ANNEXURE-1



FACULTY OF ARTS

THE MAHARAJA SAYAJIRAO UNIVERSITY OF BARODA VADODARA – 390 002

January 10, 2012

Dr. M. Sreedevi Xavier Associate Professor

TO WHOM IT MAY CONCERN

Ms. Minni, K. T. is a Ph. D. student of this Department working under my guidance. Her Ph. D. topic is: "Health and Illness among the Geriatric of Gujarat: A Sociology of Health Study". May I request you to kindly provide her with the preliminary information required for the study? Once we finalize the sample to be studied, we would like to come back to your organization in order to collect the data in detail. Your cooperation is appreciated.

Thanking you,

Yours truly,

(Dr. M. Sreedevi Xavier) Research Guide

Signature of the student (Ms. Minni, K. T.)

ANNEXURE-2



FACULTY OF ARTS

THE MAHARAJA SAYAJIRAO UNIVERSITY OF BARODA VADODARA – 390 002

25 October, 2011

Dr. M. Sreedevi Xavier Associate professor

TO WHOM IT MAY CONCERN

Ms. Minni, K. T. is a Ph. D. student of this Department working under my guidance. May I request you to allow her to use your library facilities provided by the library/ institute for the purpose of her research study? If it is required to pay, she will do the same. I request you to provide, if possible, some concessional rates for Xeroxing, since she is not having any scholarship.

Thanking you,

Yours truly,

(Dr. M. Sreedevi Xavier) Research Guide

(Ms. Minni, K. T.) Signature of the student

ANNEXURE- 3

INTERVIEW SCHEDULE

GENERAL INFORMATION

| | Date |
|-----|---|
| 1. | NAME: |
| 2. | ADDRESS: |
| 3. | DISTRICT: |
| 4. | CITY/ TOWN: VILLAGE: |
| BA | CKGROUND |
| 5. | SEX: MALE FEMALE |
| 6. | AGE: |
| 7. | RELIGION: |
| 8. | CASTE: S. C: 9. |
| | TRIBE:SUB TRIBE |
| 10. | EDUCATIONAL QUALIFICATION: |
| | ILLITERATE UPTO MATRICULATE GRADUATE P OST - |
| | GRADUATE PROFESSIONAL |
| 11. | MARITAL STATUS: |
| | MARRIED WIDOWED SINGLE SEPARATED DIVORCED |
| | LIVE-IN- RELATIONSHIP |
| 12. | TYPE OF STAY: |
| | NUCLEAR FAMILY JOINT FAMILY OLD AGE HOME |
| 13. | TYPE OF OLD AGE HOME: |
| | NGO RUN SPIRITUAL BASED PRIVATE NRI RUN CASTE |

| BASEDCLASS BASED TRUST RUN ANY OTHER |
|---|
| 14. PROFESSION/ OCCUPATION: |
| BEFORE RETIREMENT |
| AFTER RETIREMENT |
| 15. ENGAGED IN ACTIVITY DISENGAGED |
| 16. SUFFERING FROM ANY ILLNESS: |
| 17. NUMBER OF CHILDREN: |
| MALE FEMALE |
| 18. NUM BER OF GRAND CHILDREN: |
| MALE FEMALE |
| 19. FINANCIAL CONDITION: |
| ECONOMICALLY DEPENDENT ECONOMICALLY INDEPENDENT |
| 20. REGULAR EXERCISE: |
| YES NO SOMETIMES |
| 21. ACCESS TO HEALTH CARE: |
| YES NO |
| 22. TYPE OF FOOD EATEN: |
| VECETARIAN NON VECETARIAN |

SPECIFIC QUESTIONS

SOCIO- CULTURAL ASPECTS EFFECTING THE HEALTH AND ILLNESS

BACKGROUND

| Q.NO | | |
|------|---|--|
| 1 | In what month and year were you born | (1) (2) Don't Know Month |
| | | (3) (4) Don't Know Year |
| 2 | How old are you now | (1) (2) Don't Know |
| 3 | What is your current marital status | (1) Never Married (2) Separated (3) Widowed (4) Live-in-relationship |
| 4 | For how many years have you been married or living together | (1) (2) Don't Know |
| 5 | Have you always lived in this place | (1) Yes (2) No |
| 6 | How long have you been living in this Place | (1) (2) Don't know |
| 7 | Where were you living before | (1) In another country (2) In another City (3) In another state (4) In another village (5) In another OH |

DWELLING OR HOME

| 10 | Is this House where you live? | (1) Owned by self (2) Owned by |
|----|--------------------------------|--|
| | | someone else in the family (3) On rent |
| | | (4) Others |
| 12 | How many rooms does this house | |
| | have, excluding bathrooms and | |
| | toilets | |
| | | |

SOCIAL RELATIONS

| 13 | How is your relationship with other members in the family? | (1) V Good (2) Good (3) Bad (4) V Bad (5) Ok |
|----|--|---|
| 15 | Are you happy with your living arrangement | (1) Yes (2) No |
| 16 | If you were to change your living arrangement, where would you prefer to stay and why? | (1) Stay Independently (2) With children(3) With relatives (4) In old age home |
| 17 | Do you have your spouse with you? | (1)Yes (2) No |
| 20 | How do you travel around | (1) Own vehicle (2) Public transport(3) Relatives vehicle (4) Taxi (5)Others Specify |
| 21 | Do you feel uncomfortable while travelling by public transport | (1)Yes (2) No |
| 22 | Who takes care of your basic daily needs if necessary | (1) Self (2) Wife (3) Children (4) Relatives (5) Friends (6) Care taker (7) Others, specify |
| 23 | Do you visit your relatives? | (1)Yes (2) No |
| 24 | How often | (1) Daily (2) Once a week (3) Once a month (4) Once a year (5) Others, Specify (6) Never (7) Not fixed, whenever possible |
| 25 | Do the relatives visit you? | (1)Yes (2) No |
| 26 | Do you have friends? | (1)Yes (2) No |
| 27 | Do you meet them often? | (1)Yes (2) No (3) Sometimes |
| 28 | Do you share your personal problems and worries with them? | (1)Yes (2) No |
| 29 | Do they suggest solutions for it? | (1)Yes (2) No |

SOCIO - CULTURAL

| 30 | Are you in any kind of caste related occupation? | (1)Yes (2) No |
|----|---|--|
| 31 | If in agriculture do you engage in manual labour? | (1)Yes (2) No |
| 32 | How many hours do you work in a day? | |
| 33 | Who takes care of you during illness? | (1) Spouse (2) Relatives (3) Friends(4) Children (5) Care taker (6)Others, specify |
| 34 | If in an organization, does your family visit you? | (1)Yes (2) No |
| 35 | If yes, how often? | (1) Daily (2) Once a week (3) More than once a week (4) Once a month (5) Once a year (6) Never (7) Others, Specify |
| 36 | Is your partner in a position to look after you in case you fall sick? | (1)Yes (2) No |
| 37 | Who takes care of your food and washing? | (1) Spouse (2) Children (3) Relatives (4) Self (5) Maid (6) Others' specify |
| 38 | Case of a widow, is there any kind of restriction on your movement and food? | (1)Yes (2) No |
| 39 | Have your status in the family and society changed after your partner's demise? | (1)Yes (2) No |
| 40 | Have your role in the family changed? | (1)Yes (2) No |
| 41 | If yes, what are the changes? | (1) Less respect (2) Avoidance(3) Sympathy (4) Restrictions(5) Others, Specify |

| 42 | Are you included in the decision making process? | (1)Yes (2) No |
|----|--|------------------------------------|
| 43 | Are you happy with the locality of your house? | (1)Yes (2) No (3) Ok |
| 44 | In rural areas, would you like to stay in town? | (1)Yes (2) No |
| 45 | How many of your children are staying with you? | (1) All (2) None (3) One |
| 46 | Have any of your children migrated to other places? | (1)Yes (2) No |
| 47 | What is the reason for their | (1) Economic (2) Better lifestyle |
| | migration? | (3) Other, specify |
| 48 | Do you visit your children in other towns or countries? | (1)Yes (2) No |
| 49 | Would you like to go and stay with them? | (1)Yes (2) No |
| 50 | How often do you stay with them | (1) Frequently (2) Once in a while |
| | | (3) Never (4) Others, specify |
| 51 | Do the children treat you with respect? | (1)Yes (2) No |
| 52 | Do you have property or land | (1)Yes (2) No |
| 53 | Have you partitioned it among your children | (1)Yes (2) No |
| 54 | If yes, are you satisfied with the distribution | (1)Yes (2) No |
| 55 | Where there any kind of conflict during the process | (1)Yes (2) No |
| 56 | Did you experience any kind of stress during the process | (1)Yes (2) No |
| 57 | Are the children happy with their share | (1)Yes (2) No |

| 58 | At present is there any kind of conflict between you and your children regarding the property | (1)Yes (2) No |
|----|--|---|
| 60 | How often have you found that you could not cope with all the things that you had to do | (1) Never (2) Sometimes (3) Fairly often (4) Very often |
| 62 | How often have you found that you could not cope with all the things that you had to do? | (1) Never (2) Almost never(3) Sometimes (4) Fairly often(5) Very often |
| 63 | All things considered, how satisfied are you with your life. Would you say you are? | (1) Very satisfied (2) Satisfied(3) Neither satisfied nor dissatisfied(4) Dissatisfied (5) Very dissatisfied |
| 66 | Have you attended any public meeting in which there was discussion of local or school affairs? | (1) Yes (2) No |
| 67 | Have you met personally with someone you consider to be a community leader? | (1) Yes (2) No |
| 68 | Have you attended any club or organizational meeting? | (1) Yes 2) No |
| 69 | Have you had friends over to your home? | (1) Yes (2) No |
| 71 | Did you socialize with coworkers outside of work? | (1) Yes 2) No |
| 73 | how often do you go out of this house/building to attend social meetings, activities, programs or events or to visit friends or relatives? | (1) Less than once per week(2) Once per week (3) Two to 3 times per week (4) About once per month(5) Less than once per month (6) Never |

ENVIRONMENTAL RISK FACTORS / WATER AND SANITATION

| 74 | What type of floor does your house have | (1) Hard Floor (2) Earth Floor |
|----|---|--|
| 75 | What type of wall does your house have | (1) Cement, Brick, Wood (2) Mud(3) Plastic Sheet (4) Metal Sheet(5) Other |
| 76 | What is the main source of drinking water in your house | (1) Piped water through water connection (2) Community pipe (3) Covered tube well (4) Covered dug well (5) Uncovered dug well (6) Rain water harvesting (7) Stagnant water source (Pond, dam, Lake etc) (8) River, Stream (9) Tanker |
| 77 | How long does it take to get there, get water and come back | (1) Less than 5 minutes (2) 30 min or less(3) 60 min or less (4) 90 min or less(5) More than 90 min |
| 78 | Are there at least one bucket of water per person | (1) yes (2) No |
| 79 | What type of toilet facility do you have in your house | (1) Flush Toilet (2) Covered dry latrine(3) Uncovered dry latrine (4) Open field or area (5) Other |
| 80 | How far is the toilet facility from your dwelling | (1) Within property/ used by single household (2) Yard used by multiple house holds |
| 81 | What type of fuel does your household use | (1) Gas (2) Electricity (3) Kerosene (4) Wood (5) Animal dung (6) Other |
| 82 | What type of cooking stove is used | (1) Open fire or stove without |

| | in your house | chimney |
|----|--------------------------------|---|
| | | (2) Open stove or fire with chimney |
| | | (3) Gas stove (4) Cook outside the house |
| | | (5) Other |
| 83 | Where is cooking usually done? | (1) In a room used for living or sleeping |
| | | (2)In a separate room used as kitchen |
| | | (3) Outdoor (4) Other |

ECONOMIC ASPECTS EFFECTING THE HEALTH AND ILLNESS PERMANENT INCOME INDICATORS (ASSETS)

| 84 | Does your home have electricity? | (1) Yes (2) No |
|----|-----------------------------------|-----------------------------------|
| 85 | Do you have any motorised vehicle | (1) Car (2) Bike/ Scooter |
| 86 | Do you have a bicycle | (1) Yes (2) No |
| 87 | Do you have Phone | (1) Land line (2) Mobile (3) None |
| 88 | Do you have a refrigerator | (1) Yes (2) No |
| 89 | Do you have a television | (1) Yes (2) No |
| 90 | Do you have a computer | (1) Yes (2) No |
| 91 | Do you have a radio | (1) Yes (2) No |

TOTAL INCOME FOR THE HOUSEHOLD IN THE LAST 12 MONTHS (PREVIOUS TO TODAY) FROM PAID WORK OR OTHER SOURCES.

| 92 | Do you have a regular source of | (1) Yes (2) No |
|----|-----------------------------------|---------------------------------------|
| | income | |
| | | |
| 93 | What is the source of your income | (1) Pension/ P.F/ Social Security (2) |
| | | Wage/ Salary from Job (3) Earnings |
| | | from selling something (4) Rent from |
| | | anywhere (5) Interest from dividends/ |

| | | fixed deposits (6) others |
|----|---|---|
| 94 | About how much does this source provide you in the last 12 months | (1)(2) Don't know |
| 95 | Do you have any additional source of income | (1) Yes (2) No |
| 96 | About how much additional income did you get these last 12 months other than your main source | (1) (2) Don't know |
| 97 | How many people depend on your income | (1) |
| 98 | Is your income sufficient to cover your daily living needs and obligations | (1) Yes (2) No |
| 99 | What would you say your household financial situation is? | (1) Very good (2) Good (3) Moderate (4) Bad (5) Very Bad |

HOUSEHOLD EXPENDITURE

| 100 | In the last 30 days, how much did | (1)(2) Don't Know |
|-----|-----------------------------------|-------------------|
| | your household spend in total | |
| | | |

In the last 30 days, how much did your household spend on?

| 101 | Kitchen groceries | (1)(2) Don't Know |
|-----|---|--------------------|
| 102 | Housing, Gas, Electricity, water, telephone, fuel etc | (1)(2) Don't Know |
| 103 | Health care | (1)(2) Don't Know |
| 104 | Insurance premium | (1)(2) Don't Know |
| 105 | All others (weddings, Parties etc) | (1)(2) Don't Know |
| 106 | Health care that required staying overnight in a hospital or health facility? | (1) (2) Don't Know |

| 107 | Health care by doctors, nurses, or trained midwives that did not require an overnight stay? | (1) (2) Don't Know |
|-----|---|--------------------|
| 108 | Health care by traditional or alternative healers (use other local names)? | (1) (2) Don't Know |
| 109 | Dentist | (1)(2) Don't Know |
| 110 | Medications or Drugs | (1)(2) Don't Know |
| 111 | Glasses, Hearing Aids, Prosthetic Services etc | (1)(2) Don't Know |
| 112 | Diagnostic and laboratory tests | (1)(2) Don't Know |

In the last 12 months, which of the following financial sources did your household use to pay for any health expenditure?

| 113 | Current income of any household members | (1) Yes (2) No (3) Don't Know |
|-----|---|-------------------------------|
| 114 | Savings (e.g. bank account) | (1) Yes (2) No (3) Don't Know |
| 115 | Payment or reimbursement from a health insurance plan | (1) Yes (2) No (3) Don't Know |
| 116 | Sold items (Jewelry, Furniture etc) | (1) Yes (2) No (3) Don't Know |
| 117 | Family members or friends from outside the household | (1) Yes (2) No (3) Don't Know |
| 118 | Borrowed from someone other than a friend or family | (1) Yes (2) No (3) Don't Know |
| 119 | Other | (1) Yes (2) No (3) Don't Know |
| | Specify: | |

FAMILY AND KIN (TRANSFERS IN)

| 120 | In the last 12 months, has anyone in | (1) yes | (2)No |
|-----|--|---------|-------|
| | the household received any financial | | |
| | or in- kind assistance from you | | |
| | (children and siblings who do not live | | |

| | with you) | |
|-----|---|--|
| 121 | What type of assistance did they receive | (1) Money (2) Food (3) Clothing(4) Help with medicines/ health care(5) Transportation (6) Others |
| 122 | About how much would this assistance amount to over the last 12 months | (1) (2) Don't know |
| 123 | Do you consider This assistance as income that you can count on in the future | (1) Yes (2) No (3) Don't know |

COMMUNITY TRANSFERS AND ASSISTANCE

| 124 | In the last 12 months, have you received any financial or in- kind assistance from family or relatives | (1) YES (2) No |
|-----|--|--|
| 125 | What type of assistance did you receive | (1) Money (2) Food (3) Clothing(4) Help with medicines/ health care(5) Transportation (6) Others |
| 126 | About how much would this assistance amount to | (1) (2) Don't know |
| 127 | In the last 12 months, have you received any financial or in- kind assistance from any clubs, groups in your community | (1) YES (2) No |
| 128 | What type of assistance did you receive | (1) Money (2) Food (3) Clothing (4) Help with medicines/ health care |

| | | (5) Transportation (6) Others |
|-----|---|--------------------------------------|
| 129 | About how much would this | (1) |
| | assistance amount to | (2) Don't know |
| 130 | Can you count on these kind of help in | (1) Yes (2) No |
| | the future | (3) Don't know |
| 131 | In the last 12 months, have you | (1) Yes |
| | received any financial or in- kind assistance from the govt | (2) No |
| | | |
| 132 | What type of assistance did you | (1) Money (2) Food (3) Clothing |
| | receive | (4) Help with medicines/ health care |
| | | (5) Transportation (6) Others |
| 133 | About how much would this | (1) |
| | assistance amount to | (2) Don't know |
| 134 | Can you count on these kind of help in | (1) Yes (2) No |
| | the future | (3) Don't know |

WORK HISTORY AND BENEFITS

| 135 | Have you ever, in your life worked from which you received payment in money or goods | (1) Yes (2) No |
|-----|--|--|
| 136 | What is main reason that you have never worked | (1) Homemaker/ Caring for family (2) Couldn't find a job (3) Do unpaid work/ voluntary work (4) Health problems (5) Did not have the economic need (6) Other specify: (7) Don't know |
| 137 | Are you currently working for pay | (1) Yes (2) No |

| 138 | At what age did you start working for pay | (1) (2) Don't Know |
|-----|--|--|
| 139 | Who is your current employer | (1) Govt (2) Self- employed (3) Employer |
| 140 | How many days a week do you work in your job | (1) (2) Don't Know |
| 141 | How many hours a day do you work in your job | (1)Hrs (2)Don't Know |
| 142 | How long have you been in this job | (1)(2)Don't Know |
| 143 | In this job, do you receive any of the following benefits | (1) No benefits (2) Pension (3) Medical services (4) Food or provisions (5) Cash bonuses (6) Other, Specify:(7) Others |
| 144 | Have you worked at more than one job over the last 12 months | (1) Yes (2) No |
| 145 | If stopped working, what is the reason for that | (1) Retirement (2) Health problems(3) My family did not want me to work(4) I wanted to stop working (5) Don't Know |
| 146 | At what age did you stop working | (1) Years (2) Don't Know |
| 147 | How many years ago did you stop working | (1) Years (2) Don't Know |
| 148 | Are you actively looking for work | (1) yes (2) No |
| 149 | Why are you looking for work now | (1) Need money (2) Wants to be active(3) Wants to feel useful (4) Help my family (5) Other, |

| | | Specify: |
|-----|---|--|
| | | (6) Don't Know |
| 150 | Have you undergone any kind of | (1) yes |
| | surgery | (2) No |
| 151 | How much have been spend on it | |
| 152 | Who paid it | (1) Self (2) Relatives (3) Friends |
| | | (4) Charity (5) Others, Specify |
| 153 | Will you be able to afford a surgery if | (1) yes |
| | another emergency occurs | (2) No |
| 154 | Do you have enough income to | (1) yes |
| | sustain yourself | (2) No |
| 155 | Whom do you depend for your sustenance | (1) Children (2) Relatives (3) Friends (4) Community (5) Charity (6) Others, Specify |
| 156 | Who pays to the doctor in case of illness | (1)Self (2) The organization (3) Charity |
| | | (4) Children (5) Relatives (6) Friends |
| | | (7) Others, specify |
| 157 | Do you have to pay to the old age | (1) yes |
| | home to stay here | (2) No |
| 158 | How much did you Pay | |
| 159 | Is the money paid for | (1) Month (2) Year (3) Lifetime (4) Others, specify |
| 160 | Who made the payment? | (1) Self (2) Children (3) Relatives (4) Others, specify |
| 161 | Are you getting pension | (1) yes (2) No |
| 162 | Is it enough for you to live comfortably? | (1) yes |

| | | (2) No |
|-----|--|----------------|
| 163 | If self employed, do you keep aside | (1) yes |
| | for health care? | (2) No |
| 164 | Are you suffering from any | (1) yes |
| | occupational related health issues | (2) No |
| 165 | Were you compensated for it | (1) yes (2) No |
| 166 | If yes, did it cover your treatment expenses | (1) yes (2) No |
| 167 | Do the company you are working in | (1) yes |
| | give medical benefits | (2) No |
| 168 | Is there a set limitation in the amount | (1) yes |
| | that can be claimed for medical | (2) No |
| 169 | Do you enjoy the medical benefits | (1) yes |
| | after the superannuation | (2) No |
| 170 | If no, will you lose it if you take up | (1) yes |
| | another job | (2) No |

EFFECTS OF PHYSICAL PROBLEMS ON HEALTH AND ILLNESS HEALTH STATUS

| 171 | In general, how would you rate your | (1) Very good (2) Good (3) |
|-----|--|--------------------------------|
| | health today | Moderate |
| | | (4) Bad (5) Very bad |
| 172 | In the last 30 days, how much | (1) None (2) Mild (3) Moderate |
| | difficulty did you have with your household activities | (4) Severe (5) Extreme |
| 173 | In the last 30 days, How much | (1) None (2) Mild (3) Moderate |
| | difficulty did you have with moving around | (4) Severe (5) Extreme |

| 174 | In the last 30 days, how much difficulty did you have in vigorous activities | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
|-----|--|--|
| 175 | In the last 30 days, how much difficulty did you have with self- care | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 176 | In the last 30 days, how much bodily discomfort did you have | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 177 | How much difficulty do you have concentrating or remembering things | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 178 | How much difficulty do you have with personal relationships or participation In the community | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 179 | In the last 30 days, how much of a problem did you have in dealing with conflicts and tensions with others | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 180 | In last 30 days, how much of a problem did you have with breathing, shortness of breath at rest | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 181 | Problem of breathing, shortness of breath while climbing uphill or stairs | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 182 | Last 30 days how much of a problem did you have sleeping | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 183 | In the last 30 days how many times have you felt lack of rest or tiredness | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 184 | In the last 30 days how much of a problem did you have with worry or anxiety | (1) None (2) Mild (3) Moderate (4) Severe (5) Extreme |
| 185 | When was the last time you had your eyes examined by a medical professional | (1)Never (2) Within last 12 months (3) 1-2 years ago (4) 3-4 years ago |

| | | (5) 5 or more years ago |
|-----|--|--------------------------------|
| 186 | Do you use Glasses To see far away | (1) Yes |
| | | (2) No |
| 187 | Do you use Glasses to see close up | (1) Yes |
| | | (2) No |
| 188 | Do you have difficulty in seeing and | (1) None (2) Mild (3) Moderate |
| | recognizing a person or object from a distance | (4) Severe (5) Extreme |
| 189 | Do you have difficulty in seeing and | (1) None (2) Mild (3) Moderate |
| | recognizing objects at arms length | (4) Severe (5) Extreme |
| 190 | Do you wear a hearing aid | (1) yes (2) No |
| 191 | Do you have difficulty in hearing | (1) None (2) Mild (3) Moderate |
| | someone talking on the other side of | (4) Severe (5) Extreme |
| | the room in a normal voice | |
| 192 | In the last 30 days ,how much | (1) None (2) Mild (3) Moderate |
| | difficulty have you had with urinating or controlling your urine | (4) Severe (5) Extreme |
| 193 | In the last 30 days how much | (1) None (2) Mild (3) Moderate |
| | difficulty have you had with defecating, constipation | (4) Severe (5) Extreme |

RISK FACTORS

| 194 | Have you ever smoked tobacco or | (1) Yes |
|-----|----------------------------------|-----------------------------------|
| | chewed tobacco | (2) No |
| 195 | Do you currently smoke or chew | (1) Yes, Daily (2) Yes, Not daily |
| | tobacco | (3) No |
| 196 | For how many years have you been | (1) |
| | smoking or chewing tobacco | (2) Don't Know |
| 197 | Have you ever consumed alcohol | (1) Yes (2) No |

| 198 | Have you consumed alcohol in the last | (1) Yes |
|---------|---------------------------------------|--------------------------------|
| | 30 days | (2) No |
| 199 | How frequently do you have alcohol | (1) Daily (2) Once a week (3) |
| | in a week | More than twice a week (4) Not |
| | | every week |
| • • • • | | |
| 200 | How many servings of fruit do you | (1) |
| | have on a day | (2) Don't Know |
| 201 | How many servings of vegetables do | (1) |
| | you have a day | (2) Don't Know |

PHYSICAL ACTIVITY

| 202 | Do you do any kind of exercise | (1) Yes (2) No |
|-----|---|--|
| 203 | Body mass | (1) Normal (2) Fat (3) V. Fat (4) Lean (5) V. Lean |
| 204 | How many meals do you have | (1) One (2) Two (3) Three (4) More than three |
| 205 | Do you have any gynecological problems | (1) Yes (2) No |
| 206 | Have you undergone any surgery related to it | (1) Yes (2) No |
| 207 | When did you last go for a check- up for the same | |
| 208 | Have you heard about HIV/AIDS | (1) Yes (2) No |
| 209 | Are you able to sleep well at night | (1) Yes (2) No |
| 210 | Do you have any kind of constant disturbance from your surroundings | (1) Yes (2) No |
| 211 | Do you have resident/ visiting doctor | (1) Yes (2) No |

| | in your old age home | |
|-----|--|--|
| 212 | If you are working does your work involve sitting or standing for long hours | (1) Yes (2) No |
| 213 | Does your work involve vigorous activities | (1) Yes (2) No |
| 214 | Do you travel daily | (1) Yes (2) No |
| 215 | What do you do during your leisure time | (1) Engage in some activity(2) Inactive (take rest) |
| 216 | Have you ever been diagnosed | (1) Yes |
| | with diabetes (high blood sugar)? | (2) No |
| 217 | Have you ever been treated for it? | (1) Yes (2) No |
| 218 | Have you been taking insulin or | (1) Yes |
| | other blood sugar lowering | (2) No |
| | medications in the last 2 weeks | |
| 219 | Are you following a special diet, | (1) Yes |
| | exercise regime or weight control | (2) No |
| | program for diabetes | |
| 220 | At what age did you get it | (1) Yes (2) No |
| 221 | Do you have a medical history of | (1) Yes |
| | diabetes in your family | (2) No |
| 222 | Do you suffer from any of the illness | (1) B.P (2) Heart Disease (3) T.B |
| | | (4) Any kind of Cancer (5) Lung Disease (6) Kidney Failure (7) Parkinson's disease |
| 223 | Are you taking treatment for it | (1) Yes (2) No |
| 224 | When was it diagnosed | (1)(2) Don't Know |
| 225 | How do you deal with it physically | (1) Ok (2) good (3) Bad (5) Not |

| | | 11 (6) 5 1 17 |
|-----|-----------------------------------|---|
| | and emotionally | very well (6) Don't Know |
| 226 | Does your family support and take | (1) yes (2) No |
| | care of you when you are ill | (3) Sometimes |
| 227 | When was the last time that | (1) In the last 30 days (2) Between 1 month and less than 1 year ago |
| | you needed health care? | (3) Between 1 year and less than 2 |
| | | , , |
| | | years ago (4) Between 2 years and 5 years ago (5) More than 5 years ago |
| | | (6) Never |
| 228 | The last time, did you get health | (1) Yes |
| | Care when you needed it? | (2) No |
| 229 | Which are the reasons why you did | (1) Could not afford the cost of the |
| | not get health care? | visit (2) No transport available |
| | | (3) Could not afford the cost of transport (4) You were previously badly treated (5) Could not take time off work or had other commitments |
| | | (6) The health care provider's drugs or |
| | | equipment are inadequate (7) The health care provider's skills are |
| | | inadequate (8) You did not know where to go (9) You tried but were denied health care (10) You thought you were not sick enough (11) Other, Specify |
| 230 | Where did you go most often | (1) Private doctor's office (2) |
| | over the last 12 months when | Private clinic or health care facility (3) Private hospital (4) Public |
| | you felt sick or needed to | (3) Private hospital (4) Public clinic or health care facility (5) Public hospital (6) Charity or |
| | | 1 done nospital (0) Charity of |

| | consult someone about your | church run clinic (7) Charity or |
|-----|---|---|
| | health? | church run hospital (8) Traditional healer [use local term] (9) Pharmacy or dispensary (10) |
| | | Other, specify _ |
| 231 | Over the last 12 months, was | (1) Yes, A Hospital |
| | there ever a time you stayed | (2) Yes, long term care facility |
| | overnight in a hospital or | (3) No |
| | other type of long-term care | |
| | facility for your own healthcare? | |
| 232 | Over the last 12 months, how | (1)Times |
| | many different times were you | (2) Don't Know |
| | a patient in a hospital/long term | |
| | care facility for at least one night? | |
| 234 | Who paid for this | (1)Respondent (2) Spouse/partner |
| | Hospitalization? | (3) Son/daughter (4) Other family member (5) Non-family member |
| | | (6) Private insurance (7)Hospitalization was free (8) Others |
| 235 | About how much did you (or a | |
| | family/household member) pay | |
| | out-of-pocket for this Hospitalization? | |
| 236 | Thinking about your last | (1) Doctor's fee(2) |
| | hospital stay, how much did | Medicines3) Tests(5) |
| | you (or your family/household | Others, specify |
| | members) pay for: | |
| 237 | Overall, how satisfied were you | (1) Very satisfied (2) Satisfied |
| | with the care you received | (3) Neither satisfied nor |
| | <u>I</u> | |

| | during your last hospital stay? | dissatisfied |
|-----|--|--|
| | | (4) Dissatisfied (5) Very dissatisfied |
| 238 | What was the outcome of your | (1)Get much better (2) Get better |
| | visit to the hospital? Did your condition | (3) No change (4) Get worse (5) Get much worse |
| | | |
| 239 | Was this the outcome/result | (1)yes |
| | you had expected/wanted? | (2) no |
| 240 | In total, how many times did | |
| | you seek medical care or | |
| | consultation in the last 12 | |
| | months? | |
| 241 | Which was the last health care | (1) Medical doctor (including |
| | provider you visited? | gynecologist, psychiatrist, ophthalmologist, etc) (2) nurse/midwife (3)Dentist (4) Physiotherapist (5)Traditional medicine practitioner (use local name) (6) Pharmacist, druggist (7) Don't know |
| 242 | Thinking about your last visit, How did you get there? | (1) private vehicle (2) public transportation (3) taxicab (4) bicycle |
| | | (5) walked (6) don't know |
| 243 | About how long did it take | |
| | you to get there? | |
| 244 | In general, how satisfied would you say you are with the way health care is run in your country? Would you say you are | (1) Very satisfied (2) Satisfied(3) Neither satisfied nor dissatisfied(4) Dissatisfied (5) Very Dissatisfied |

ORGANIZATION (HEALTH) QUESTIONS

| 245 | How clearly the health care providers explained things to you | (1) Good (2) V. Good (3) Moderate |
|-----|---|---|
| | | (4) Bad (5) V. Bad |
| 246 | Where you given enough time to ask | (1) Good (2) V. Good (3) |
| | questions about your health problems or treatment | Moderate |
| | or treatment | (4) Bad (5) V. Bad |
| 247 | How would you rate the cleanliness of | (1) Good (2) V. Good (3) |
| | the rooms inside the facility, including | Moderate |
| | the toilets | (4) Bad (5) V. Bad |
| 248 | How would you rate the amount of | (1) Good (2) V. Good (3) |
| | space in the waiting and examination rooms | Moderate |
| | Tooms | (4) Bad (5) V. Bad |
| 249 | Are you satisfied with the way health | (1) Very satisfied (2) Satisfied |
| | care system is run in our country | (3) Neither satisfied nor |
| | | dissatisfied |
| | | (4) Dissatisfied (5) Very Dissatisfied |

SOCIO-PSYCHOLOGICALASPECT OF HEALTH AND ILLNESS

| 250 | Do you go to spiritual gatherings | (1) Yes (2) No |
|-----|--|-------------------|
| 251 | Do you engage in any recreational activities | (1) Yes (2) No |
| 252 | Do you go for movies | (1) Yes (2) No |
| 253 | Do you have get together with your friends | (1) Yes |
| | Titelido | (2) No |
| 254 | Do your children spare enough time | (1) Yes |
| | with you | (2) No |

| | togethers | (2) (2) |
|-----|---------------------------------------|--|
| | | (3) Sometimes |
| 256 | Do you watch television | (1) Yes (2) No |
| | Do you feel neglected or left out by | (1) Yes |
| | family members | (2) No |
| 258 | Who are you close with | (1) Spouse (2) son (3) Daughter |
| | | (4) Siblings (5) Friends (6) Others, specify |
| | Do you get upset, angry, or irritated | (1) Yes |
| | over minor issues | (2) No |
| | Are you forgetful, does it in any way | (1) Yes |
| | effect your activities | (2) No |
| 261 | Do you feel scared when you fall ill | (1) Yes (2) No |
| | With whom do you share your | (1) Spouse (2) son (3) Daughter |
| | personal worries and expectations | (4) Siblings (5) Friends (6) Others, |
| | | specify |
| | Have you ever faced any kind of | (1) Yes |
| | abuse from anyone | (2) No |
| 264 | What kind of abuse | (1) Physical (2) Verbal |
| | | (3)Psychological |
| | Are you abused by your family members | (1) Yes |
| | members | (2) No |
| | Did you tell about the incident to | (1) Yes |
| | anyone | (2) No |
| 267 | If no, why | (1) Fear (2) Stigma (3) Family |
| | | Status |
| | | (4) Others, specify |
| 268 | Do you feel depressed | (1) Yes (2) No |

| 2.00 | TT . 1 11 . 1 0 | (1) \$7 |
|------|--|--|
| 269 | Have you ever taken medication for depression | (1) Yes |
| | | (2) No |
| 270 | Did you feel depressed after your | (1) Yes |
| | superannuation | (2) No |
| 271 | Are you happy in your present job | (1) Yes (2) No |
| 272 | Are you happy in this old age home | (1) Yes (2) No |
| 273 | Do you miss your family | (1) Yes (2) No |
| 274 | Do you like it when your children | (1) Yes |
| | visit you in your old age home | (2) No |
| 275 | How often do they visit you | (1) Very often (2) often (3) once in a while (4) Never |
| 276 | Do they call you r write to you | (1) Phone (2) Letter (3) None |
| 277 | Whose decision was it to come to an | (1) Spouse (2) son (3) Daughter |
| | old age home | (4) Siblings (5) Friends (6) Others, |
| | | specify |
| 278 | If not yours are you angry with your | (1) Yes |
| | children/ relatives for your predicament | (2) No |
| 279 | Do you feel bad when you have to | (1) Yes |
| | depend on others for your basic needs if necessary | (2) No |
| 280 | Do you have any particular hobby or | (1) Yes |
| | interest | (2) No |
| 281 | Do you engage in your interest or | (1) Yes |
| | hobby | (2) No |
| 282 | Are your requirements and needs | (1) Yes |
| | fulfilled by your family | (2) No |
| | | |

INTERVIEW SCHEDULE OF ORGANIZATIONAL ROLE, ACHIEVEMENT AND POLICIES

HOSPITALS

| 1 | What is the basic consultation fees of the hospital | |
|----|--|--|
| 2 | Do you give concession to geriatric patients | (1) Yes (2) No |
| 3 | Do you have in patients | (1) Yes (2) No |
| 4 | Do you have geriatric ward | (1) Yes (2) No |
| 5 | Is the hospital geriatric friendly | (1) Yes (2) No |
| 6 | Do the hospital have enough seating arrangements | (1) Yes (2) No |
| 7 | ON rush days do you give preference to geriatric patients | (1) Yes (2) No |
| 8 | What are the facilities that you provide to your patients | (1) Canteen (2) Drinking water(3) Lavatory (4) Television/Magazines(5) Others, specify |
| 9 | Is the hospital crowded | (1) Yes (2) No |
| 10 | Is it well organized/ prompt | (1) Yes (2) No |
| 11 | Is it well maintained, neat and clean | (1) Yes b (2) No |
| 12 | Which are the common diseases, ailments, complaints that the geriatric patients have | (1) Fever/ Cold (2) Breathlessness (3) Body/ Joint pain (4) Hypertension (5) Heart disease (6) Lung infection (7) Urinary infection (8) Indigestion (9) Tiredness (10) Diabetes (11) Others, specify |
| 13 | Do you have a pharmacy in your hospital | (1) Yes (2) No |
| 14 | Do the geriatric patients get any concession on medicine | (1) Yes (2) No |

| 15 | Do you take emergency cases | (1) Yes (2) No |
|----|--|-------------------|
| 16 | Do you have a resident doctor | (1) Yes (2) No |
| 17 | Is it a multi specialty hospital | (1) Yes (2) No |
| 18 | Is your hospital equipped to deal with complicated cases | (1) Yes (2) No |

OLD AGE HOME

| 1 | Do you charge your inmates | (1) Yes (2) No |
|----|--|--|
| 2 | If yes how much | |
| 3 | How many inmates do you have | |
| 4 | How many people work here | |
| 5 | What are the facilities that you provide to your inmates | |
| 6 | Is it neat and clean | (1) Yes (2) No (3) Somewhat |
| 7 | Do you have a doctor for your organization | |
| 8 | Does he stay in the organization | (1) Yes (2) No |
| 9 | How many times does he come to the organization | (1) Daily (2) Weekly once (3) Once a month (4) Others, specify |
| 10 | Is the doctor specialized in geriatric | (1) Yes (2) No |
| 11 | Do you have a nurse/ care taker | (1) Yes (2) No |
| 12 | Do you provide the inmates with medicines for minor ailments | (1) Yes (2) No |
| 13 | Do you provide recreational facilities | (1) Yes (2) No |

| 14 | Do you have any specific rules for | (1) Yes |
|----|-------------------------------------|---------------------------------------|
| | the inmates | (2) No |
| 15 | Do you organize counseling sessions | (1) Yes |
| | for inmates | (2) No |
| 16 | Who takes care if a resident falls | (1) Self (2) Relatives (3) Care taker |
| | very sick | (4) other inmates |
| 17 | What are the main reasons for the | (1) Homeless (2) Intergenerational |
| | residents coming to old age homes | conflict |
| | | (3) Companionship (4) Others, |
| | | specify |

VILLAGE/TOWN GENERAL INFORMATION

| Q.N O | | |
|----------|--|--|
| 1 | Name of the state | |
| 2 | Name of the district | |
| 3 | Name of the Village/ Town | |
| 4 | No. of households | |
| 5 | Total population | |
| 6 | Has the population of the village grown or decreased over the past ten years | |
| 7 | No. of Elderly population | |
| 8 | No. of widow in elderly population | |
| 9 | No. of widower in elderly population | |
| 10 | No. of unmarried single in elderly population | |
| 11 | Which are the sources of livelihood for house holds | (1) Own farm activities (2) Casual labour (3) Long term agri. Employee (4) Salaried mployment Business/ trade /manufacturing |

| | | (5) Others, specify |
|----|---|---|
| 12 | Is this village electrified | (1) Yes (2) No |
| 13 | What percentage of the households have electricity | |
| 14 | No. of hospitals in the town / village | |
| 15 | No. of health centers in the town/village | |
| 16 | Here in your PHC do you have a | (1) Doctor (2) Nurse (3) Medicines (4) Simple diagnostic tests |
| 17 | How far would a person have to travel in order to receive | (1) Major surgeries (2) Injections(3) Treatment of broken bones(4) Treatment of chronic illness(5) Minor illness |
| 18 | Would this be a pvt or govt hospital | (1) Pvt (2) Govt |
| 19 | No. of health awareness programmes conducted in the last one year | |
| 20 | Source of water | (1) Piped water (2) Hand pump(3) Protected wells (4) Open well(5) Ponds, wells, canals, streams(6) Others, specify |
| 21 | Do you have shortage of water in any of the months | |
| 22 | G. Cleanliness | (1) V. Good (2) Good (3) V. Bad (4) Bad (3) Ok |
| 23 | What type of waste disposal system do you have | (1) Open (2) Closed |
| 24 | Drainage facility | (1) Closed drains (2) Open drains (3) None |
| 25 | No. of Medical stores | |
| 26 | Type of dwelling | (1) Crowded (2) Sparsely Populated (3) Ok (4) Well planned |
| 27 | The village is accessible by | (1) Katcha Road (2) Pucca Road |

| 28 | Do people migrate from your village | (1) Yes (2) No |
|----|-------------------------------------|----------------------------------|
| | | |
| 29 | Where do they migrate | (1) Same state (2) Other state |
| | | (3) Other country |
| 30 | What age are most of the people | (1) 15-35 (2) 36-50 (3) 50 above |
| | who migrate | |