

APPENDIX II

CODING  
OF THE  
INTERVIEW RESPONSES

Table 1. Major Changes in Appearance Due to Age as  
Perceived by the Aged in Terms of Responses

	Males	Females	Total
Losing and graying of hair	70	81	151
Wrinkles on skin and loss of lustre	40	57	97
Loss of poise and grace	11	17	28
Loss of teeth and spoiling of teeth	36	50	86
Losing the shape of mouth	4	3	7
Loss of lustre in the eyes	2	9	11
Decrease in suppleness and tenderness	-	8	8
No changes	1	-	1
Miscellaneous	6	9	15

Table 2. The Changes in Appearance Causing Concern for  
the Aged and Their Use of Correctives in Terms  
of Responses

	Males	Females	Total
Losing and graying of hair	6	33	39
Spoiling of teeth	18	34	52
Wrinkles on skin and loss of lustre	12	45	57
Making use of artificial hair or dye	5	32	37
Using denture	26	21	47
Regular use of face cream etc.	-	9	9
Miscellaneous uses of correctives	11	6	17

Table 3. The Degree of Disturbance Experienced by the Aged Over the Changes in Terms of Cases

	Males	Females	Total
Extremely upset by the changes	2	10	12
Disturbed to some degree by the changes	9	28	37
Relaxed and not bothered, though conscious of the changes	53	28	81
Not conscious of the changes	6	8	14
Indifferent to the changes	4	12	16

Table 4. Personality Changes in Old Age as Reported by the Aged in Terms of Responses

	Males	Females	Total
Reporting no changes	14	18	32
Becoming unstable and wavery	8	5	13
Becoming neurotic	10	6	16
Becoming generous and altruistic	11	8	19
Becoming self-centred	-	3	3
Becoming tense and anxious	31	44	75
Becoming confused	6	5	11
Becoming introverted	3	11	14
Becoming whimsical	15	12	27
Becoming hot tempered	16	13	29

Table 5. The Perception of the Aged of Their Social Status in Terms of Responses

	Males	Females	Total
Adequately satisfactory and normal	12	11	23
Interested but no opportunities	15	18	33
Not interested	4	7	11
Not respected	7	6	13
Avoided	4	5	9
Pitied	3	5	8
Neglected	13	12	25
Feeling lonely	34	41	75
Respected but considered disabled	22	17	39
Miscellaneous	7	2	9

Table 6. Emotional Problems Experienced by the Aged in Terms of Responses

	Males	Females	Total
Excessive fear in general	3	8	11
Fear of death	12	5	17
Fear of bereavement	42	69	111
Fear of illness and being disabled	19	35	54
Jealousy	-	-	-
Temper outbursts	11	15	26
Emotional tensions	16	29	45
Normal like youth	15	3	18
Miscellaneous	2	1	3

Table 7. The Perception of the Aged of Their Own  
Financial Status in Terms of Responses

	Males	Females	Total
Adequately satisfactory	49	36	85
Depending upon adult children without regret	10	18	28
Dependent with regret	7	16	23
Having freedom of spending	55	42	97
Having limited freedom	16	13	29
Controlling family expenditure	15	7	22
Consulted in family	12	10	22
Taken into confidence	8	8	16

Table 8. The Health Condition of the Aged in Terms  
of Responses

	Males	Females	Total
Normal	12	19	31
Occasional complaints	23	28	51
Frequent complaints	17	19	36
Continuous ill health	14	17	31
Bed ridden	8	3	11
Optimistic about health	33	30	63
Pessimistic about health	24	29	53
Not much concerned about health	9	24	33
Preoccupied with health	8	3	11

Table 9. The Common Health Complaints of the Aged  
in Terms of Responses

	Males	Females	Total
Cough and Asthma	33	21	54
Having frequent temperature	8	3	11
Blood pressure	28	17	45
Kidney troubles	14	5	19
Heart troubles	13	11	24
Rheumatism	31	39	70
Indigestion	53	40	93
Insomnia	25	21	46
Cataract	11	4	15
General weakness	41	62	103
Eye troubles	20	15	35
Ear troubles	7	4	11

Table 10. The Perception of the Aged of Their Own  
Position Concerning Health Matters in  
Terms of Responses

	Males	Females	Total
Taking regular medical aid	28	20	48
Neglecting health	20	39	59
Lack of facilities for medical aid	15	17	32
No faith in medical aid	11	10	21
Cared for and nursed properly	52	53	105
Neglected	22	33	55
Feeling guilty for health problems	9	11	20

Table 11. The Family Relationship of the Aged as  
Perceived by Them in Terms of Responses

	Males	Females	Total
Having a place in family	56	43	99
Having no voice in the family	18	43	61
Having self-chosen duties in family	41	48	89
Having imposed duties	5	17	22
Having close emotional ties with adult children and grand children	61	69	130
Having no ties with adult children and grand children	13	17	30
Feeling at ease in the homes of adult children	46	52	98
Wanting own independent homes	9	15	24
Feeling it proper to stay in institutions	7	3	10

Table 12. The Place of Religion in the Life of  
the Aged in Terms of Responses

	Males	Females	Total
Important place	25	37	62
Source of satisfaction	12	28	40
A type of routine	37	19	56
Spending most of the time in religion	30	51	81
Spending some time in religion	23	26	49
Experiencing freedom in religious matters	69	55	124
Experiencing interference of young in religious matters	5	31	36
No faith in religion	19	9	28

Table 13. The Moral Values of the Aged in Terms of Responses

	Males	Females	Total
Considering their moral values superior to those of young	10	27	37
Considering their moral values on par with young	64	59	123
Satisfied with modern practices	52	40	92
Not satisfied with modern practices	22	46	68
Thinking the morals of youth are lowering	12	21	33

Table 14. The Perception of the Old Subject of the Attitude of the Young in Terms of the Cases

	Males	Females	Total
Satisfied with the attitude of the young	45	38	83
Partly satisfied with some complaints	16	15	31
Dissatisfied to a great extent	8	23	31
Resentful	5	10	15