

APPENDIX 'E'

PRE-ADOLESCENT ADJUSTMENT SCALE

Name _____ School _____

Sex _____ Age _____

Pre-Adolescent Adjustment Scale (PAAS)

Some sentences appear below. Please read each sentence carefully. Tickmark (✓) those sentences which are applicable to you. If the sentence is not applicable to you, do not write anything.

- _____ 1. My parents get annoyed with me easily.
 _____ 2. The school is a burden for me.
 _____ 3. My neighbours are not good people.
 _____ 4. My parents give me full freedom to play.
 _____ 5. My teacher encourages me very much in my studies.
 _____ 6. I do not want to make many friends.
 _____ 7. My friends do not allow me to do my school work.
 _____ 8. I do not get frightened in the presence of my teacher.
 _____ 9. The teacher takes lot of work from us in the school.
 _____ 10. I hesitate to speak before others in the class.
 _____ 11. My friends in the school tease me.
 _____ 12. My teacher listens to me.
 _____ 13. My parents take care of my amusements.
 _____ 14. I live very happily with my brothers and sisters at my house.
 _____ 15. My parents interfere with me in every affair.
 _____ 16. I feel inferior to others.
 _____ 17. I am very happy in the company of my friends.
 _____ 18. I am not friendly with my companions.
 _____ 19. I want more holidays.
 _____ 20. Very few friends help me.
 _____ 21. I don't like my friends at all.
 _____ 22. I go to school daily.
 _____ 23. I don't feel hesitant in asking questions from the teachers.
 _____ 24. We have got sufficient freedom in the class.
 _____ 25. Everybody pays attention to whatever I say.

- 2 -

- _____ 26. My teacher does not make me understand anything properly.
- _____ 27. I shall be happy if my teacher is transferred.
- _____ 28. The rules of the school seem to be senseless for me.
- _____ 29. I do not get angry easily.
- _____ 30. I like my parents very much.
- _____ 31. My parents don't allow me to go out alone.
- _____ 32. Nobody at home helps me in my school work.
- _____ 33. I like to study very much.
- _____ 34. I don't have the habit of quarreling with others.
- _____ 35. I don't like frivolous jokes.
- _____ 36. Some of my friends are good.
- _____ 37. I cannot express myself properly.
- _____ 38. I trust my friends.
- _____ 39. I remember everything at home but forget in the teacher's presence.
- _____ 40. My teacher is very strict.
