

List of Plates

Plate Number	Title	Page No
4.1	Composition of the calcium and vitamin D supplements provided by the research team	75
4.2	Monthly Calcium and Vitamin D supplements provided by the research team	76
4.3	Completely empty strips of the supplements brought by pregnant women	76
4.4	Partially empty strips brought by pregnant women	77
4.5	The above composition was provided by the PHCI as and when the supply was available	79
4.6	Pregnant women brought the empty strips of calcium and vitamin D supplements of different composition	80
4.7	Some of the compositions of Calcium and Vitamin D supplements provided in the Government ANC's	82
4.8	Some of the compositions of the Calcium and Vitamin D supplements that the pregnant women bought from outside pharmacy	83
4.9	Some of the ANC cards/ prescriptions from where the OP findings and recommended supplements were recorded	84
4.10	Some of the ANC cards/ prescriptions from where the OP findings and recommended supplements were recorded	85
4.11	Wall-mounted stature-meter	91
4.12	Comparison of the standard stature meter and the test stature meter	92

4.13	Measuring height with wall-mounted stature-meter	94
4.14	Digital weighing balance	95
4.15	Testing accuracy of weighing balance using standard weights	96
4.16	Testing accuracy of weighing balance by weighing two adults	96
4.17	Testing sensitivity of balances (adult + standard weight)	97
4.18	Automated digital BP monitor	97
4.19	20 µl pipette and lancet	99
4.20	Drabkin's solution with 5ml dispenser	99
4.21	Pipette containing 20 µl of blood	100
4.22	Filter paper with blood	100
4.23	Colourimeter with voltage stabilizer	101
4.24	Recording information on dietary intake by 24-hour recall method	105
4.25	Standardized and labelled utensils to collect information on dietary intake by 24-hour recall method	106