•

٠

	TABLE OF CONTENTS	PAGE
CHAPTER	R - 1 : THE PROBLEM	
1.1.	Introduction.	1 -
1.2.	Historical Emergence of the Problem of Adjustment.	2 -
1.3.	The Concept of Adjustment.	4 _
1.3.a.	Adjustment as a process of need reduction.	5 -
1.3.b.	Adjustment as achievement,	6 -
1.3.c.	Adjustment as positive striving.	7 -
1.3.d.	Adjustment as a process of conformity.	8 -
1.3.e.	Adjustment as "Open-system".	10 -
1.4.	Problems of Adjustment: Some Related Studies.	13 -
1.4.a.	Adjustment in general.	13 -
1.4.b.	Adjustment and emotionality.	14 -
1.4.c.	Adjustment and school related behaviour.	14 -
1.4.d.	Adjustment in relation to age and sex.	15 -
1.4.e.	Adjustment and religion.	16 -
1.4.f.	Adjustment and family relationship.	16 -
1.4.g.	Adjustment and health.	16 -
1.5.	The Concept of Adolescence.	17 -
1.5.a.	Biological theories of adolescence.	17 -
1.5.b.	Psychological theories of adolescence. ,	19 -
1.5.c.	Psycho-social theories of adolescence.	23 🕶
1.5.d.	Sociological theories of adolescence.	23 -
1.5.e.	Psycho-analytic theories of adolescence.	25 -

	TABLE OF CONTENTS (Cont.)	PAGE
1.5.f.	Cognitive theories of adolescence.	30 - 32
1.5.g.	Social learning theories of adolescence.	32 - 33
1.6.	The Concept of Sex Difference.	33 - 35
1.7.	Sex Difference : Some Related Studies.	36 - 36
1.7.a.	Sex difference and adjustment.	36 - 36
1.7.b.	Sex difference and locus of control.	36 - 37
1.7.c.	Sex difference in social skills.	37 - 37
1.7.d.	Sex difference, and academic and vocational aspiration.	38 - 38
1.7.e.	Sex difference and child-rearing attitudes.	38 - 39
1.7.f.	Sex difference in socio-political idealogy.	39 - 39
1.8.	The Concept of Interna-External Locus of Control.	40 - 43
1.9.	Problems of Locus of Control : Some Related Studies.	43 - 43
1.9.a.	Locus of control and adjustment.	43 - 44
1.9.b.	Locus of control and risk-taking.	44 - 44
1.9.0.	Locus of control and cultural differences.	44 - 45
1.9.d.	Locus of control, ethnic group and social class differences.	45 - 46
1.9.e.	Locus of control and conformity.	46 - 46
1.9.f.	Locus of control and control over environment.	46 - 47

-

- vi -

		PAGE
1.9.g.	Locus of control and family relationship.	47 - 47
1.9.h.	Locus of control and maladjustment.	47 - 48
1.9.i.	Locus of control and anxiety.	48 - 49
1.9.j.	Locus of control and health related behaviour.	49 - 49
1.9.k.	Locus of control and political affiliation.	49 - 49
1.9.1.	Locus of control and achievement motivation.	49 - 50
1.9.m.	Locus of control and ordinal position.	50° - 50
1.10.	The Concept of Purpose-in-Life.	50 - 53
1.11.	Problem of Purpose-in-Life : Some Related Studies.	53 - 53
1.11.a.	Purpose-in-life, value and religion.	53 - 54
1111.b.	Purpose-in-life and mental health.	54 - 54
1.11.0.	Purpose-in-life, age and sex difference.	54 - 5 5
1.11.d.	Purpose-in-life and maladjustment.	55 - 56
1.12.	Significance of the Present Investigation.	56 - 58
1.13.	Statement of the Specific Problem Under Investigation.	58 - 58
	References	59 - 78
CHAPTER	- II : METHODOLOGY	
2.1.	Introduction: Issues and Objectives.	79 - 81
2.2.	The Specific Problem Under Investigation.	81 - 81
2.3.	The Hypotheses.	81 - 84

	•	PAGE
2.4.	The Variables.	84 - 84
2.4.a.	Independent variables.	85 - 88
2.4.b.	Dependent variable.	88 - 92
2.5.	The Sample.	92 - 99
2.6.	Tools.	99 - 99
2.6.a.	I-E Locus of Control Scale,	99 - 101
2.6.b.	Purpose-in-Life Scale.	101 - 102
2.6.c.	Adjustment Inventory for College Students.	102 - 104
2.6.d.	Case History.	104 - 105
2.7.	Plan and Procedure of Data Collection.	105 - 106
2.8.	Design and Analysis of Data.	106 - 107
	References.	108 - 109
CHAPTER	- III : RESULTS	
3 . 1。	Home Adjustment.	<u> 110 - 118</u>
3.1.a.	Effect of sex on home adjustment.	110 - 112
3.1.b.	Effect of locus of control on home adjustment.	112 - 113
3.1.c.	Effect of purpose-in-life on home adjustment.	114 - 116
3.1.d.	Effects of sex, locus of control, and purpose-in-life on home adjustment.	116 - 118

		PAGE
3.2.	Health Adjustment.	<u> 118 - 126</u>
3.2.a.	Effect of sex on health adjustment.	118 - 120
3.2.b.	Effect of locus of control on health adjustment.	120 - 122
3.2.c.	Effect of purpose-in-life on health adjustment.	122 - 124
3.2.d.	Effects of sex, locus of control, and purpose-in-life on health adjustment.	124 - 126
3.3°	Social Adjustment.	126 - 135
3.3.a.	Effect of sex on social adjustment.	126 - 128
3.3.b.	Effect of locus of control on social adjustment.	128 - 130
3.3.c.	Effect of purpose-in-life on social adjustment.	131 - 133
3.3.d.	Effects of sex, locus of control, and purpose-in-life on social adjustment.	1 33 - 135
3.4.	Emotional Adjustment.	<u> 135 - 143</u>
3.4.a.	Effect of sex on emotional adjustment.	135 - 137
3.4.b.	Effect of locus of control on emotional adjustment.	137 - 139
3.4.c.	Effect of purpose-in-life on emotional adjustment.	139 - 141
3.4.d.	Effects of sex, locus of control, and purpose-in-life on emotional adjustment.	141 - 143
3.5.	Educational Adjustment.	143 - 151
3.5.a.	Effect of sex on educational adjustment.	143 - 145
3.5.b.	Effect of locus of control on educational adjustment.	145 - 146

		PACE .
3.5.c.	Effect of purpose-in-life on educational adjustment.	147 - 149
3.5.d.	Effects of sex, locus of control, and purpose-in-life on educational adjustment.	149 - `151
3.6.	Total Adjustment.	<u> 151 - 159</u>
3.6.a.	Effect of sex on total adjustment.	151 - 153
3.6.b.	Effect of locus of control on total adjustment.	153 - 155
3.6.c.	Effect of purpose-in-life on total adjustment.	155 - 157
3.6.d.	Effects of sex, locus of control, and purpose-in-life on total adjustment.	157 - 159
CHAPTER	- IV : INTERPRETATION AND DISCUSSION	
4.1.	Home Adjustment.	<u> 160 - 170</u>
4.1.a.	Effect of sex on home adjustment.	160 - 163
4.1.b.	Effect of locus of control on home adjustment.	163 - 166
4.1.c.	Effect of purpose-in-life on home adjustment.	166 - 169
4.1.d.	Interaction effects of sex, locus of control, and purpose-in-life on home adjustment.	169 - 170
4.2.	Health Adjustment.	<u> 170 - 177</u>
4.2.a.		
T. C. d.	Effect of sex on health adjustment.	170 - 172
4.2.b.		170 - 172 172 - 174

TABLE OF CONTENTS (Cont.) PAGE Interaction effects of sex, locus of control, and purpose-in-life on health 4.2.d. 176 - 177adjustment. 4.3. Social Adjustment. <u>177 - 186</u> 4.3.a. Effect of sex on social adjustment. 178 - 180 4.3.b. Effect of locus of control on social 180 - 182 adjustment. Effect of purpose-in-life on social 182 - 184 4.3.c. adjustment. 4.3.d. Interaction effects of sex, locus of 185 - 186 control, and purpose-in-life on social adjustment. 4.4. 186 - 196 Emotional Adjustment. 4.4.a. Effect of sex on emotional adjustment. 186 - 190 4.4.b. Effect of locus of control on emotional 190 - 192 adjustment. 4.4.c. 192 - 194 Effect of purpose-in-life on emotional adjustment. 4.4.d. Interaction effects of sex, locus of 194 - 196 control, and purpose-in-life on emotional adjustment. 4.5. 196 - 203 Educational Adjustment. 196 - 198 4.5.a. Effect of sex on educational adjustment. Effect of locus of control on educational 4.5.b. 198 - 200 adjustment. 4.5.c. Effect of purpose-in-life on educational 200 - 202 adjustment. Interaction effects of sex, locus of 202 - 203 4.5.d. control, and purpose-in-life on educational adjustment.

	า	TABLE OF CONTENTS (Cont.)	PAGE	
4.6.	Total 4	Adjustment.	203 -	<u>212</u>
4.6.a.	Effect	of sex on total adjustment.	204 -	206
4.6.b.	Effect adjust	of locus of control on total ment.	206 -	208
4.6.c.	Effect of purpose-in-life on total adjustment.			210
4.6.d.	Interaction effects of sex, locus of control, and purpose-in-life on total adjustment.			212
4.7.		tions of the Study and Suggestions rther Research.	212 -	214
4.8.		tions for the Rehabilitation of desh Adolescents.	214 -	217
	Refere	nces.	218 -	220
CHAPTER	<u>- V</u> :	SUMMARY	221 -	228
	BIBLIO	GRAPHY	229 -	250
APPENDI	X A:	The Test Booklet (in Bengali)	251 -	260
APPENDI	Х В:	Rotter's I-E Locus of Control Scale (Original form in English)	261 -	264
APPENDI	X C:	Purpose-in-Life Scale (Original Form in English)	265 -	267
APPENDI	X D :	Adjustment Inventory for College Students (Original form in Hindi)	268 -	275
APPENDI	X E:	Case History Form	276 -	278
APPENDI	X F :	Sample Distribution in terms of Sex, Locus of Control, and Purpose-in- Life.	279 -	279

安长安长安安安安安安安安