and Blood Institute Workshop September 5-6, 1991, Bethesda, Maryland Circulation 85:2338

Stenger PD (2001)

American Diabetes Association (ADA) 2001

Stephens N G, Parsons A, Schofield P M, Kelly F, Cheeseman K and Mitchinson M J (1996)

Randomised controlled trial of vitamin E in patients with coronary disease
Cambridge heart antioxidant study (CHAOS) *Lancet* 347 781-786

Stern M P, Mitchell B D, Blangero J, Reinhart L, Kammerer C M, Harrison C R, Shipman PA, O'Connell P, Frazier M L and MacCluer J W (1996)

Evidence for a major gene for type II diabetes and linkage analyses with selected candidate genes in Mexican-Americans. *Diabetes* 45 563-568

Syvanne M and Taskinen MR (1997)

Lipids and Lipoproteins as coronary risk factors in non-insulin dependant diabetes mellitus *Lancet* 350 (Suppl) . 20 - 23.

Syvänne M, Hilden H and Taskinen MR (1994)

Abnormal metabolism of postprandial lipoproteins in patients with non-insulin-dependent diabetes mellitus is not related to coronary artery disease *J Lipid Res* 35 15-26

Syvanne M, Kahri J, Virtanen KS and Taskinen MR (1995)

HDLs containing apolipoproteins A-I and A-II (LpA-I A-II) as markers of coronary artery disease in men with non-insulin-dependent diabetes mellitus *Circulation* 1995, 92 364-70

Taskinen MR (1990)

Hyperlipidaemia in diabetes. *Baillieres Clin Endocrinol Metab* 1990, 4 743-75

Tato F, Vega GL and Grundy S (1997)

Determinants of plasma HDL-cholesterol in hypertriglyceridemic patients
Role of cholesterol ester transfer protein and Lecithin Cholesteryl Acyl Transferase. *Arterioscler Thromb Vasc Biol* 17:56-63

Taylor RW, Keil D, Gold EJ, Williams and Goulding A (1999)

Body mass index, waist girth, and waist-to-hip as indices of total regional adiposity in women Evaluation using receiver operating characteristic curves *Am J of Clin Nutr* Vol 69, No.6, 1061-1063,

Tijburg L B M, Mattern T, Folts J D, Weisgerber U M and Katan M B.(1997)

Tea flavonoids and cardiovascular diseases: A review *Crit Rev Fd Sci Nutr* 37:771

Tremblay A, Despres J, Maheux J, Pouliot MC, Nadeau A, Moorjani S, Lupien PJ and Bouchard C (1991)

Normalization of the metabolic profile in obese women by exercise and a low fat diet *Med Sci Sports Exerc* Dec ; 23(12) 1326-31

Ulbricht TL, Southgate DA (1991)
Coronary heart disease seven dietary factors Lancet 338 985-92

UN Population Division World Urbanisation Prospects (1988)
United Nation Report 4 New York NY

US Dept of Health and Human Services (1989)
Reducing the Health Consequences of Smoking 25 Years of Progress A
Report of the Surgeon General. US Department of Health and Human
Services, Public Health Service, Centers for Disease Control, Center for
Chronic Disease Prevention and Health Promotion, Office on Smoking and
Health; DHHS Publication (CDC) 89-8411

US Dept of Health and Human Services (1990)
The Health Benefits of Smoking Cessation A Report of the Surgeon General
USDHHS, Centers for Disease Control Office of Smoking and Health; DHHS
Publication (CDC) 90-8416

Vermeulen A (1990).
Plasma lipid and lipoprotein levels in obese post-menopausal women. effects
of a short-term low-protein diet and exercise. *Maturitas* 12(2).121-126

Veronique R L (2000)
Cardiovascular disease: an unwomanly disorder? Lancet 356 suppl 1. s10.

Visweswara Rao (1996)
Man in India, 75(3) 241 - 249. *NFI Bulletin* 17(3) 1-5.

Walldius G, Jungner I, Holme I, Aastveit A, Kolar W and Steiner E (2001).
High Apo B, Low Apo A1, and improvement in the prediction of fatal
myocardial infarction (AMORIS Study): a prospective study. Lancet 358 2026-
2033

Wells AJ (1998).
Heart disease from passive smoking in the workplace. *J Am Coll Cardiol*
1998;31 1-9

Weyer C, Bogardusc, Mott D and Pratley R (1999)
The natural history of insulin secretory dysfunction and insuline resistance in
the pathogeresis of type 2 diabetes mellitus *J. Clin. Invest* 104 (6): 787 - 794

Whig J, Singh CB, Soni GL and Bansal AK (1992)
Serum lipids and lipoprotein profiles of cigarette smokers and passive
smokers *Indian J Med Res (B)* 96 282-287

Willems D and Dorchy H (1990).
Lipoprotein and apolipoproteins levels in young insulin dependent diabetic
patients. Relation with glycosylated Hb and fructosamine *Presse Med*
19(1) 17-20

Willett WC, Manson JE, Stampfer MJ, Colditz GA, Rosner B, Speizer FE and Hennekens CH (1993)

Weight, weight change, and coronary heart disease in women Risk within the "normal" weight range. *J of Am Med Assoc* 273(6) 461-465

Williams RB, Barefoot JC, Califf RM, Haney TL, Saunders WB, Pryor DB, Hlatky MA, Siegler IC and Mark DB (1992)

Prognostic importance of social and economic resources among patients with angiographically documented coronary artery disease. *JAMA* 1992;267:520-524

Wilson TS, Datta SB, Murrell JS and Andrews CT (1973)

Relation of vitamin C levels to mortality in a geriatric hospital: a study of the effect of vitamin C administration *Age Aging* 2 163-171

Winocour PH Durrington PN, Ishole M and Anderson DC (1986).

Lipoprotein abnormalities in IDDM *Lancet* 24 1(8491) 1176-1178

Wolever TM, Hamad S, Gittelsohn J, Gao J, Hanley AJ, Harris SB and Zinman B (1997).

Low dietary fiber and high protein intakes associated with newly diagnosed diabetes in a remote aboriginal community. *American Journal of Clinical Nutrition* 66 1470-1474

Wolffenbuttael BHR and Drewoski J (1999)

Prevention of complications in type 2 diabetes mellitus *Med Sci Monit* 5:1013-1019.

WHO (2003)

WHO Technical report series 916 Diet Nutrition and the Prevention of Chronic diseases.

World Health Organization (2001)

Prevalence, awareness, treatment and control of hypertension among the elderly in Bangladesh and India: a multicentre study Hypertension Study Group 79: 490-500

World Health Organisation (1998).

Life in the 21st Century : A vision for all The World Health Organisation report . WHO Geneva

World Health Organisation (1995)

Physical status: The use and interpretation of anthropometry Report of a WHO Expert Committee, Geneva, World Health Organisation's Technical Report Series No.854 368-369

World Health Organisation (WHO) (1993)
Summary of 1993, WHO, International Society of Hypertension Guidelines for
the Management of Mild Hypertension BMJ 307 1541-1547

World Health Organisation (WHO) (1985)
Diabetes Mellitus · Report of a WHO study group Geneva WHO Technical
report series

World Health Organisation (WHO) (1980)
Expert committee on diabetes mellitus Second report, Geneva WHO
Technical report series 646

Yoshimasu K (2001)
Relation of Type A Behavior Pattern and Job-Related Psychosocial Factors to
Nonfatal Myocardial Infarction: A Case-Control Study of Japanese Male
Workers and Women Psychosomatic Medicine 63 797-804