

# LIST OF ABBREVIATIONS

|                        |                                                                                      |
|------------------------|--------------------------------------------------------------------------------------|
| <b>ABTS</b>            | 2,2'-Azino-di-[3-ethylbenzthiazoline sulphonate]                                     |
| <b>AGRP</b>            | Agouti-Related Protein                                                               |
| <b>Apo</b>             | Apolipoprotein                                                                       |
| <b>ARIC Study</b>      | Atherosclerosis Risk in Communities Study                                            |
| <b>ATBC</b>            | Alpha Tocopherol Beta carotene Cancer Prevention Study                               |
| <b>ATP</b>             | Adenosine - 5 - triphosphate                                                         |
| <b>BMI</b>             | Body Mass Index                                                                      |
| <b>BRFSS</b>           | Behavioral Risk Factor Surveillance System                                           |
| <b>CAD</b>             | Coronary Artery Disease                                                              |
| <b>CARET</b>           | Beta Carotene and Retinal Efficiency Trial                                           |
| <b>CDD</b>             | Chronic Degenerative Diseases                                                        |
| <b>CE</b>              | Cholesteryl Ester                                                                    |
| <b>CETP</b>            | Cholesteryl Ester Transfer Protein                                                   |
| <b>CHD</b>             | Coronary Heart Disease                                                               |
| <b>CHAOS</b>           | Cambridge Heart Antioxidant Study                                                    |
| <b>CHO</b>             | Carbohydrate                                                                         |
| <b>CVD</b>             | Cardio Vascular Disease                                                              |
| <b>DECODE</b>          | Diabetes Epidemiology Collaborative Analysis of Diagnostic Criteria in Europe        |
| <b>EURAMIC</b>         | European Multicentric Study on Antioxidants, Myocardial Infarction and Breast Cancer |
| <b>FBS</b>             | Fasting Blood Sugar                                                                  |
| <b>FER</b>             | Fat Energy Ratio                                                                     |
| <b>FFA</b>             | Free Fatty Acids                                                                     |
| <b>GK</b>              | Glycero Kinase                                                                       |
| <b>GOD</b>             | Glucose Oxidase                                                                      |
| <b>GPO</b>             | Glycerol Phosphate Oxidase                                                           |
| <b>HbA<sub>1</sub></b> | Glycated Haemoglobin                                                                 |
| <b>HC</b>              | Hypercholesterolemic                                                                 |
| <b>HDL-C</b>           | High Density Lipoprotein Cholesterol                                                 |

|                  |                                                  |
|------------------|--------------------------------------------------|
| <b>HL</b>        | Hyperlipidemic                                   |
| <b>HT</b>        | Hypertriglyceridemic                             |
| <b>IAPP</b>      | Islet Amyloid Poly Peptide                       |
| <b>IDDM</b>      | Insulin Dependent Diabetes Mellitus              |
| <b>IDL</b>       | Intermediate Density Lipoprotein                 |
| <b>IGT</b>       | Impaired Glucose Tolerance                       |
| <b>IHD</b>       | Ischemic Heart Disease                           |
| <b>INCLIN</b>    | International Clinical Epidemiologic Network     |
| <b>IOC</b>       | Indian Oil Corporation                           |
| <b>JNC</b>       | Joint National Committee                         |
| <b>LDL-C</b>     | Low Density Lipoprotein Cholesterol              |
| <b>MI</b>        | Myocardial Infarction                            |
| <b>MRFIT</b>     | Multiple Risk Factor Intervention Trial          |
| <b>MUFA</b>      | Monounsaturated Fatty Acid                       |
| <b>NaCl</b>      | Sodium Chloride                                  |
| <b>NCEP</b>      | National Cholesterol Education Programme         |
| <b>NFI</b>       | Nutrition Foundation of India                    |
| <b>NHANES</b>    | National Health And Nutrition Examination Survey |
| <b>NHLBI</b>     | National Heart Lung and Blood Institute          |
| <b>NIDDM</b>     | Non Insulin Dependent Diabetes Mellitus          |
| <b>NIH</b>       | National Institute of Health                     |
| <b>NNMB</b>      | National Nutrition Monitoring Bureau             |
| <b>Non HDL-C</b> | Non High Density lipoprotein Cholesterol         |
| <b>PHS</b>       | Public Health Study                              |
| <b>POD</b>       | Peroxidase                                       |
| <b>PROCAM</b>    | Prospective Cardiovascular Muenster Study        |
| <b>PUFA</b>      | Polyunsaturated Fatty Acid                       |
| <b>RDA</b>       | Recommended daily allowance                      |
| <b>RR</b>        | Relative Risk                                    |
| <b>SES</b>       | Socio Economic Status                            |
| <b>TC</b>        | Total Cholesterol                                |
| <b>TG</b>        | Triglyceride                                     |
| <b>TG-rL</b>     | Triglyceride rich lipoprotein                    |
| <b>UKPDS</b>     | United Kingdom Prospective Diabetes Study        |

|               |                                          |
|---------------|------------------------------------------|
| <b>VLDL-C</b> | Very Low Density Lipoprotein Cholesterol |
| <b>WC</b>     | Waist circumference                      |
| <b>WHR</b>    | Waist-hip ratio                          |
| <b>WHO</b>    | World Health Organisation                |